



EL MODENA HIGH SCHOOL

California Distinguished School 1996 & 2005
California Gold Ribbon School 2015



ORANGE UNIFIED SCHOOL DISTRICT

Athletic Clearance & Physicals

Welcome Vanguards,

I hope you're staying safe and sane during these challenging times. In an effort to hit the ground running when the district gives us the 'green light' to return, we are asking that all returning and incoming student-athletes register on www.athleticclearance.com for the 2020-21, school year no later than May 22, 2020.

To do so, go to www.athleticclearance.com, login or register for your account and select "Start Clearance Here". Select El Modena High School and 2020-21 and complete your account. **You can bring in your physical into the health office at a later date, since some doctors' offices are closed or only seeing a specific type of patient at this time.**

Please schedule an appointment with your primary care physician in early June or sooner. If you cannot get an appointment by then, you can walk-in to a local urgent care. You may want to call the urgent care office to see when the best time is to come in.

Here is the link to the OUSD Physical Form for you to bring to your physician's office:

<http://s3.amazonaws.com/vnn-aws-sites/10217/files/2015/10/4a56e4b6ece7c50b-OUSD-Physical-Form.pdf>

In closing, if you're not sure when your physical is going to expire, you can contact our Health Clerk-Moises Lopez at mlopez@orangeusd.org and he will be able to assist you. I look forward to seeing you all compete in 2020-2021.

Thank you,

Go Vanguards!

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