

MINUTES: LOMPOC USD WELLNESS COMMITTEE MEETING

October 27, 2016

Members Present: Kathy Bertelsen, Ashley Costa, Emily Casarez, Fidel Villanueva, Carol Arnerich, Kim Leung, and Kirsten Criswell.

- I. The meeting was called to order at 3:33pm. Minutes from the previous meeting were approved as written.
- II. Old Business:
 - a. The Wellness Policy Assessment was accomplished on October 20th at the Principal Forum meeting. Two assessments were missing – C. Ruth and Lompoc High School. Comments about the “other” box were brought up. Fidel said that it was a good sign that people were checking “other” because it meant they took the time to write comments. There is a limitation in google forms regarding the formatting – we used the “other” box for a comment section, but unfortunately it counted as an answer which will skew the data. It was brought up that “Survey Monkey” should be used in the future for the Wellness Policy Assessment and for the parent and teacher surveys. Once we receive the assessment from the other two schools, we will compile the information and write a report. The report needs to be brought to the superintendent (or designee) and then reported to the Board, and the public every two years according to our district’s wellness policy. Kirsten brought up that it was interesting to see that access to water was still a goal and it might be something to explore. Kim will send the link of the assessment results to the wellness committee members.
 - b. Regarding the Health and Wellness Strategic Planning session on September 26th, Kirsten is anticipating that a collective report will be coming from Project LEAN but she is not sure if it will come before Thanksgiving break. A common theme among other districts regarding wellness is gathering the right stakeholders to participate on the wellness committee.
 - c. Teacher and parent survey scheduled for spring:
 - i. Kathy showed examples of Goleta’s teacher and parent surveys. The surveys need to be finalized by the next meeting so the survey can be sent out in March, shared at the Principal Forum in April and reported to the Board and community in May. The committee used the Goleta School Wellness Survey for Teachers as a template to make it LUSD-specific. It was suggested that we include “BP5030/AR5030” next to the first question. “I have read the LUSD wellness policy”. Fidel suggested adding questions regarding the school gardens. Changes and edits were written down and discussed. It was decided we would hold a special meeting before the next scheduled meeting in

January to work together on the teacher and parent survey instead of communicating via email.

- d. On November 15th from 1:00 – 2:30 this meeting will continue for the purpose of working on the teacher and parent surveys and continue the wellness committee agenda from October 27th if time permits. The next regular meeting of the Wellness Committee will be on January 26th at the usual place and time.

III. The meeting adjourned at 4:33pm.