

MINUTES: LOMPOC USD WELLNESS COMMITTEE MEETING

May 25, 2017

*Our Mission: to promote and support a culture of health and fitness in the
Lompoc Unified School District*

Members Present: Kathy Bertelsen RD, Ashley Costa, Emily Casarez, Carrie Larson, Michelle MacKinnon RD, Kathi Froemming, Sonia Sandoval, Samantha Carroll, Carmen Chavez

- I. The meeting was called to order at 3:32 pm
- II. Minutes from April 27th were reviewed and approved as written.
- III. Old Business:
 - a. Teacher School Wellness Survey
 - i. Michelle brought the Survey Monkey version of the teacher survey that she was assigned to put on Survey Monkey from April's meeting. It was reviewed and some formatting
 - ii. It was decided that the survey would go out to teachers via email the first week of improvements were decided upon.
November.
 - b. Parent School Wellness Survey Draft
 - i. It was decided that the parent survey would mirror the teacher survey for questions that were parent appropriate.
 - ii. It was decided that the survey would go out the same time as the teacher survey, the first week of November.
 - iii. The survey will go on the web page. A tele parent message will go out via Blackboard letting parents know they could find the survey on the web page and, if needed, they could find a hard copy at their school or District Office. School offices can print copies from web page or District web site.
 - c. Wellness section on District web site.
 - i. Was hard to find. It was relocated to: Home page > Services > Wellness Committee
 - ii. Only the graphic is available in Spanish. We will have it translated.
- IV. Reports: (5 min)
 - a. Wellness Committee LCAP goals – Funding slated for: FT Physical Education teachers at elementary schools, SPARK equipment and professional development. Because the District is deficit spending, student achievement goals were given priority over cafeteria remodels.
 - b. This summer two meals will be served at 7 sites through the federally funded Summer Food Service Program. It will be served at Lompoc High and La Canada where summer school is being held. And it will be served at the following community sites: El Camino Community Center, YMCA, Saturday Camp, Elementary School, the Library, the Family Support Night Center, and the Boys and Girls Club.
 - c. Update AR 5030 to be in line with provisions of Final Rule (of the HHFKA of 2010) finalized in July 2016. Deadline is June 30, 2017
- V. New Business:
 - a. Goals for next school year
 - i. Complete school, and district Wellness Policy Assessment Reports and report to Superintendent and Board. Kathy requested help from someone with a statistics background. It was suggested that Lynn Rosenberry would be good. Kathy will contact her.
 - ii. Conduct teacher and parent school wellness surveys and report to Superintendent and Board
 - iii. Update AR 5030 to be in line with provisions of Final Rule (of the HHFKA of 2010) finalized in July 2016. Deadline is June 30, 2017

iv. Develop standards for all foods and beverages provided, but not sold, to students during the school day

VI. Comments & Concerns

- a. Concern from last meeting – Fidel Villanueva’s concern that ELAC parents do not have a voice in the School Wellness process. Kathy Froemming will ask principals to add school wellness as a topic on the ELAC agendas, for the purpose of generating wellness discussions in the school

VII. Next Meeting. ~~usually the 4th Thursday of each month from 3:30 to 4:30 at the Central Kitchen. Our~~ next meeting will be on September 28, 2017. Our meeting place is the Central Kitchen, 600 E. Central

VIII. Ave, Lompoc.
The meeting adjourned at 4:35 pm.

Respectfully submitted by,

Kathy Bertelsen RD
Chair, District Wellness Committee