

MINUTES: LOMPOC USD WELLNESS COMMITTEE MEETING

March 28, 2019

Members Present: Kathy Bertelsen, Emily Casarez, Carrie Larson, Carol Arnerich, Shelby Wild, Stephanie Saucedo, Sonia Sandoval and Katherine Thompson

- I. The meeting was called to order at 3:30 pm
- II. Minutes from February 28, 2019 were reviewed and accepted as written.
- III. Reports:

Kathy Bertelsen reported on California Project Lean's new name which is "Center for Wellness and Nutrition" (CWN). Project Lean merged with the Public Health Initiative's Center for Wellness and Nutrition to create one collaborative for the purpose of being more effective and efficient. The old web site, where Project Lean's Competitive Food Standards Compliance Calculator was housed, will go offline June 30th. Thankfully the calculator and other resources will be found on the CWN website (www.centerforwellnessandnutrition.org). LUSD Wellness Committee uses this calculator on some of our resources.
- IV. Old Business:
 - a. Kathy Bertelsen went through the edits she made on the Wellness Policy Assessment Report that were recommended at the February 28th meeting. More recommendations were made for additions, grammatical errors, font and formatting issues. Kathy will update the document and send out for final review. The report is slated to go on the Board Agenda in May.
 - b. Kathy Bertelsen reported that she emailed the Spring Wellness Communication Tool to principals for them to use to share wellness information at site meetings. It included information about the District classroom party policy and reviewed USDA Smart Snack Guidelines in light of the Child Nutrition Administrative Review slated for next year.
- V. New Business:
 - a. Kathy Bertelsen reported that Child Nutrition Services got new software "Nutri-Match" to use to help directly certify students for free meals by matching siblings to families that are already receiving welfare benefits, and extending benefits to them so they can receive free meals as well. This should increase meal participation and garner more LCAP funding for schools.

- b. Due to the Mosaic Cloud software transition taking place in the Child Nutrition Department the week of April 22nd, the Wellness Committee will not be able to meet in April.

VI. Comments & Concerns:

- a. Follow up regarding concerns about La Honda and Fillmore not following wellness policy regulations for food for incentives and classroom parties from the February 28th meeting: Kathy Bertelsen spoke to the principals and recommended reviewing the policies at their staff meetings.
- b. New comment: Emily Casarez reported on the free training that will be provided at the Healthy Lompoc Coalition meeting on April 25th which will begin at 10:00 am. And the Food Bank is providing a Food Literacy event. Nutrition curriculum will be available.

VII. Next Meeting – usually the 4th Thursday of each month from 3:30 to 4:30 at the Central Kitchen. Our next meeting (and last meeting of the year) will be May 23, 2019. Our meeting place is the Central Kitchen, 600 E. Central Ave, Lompoc.

VIII. The meeting adjourned at 4:30.