

Laguna Beach Unified School District Health Guidelines

In order to provide a healthy school environment for all students and staff the following health guidelines have been developed. Health guidelines assist you in deciding whether your child is well enough to be in school and enable parents to plan for necessary childcare in advance. If you are uncertain about sending your child to school, it is best to keep your child at home.

Colds	Student needs to remain home if he/she has an excessive runny nose, excessive coughing, elevated temperature (over 100°) or is too uncomfortable to function at school.
Chicken Pox	Student may return to school approximately 7 days after rash appears; all blisters must be dried and crusted over. Notify school nurse.
Diarrhea	If a student has diarrhea 2 times in a day, he/she needs to remain at home until diarrhea subsides and <i>no other signs of illness exist.</i>
Ear Infections	Student needs to be evaluated by his/her physician if he/she complains of ear pain. Early treatment can ward off possible permanent damage to ear resulting in hearing loss.
Eye Infections	Inflammation or watery eyes requires assessment to determine the cause of the conjunctivitis (pink eye) or possible eye injury. If infectious conjunctivitis is diagnosed and antibiotics are required the student must be treated for 24 hours before returning to school.
Fractures and Surgeries	Parents need to contact the nurse when a child has a serious injury or surgery. Modifications to physical activity and mode of travel throughout the building need to be evaluated. Please provide written information from your physician as to your child's level of activity at school. State limitations and special needs.
School Injuries	The nurse or health clerk will assess the injury, administer first aid and notify parents as soon as possible by phone and/or note as to the type and status of injury.
Head Lice	Student needs to stay home from school and be treated with shampoo or rinse as recommended by your doctor or pharmacy. Children may return to school when the hair is nit free. Notify the school nurse if your child has head lice.
Rashes	Student is to remain at home with any undiagnosed skin rash and present a doctor's note stating the diagnosis and that the rash is non-contagious when returning to school.
Strep Throat	Student needs to be treated with antibiotics for 24 hours before returning to school if there is a positive throat culture.
Fever	Student needs to be free of an elevated fever (temperature below 100°) for at least 24 hours.
Vomiting	Student is to remain at home if he/she has vomited within the past 24 hours. Should a student vomit during school hours; the student will be sent home. The student needs to remain home for at least 24 hours after vomiting subsides.

Remember: For your convenience, when seeing a doctor regarding a rash or discharge, **request a note for school** that the condition is not infectious to others. Also, if medication is prescribed and must be given during school hours, it is required that both you and the doctor complete and sign a Request for Medication Form. If the child requires emergency medication and wants to carry the medication on campus, it is required that both you and your child complete and sign a Self Administration Action Plan Form.

Distribution: Home October 1

Inclusion: TOW Parent/Student Handbook; EM Climate Plan; TMS Reminder Binder; LBHS ; Health Office Procedural Manual