

# *MINUTES: LOMPOC USD WELLNESS COMMITTEE MEETING*

*February 23, 2017*

*Our Mission: to promote and support a culture of health and fitness in the  
Lompoc Unified School District*

Members Present: Kathy Bertelsen RD, Ashley Costa, Emily Casarez, Yvonee Tullock RN, Carrie Larson and Sonia Sandoval

- I. The meeting was called to order at 3:33 pm.
- II. Minutes from January 26<sup>th</sup> were reviewed and approved as written.
- III. Old Business:
  - a. Wellness Policy Assessments
    - School Wellness Policy Assessment edits – the issue of principals adding a comment, but not selecting a “Yes” or “No” answer was addressed: Collectively, prior to the meeting, committee members reviewed the assessments and used the comments to make a “Yes” or “No” determination. Kathy collected the edited reports and will have Michelle MacKinnon update the data accordingly and produce a new report that will show edited data by school; and she will update the consolidate report.
  - b. Teacher Survey
    - At the January 26<sup>th</sup> meeting, there was concern about what the goal of the teacher survey was. It was felt that the question on the survey should be based on a defined goal. Kathy asked the committee: “Is the goal of the teacher and parent survey to: 1) assess healthy behaviors or health knowledge; or 2) to determine progress made at attaining the School Wellness Policy goals”. The committee decided to gear questions on both teacher and parent surveys based on goal #2. The committee was then provided with a copy of Wellness Policy goals and a copy of the Teacher Survey Draft. The Teacher Survey was updated to include a question with which to assess compliance of each goal. Kathy will edit the draft and email it to the members.

IV. New Business:

The remainder of the meeting was used to develop a list of additional items to consider for LCAP funding for the LCAP Advisory Meeting on March 9<sup>th</sup>. Kathy asked the committee to email her any other requests. The following items were requested during the meeting:

- Water refill stations for Vandenberg Middle School and Maple High
- PE instructors at all 9 elementary schools
- Marketing materials to share with parent groups
- School gardens
- SPARK equipment

V. Next Meeting – usually the 4<sup>th</sup> Thursday of each month from 3:30 to 4:30 at the Central Kitchen. Our next meeting will be on March 23, 2017. Our meeting place is the Central Kitchen, 600 E. Central Ave, Lompoc.

VI. The meeting adjourned at 4:40 pm.