

MINUTES: LOMPOC USD WELLNESS COMMITTEE MEETING
September 22, 2016

Members Present: Emily Casarez, Ashley Costa, Kathi Froemming, Kirsten Criswell, Sonia Sandoval, Kim Leung, and Kathy Bertelsen

- I. The meeting was called to order at 3:35 pm. Minutes from the previous meeting were approved as written.

- II. Old Business:
 - a. Kathy divided the approved Wellness Policy Assessment Tool into two separate assessments – one for the school sites for the principals to complete; and one for the District, for a district administrator to complete. It was determined that the assessments would be done on Google Docs as a fillable electronic form. Kathy will email committee members the drafts for final revisions which will be approved through the committee via email. The School Site Assessment will be completed by principals during the October 20th Principal Forum meeting.
 - b. A teacher and parent survey will be done in the spring on Google Docs. The survey will be accomplished either on-line or by a paper survey to ensure that parents without computers can participate.
 - c. The District included the Wellness Policy color graphic in the First Day Packets again this school year.

- III. Reports:
 - a. The Summer Food Program was provided at 6 sites in Lompoc this summer. It was offered at Los Berros Elementary School, El Camino Community Center, the Library, the Boys & Girls Club, Anderson Recreation Center, and the YMCA Summer Camp, which was held at La Honda Elementary School. Each site served either, breakfast and lunch, or, lunch and afternoon snack. A total of 17,395 meals were provided during the summer (an average of 510 meals/day).
 - b. Child Nutrition Services contracted with the Santa Barbara County Food Bank to vend meals for the Picnic in the Park Summer Food Service Program at 7 parks in Santa Maria where 800-900 meals per day were provided. This gave the Central Kitchen an opportunity to pilot preparing fresh kale and Romaine lettuce and some new scratch cold entrees that are featured at Lompoc schools in this fall. The new items were received well by the children in Santa Maria. We will look into serving summer meals at Lompoc parks next year as a way to increase participation in the Summer Food Service Program. Ashley and Emily said they could help us with that effort.
 - c. Child Nutrition Services passed their Administrative Review of the Summer Food Service Program which took place this summer.
 - d. Kim Leung reported on the marketing that we are doing at the schools to try to increase breakfast and lunch participation. Kim spoke about the Wellness Policy and Child Nutrition Services and its commitment to serving scratch-cooked food. Child Nutrition Services conducted taste testing of scratch-cooked items at the Back to school Night events at all schools and several school orientations. Kim and Kathy also attended an ELAC meeting at Fillmore Elementary School. At these events we handed out fall menus, a breakfast flyer and Harvest of the Month parent newsletters. Kirsten asked if we could report on how the new menu items affected meal participation at future meetings.

Kirsten mentioned that parents were invited in the past to eat breakfast and lunch at school and it was a great way to market the scratch-food. Kathy brought up that LVMS was inviting parents to bring lunch onto the campus to eat with their children every month. Discussion followed about this being a good opportunity for Child Nutrition Services to market their great food to parents by conducting taste testing of the scratch-cooked food to parents on these days. Kathi suggested providing recommendations regarding foods brought on campus to parents, in a positive light, and ask parents to consider the recommendations when choosing foods to bring on campus; and invite parents to purchase school meals instead. Ashley said she would draft a letter for LVMS parents. It was also suggested that the PTA or other parent groups might use Child Nutrition Services to cater their meetings. Child Nutrition Services is gearing up to use social media to market school food. Emily suggested that Child Nutrition Services develop a recipe book for PTA to sell as a fundraiser.

- e. Fillmore and C. Ruth elementary school remodels were completed and they began their new Scratch-Cook program on the first day of school. Kim and Kathy held salad bar assemblies at both schools and salad bars are in operation now at both sites. The students at these schools are enjoying their new food and salad bar.
- f. The strategic planning work session that had been planned for this meeting today was changed to a strategic planning work session facilitated by Project Lean (sponsored by NEOP) on September 26th. The goal is to hear from the LUSD wellness stakeholders and work toward a vision for the future. Kathy told of a wellness policy checklist that the committee had completed while updating the Wellness Policy last time. She will email it to Kirsten to give to the work session facilitator. There was discussion about how to garner student representation on the Wellness Committee: Kathi thought maybe “school wellness” could potentially be a senior project. Another suggestion was brought up to partner with ASB to have a school wellness intern; Ashley said the HAWC academy would be a good avenue.
- g. The School Wellness Summit will be on October 26th at Alisal Ranch in Solvang. Kathi will check to see if there is an opening on the guest list so that Kim Leung can attend.

IV. Comments & Concerns

- a. Kathy explained why the prices on the “Classroom Parties and Snacks Ordering Form” had gone up so much. It was determined during the Administrative Review in May that we were not charging enough for nonprogram foods (foods sold outside of the school meal programs). We were advised to use the recommended food markup based on the Nonprogram Food Revenue formula.
- b. Sonia Sandoval, Hapgood Elementary School parent and Nutrition Advocate, remarked on the new menu items offered at lunch at school: “The new food items at school make her children happy”, she said.

V. Next Meeting – usually the 4th Thursday of each month from 3:30 to 4:30 at the Central Kitchen. Our next meeting will be on October 27th, 2016. Our meeting place is the Central Kitchen, 600 E. Central Ave, Lompoc.

VI. The meeting adjourned at 4:45 pm.