

Physicals

Incoming freshman and returning athletes who wish to participate in any summer or school sport program must have a physical exam prior to participation in athletic activity.

No students will be enrolled in a fourth period athletic class or can participate in a summer camp ***without an up-to-date physical on file.***

To begin the process for Athletics, please visit www.athleticclearance.com and create your student-athlete's account by clicking *register*. Then create a "New Clearance" for each sport and select the current school year. When the account is created, you will be able to access the Physical and Health History forms. Please turn the **completed physical** and **signed AthleticClearance confirmation page** into the Health Clerk in the Health Office (Main Office.)

Make sure the physical is signed, dated, and stamped by the Physician before submitting it to the health clerk, attached together with the clearance confirmation.

You can visit your regular physician or go to the local clinics listed below:

Local clinics that complete athletic physicals

Pacific Urgent Care 714-921-3870 Open daily 8 am to 8 pm.

2115 N. Tustin Street, Orange, CA 92865

\$25: bring Physical Form and mention to El Modena HS

Hoag Urgent Care 714-389-3500 Open daily 8 am to 8pm.

2560 Bryan Avenue, Tustin, CA 92780

\$35: bring Physical Form

Hoag Urgent Care 714-602-2400 Open daily 8 am to 8 pm.

5630 E Santa Ana Canyon Road #100, Anaheim 92807

\$35: bring Physical Form

Alta Med Urgent Care 888-499-9303 Open MWF 8 am- 5 pm; Tu/Th 9 am – 5 pm

4010 E Chapman Ave, Orange, CA 92869

\$50 (unless qualify for special program): bring Physical Form

Questions: Contact EMHS Health Office at 714-997-6331 ext 3713

FAX: 714-997-0705