

MINUTES: LOMPOC USD WELLNESS COMMITTEE MEETING  
May 27, 2010

*Our Mission: to promote and support a culture of health and fitness in the Lompoc Unified School District*

- I. The meeting was called to order at 3:37. The following people were present: Kathy Bertelsen, RD (Manager, Food Services); Michelle MacKinnon (Food Services Supervisor/Nutrition Specialist); Pamela Lee (Culinary Advisor, Orfalea Foundation); Carol Arnerich (President Lompoc Federation of Teachers); Steve McDowell (Director, Lompoc Valley Community Health Organization); Glenna Grover (PE Teacher)
- II. Minutes of the previous meeting were approved as written
- III. The only order of business for this last meeting for the school year was to finish revising the AR 5030, which is the document that guides the district in how to follow its Wellness Policy, BP 5030. Kathy Bertelsen went through every item on the 16 page document and made recommendations to the committee. The committee came to a consensus on the document. Kathy will add a section that states the number of PE instructional minutes by grade span that Steve McDowell recommended and rest of the committee agreed to. When all the updates are made, Kathy will email the final draft to the committee members who were present. Then she will send to the Admin Council Committee for approval.
- IV. Meeting dates – usually the 4<sup>th</sup> Thursday of the month from 3:30 to 4:30  
This was our last meeting for the school year. Our first meeting for next school year is Thursday, September 23<sup>rd</sup> from 3:30 to 4:30 at the Central Kitchen.
- V. Adjournment