

MINUTES: LOMPOC USD WELLNESS COMMITTEE MEETING

January 26, 2017

*Our Mission: to promote and support a culture of health and fitness in the
Lompoc Unified School District*

Members Present: Kathy Bertelsen, Ashley Costa, Emily Casarez, Lynn Rosenberry, Carol Arnerich, Michelle MacKinnon, Trina Long, Erika Elespuru, Kathi Gracyk and Rosalinda Figueroa

- I. The meeting was called to order at 3:38 pm.
- II. Minutes from October 27th and Special Meeting on November 15th were reviewed and approved as written.
- III. Old Business:
 - a. Wellness Policy Assessments
 - i. Kathy reported that all school principals filled out a School Wellness Policy Assessment on Google Docs.
 - ii. A hard copy of each School Wellness Policy Assessment was passed around for review, followed by a discussion on how to address the “other” option if it was selected. While reviewing the assessments it was noted that sometimes the “other” box was checked but a Yes or No answer was not checked. It was felt by the committee that if we could make a Yes or No determination based on the comment provided, that we would do that and edit the assessment data. Kathy asked for help from the committee to review the assessments for all the schools to address those situations. Michelle agreed to send out the assessments to the committee members.
 - iii. A hard copy of the District School Wellness Policy Assessment and a consolidated report of the School Wellness Policy Assessment was passed around for review.
 - iv. Kathy stated that when the data for the schools is finalized, a report will need to be written which will summarize the results of how well LUSD schools and the District met the goals of the School Wellness Policy (BP 5030/AR 5030). Kathy asked for help from a member who is gifted in writing such reports.

b. Teacher Survey

- i. Final review – two new changes: add a comment at the beginning that states “Answer each question to the best of your ability”; and add a section at the end for comments.
- ii. Michelle will work with Leslie Wagonseller to get the survey on “Survey Monkey”
- iii. The goal is to send to teachers in March.

c. Parent Survey Draft

- i. Discussion – It was decided that there would need to be an on line copy and a hard copy for parents without computers. The survey needs to be English and Spanish much like the Goleta survey under review. There was no consensus on what questions to ask on the survey, therefore, Kathy asked that everyone bring a list of written out questions to the next meeting to save meeting time.
- d. Plan – Once teacher and parent surveys are done, and summary reports are prepared for School Wellness/District Assessments, Teacher Survey and Parent Survey – the results and reports will be given to Kathy Froemming for review and then Superintendent McDonald to report to the Board, which will fulfill the goals of evaluation of progress made in attaining the goals of the wellness policy and informing and updating the public.

IV. Next Meeting – usually the 4th Thursday of each month from 3:30 to 4:30 at the Central Kitchen. Our next meeting will be on February 23, 2017 from 3:30 to 4:30.

V. The meeting adjourned at 4:35.