



**VOCATIONAL AND CAREER EDUCATION**

**APRIL 27<sup>TH</sup> – MAY 1<sup>ST</sup> 2020**

**This is a general Health Assisting activity. Please make sure you are checking your BPS e-mail and Microsoft TEAMS for updates from your teachers. They will be sending you other activities that are specifically designed for your class.**

*Random Acts of Kindness*

There are many people who are having difficulty dealing with different issues that may arise during this time of uncertainty. It could be anything from difficulty accessing food to isolation and loneliness. But in these unprecedented times, average people, like you and me, make it a point to take time to show compassion and understanding to their fellow man. They find ways to make it easier for others to deal with the difficulties that arise from situations like this. Today's lesson focuses on that.

- Watch this video, by clicking this link: [Video #1](#)
- Then, read the article and watch the video at the next link: [Article and Video #2](#)
- Find a story about a "hero" in your community or elsewhere who has done something extraordinary to help people during this difficult time. Write a summary of what they have done and discuss the positive impact they have had on the community.
- Read the page link [Random Acts of Kindness](#). Then write about a Random Act of Kindness that you can do for others during this COVID-19 pandemic.

After you have completed your writing assignments, save the writing to your Office365 OneDrive and feel free to share it with your teacher.