MINUTES: LOMPOC USD WELLNESS COMMITTEE MEETING  
May 25, 2017 
Our Mission: to promote and support a culture of health and fitness in the  
Lompoc Unified School District

Members Present: Kathy Bertelsen RD, Ashley Costa, Emily Casarez, Carrie Larson, Michelle MacKinnon 
RD, Kathi Froemming, Sonia Sandoval, Samantha Carroll, Carmen Chavez

I. The meeting was called to order at 3:32 pm 

II. Minutes from April 27th were reviewed and approved as written.

III. Old Business:  
   a. Teacher School Wellness Survey  
      i. Michelle brought the Survey Monkey version of the teacher survey that she was assigned  
         to put on Survey Monkey from April’s meeting. It was reviewed and some formatting  
         improvements were decided upon.
      ii. It was decided that the survey would go out to teachers via email the first week of  
         November.
   b. Parent School Wellness Survey Draft 
      i. It was decided that the parent survey would mirror the teacher survey for questions that  
         were parent appropriate.
      ii. It was decided that the survey would go out the same time as the teacher survey, the first  
         week of November.
      iii. The survey will go on the web page. A tele parent message will go out via Blackboard  
         letting parents know they could find the survey on the web page and, if needed, they  
         could find a hard copy at their school or District Office. School offices can print copies  
         from web page. District web site.
   c. Wellness section on District web site:  
      i. Was hard to find. It was relocated to: Home page > Services > Wellness Committee 
      ii. Only the graphic is available in Spanish. We will have it translated.

IV. Reports: (5 min)  
   a. Wellness Committee LCAP goals – Funding slated for: FT Physical Education teachers at  
      elementary schools, SPARK equipment and professional development. Because the District is  
      deficit spending, student achievement goals were given priority over cafeteria remodels.
   b. This summer two meals will be served at 7 sites through the federally funded Summer Food  
      Service Program. It will be served at Lompoc High and La Canada where summer school is  
      being held. And it will be served at the following community sites: El Camino Community  
      Center, YMCA Summer Camp at La Honda, the Library, the Anderson Recreation Center and  
      the Boys and Girls Club.
   c. Update AR 5030 due to changes in nutrition, the number of meals served, and revenue from  
      fee for service.

V. New Business:  
   a. Goals for next school year  
      i. Complete school, and district Wellness Policy Assessment Reports and report to  
         Superintendent and Board. Kathy requested help from someone with a statistics  
         background. It was suggested that Lynn Rosenberry would be good. Kathy will contact  
         her.
      ii. Conduct teacher and parent school wellness surveys and report to Superintendent and  
         Board.
      iii. Update AR 5030 to be in line with provisions of Final Rule (of the HHFKA of 2010)  
         finalized in July 2016. Deadline is June 30, 2017
iv. Develop standards for all foods and beverages provided, but not sold, to students during the school day

VI. Comments & Concerns
   a. Concern from last meeting – Fidel Villanueva’s concern that ELAC parents do not have a voice in the School Wellness process. Kathy Froemming will ask principals to add school wellness as a topic on the ELAC agendas, for the purpose of generating wellness discussions in the school community. Topics for this could be discussed with principals at the Principal Forum meeting. Next meeting will be on September 28, 2017. Our meeting place is the Central Kitchen, 600 E. Central Ave, Lompoc.

VIII. The meeting adjourned at 4:35 pm.

Respectfully submitted by,

Kathy Bertelsen, RD
Chair, District Wellness Committee