Our Mission: to promote and support a culture of health and fitness in the Lompoc Unified School District

I. The meeting was called to order at 3:30 pm. The following people were present: Kathy Bertelsen, RD (Manager, Child Nutrition Services); Kirsten Criswell (Orfalea Foundations); Tamara Martinez (Teacher Fillmore Elementary School); Ashley Costa (Lompoc Valley Community Health Organization); Trina Long (SB County Public Health Dept.)

II. Introductions were made

III. Minutes from the previous meeting were provided

IV. Old Business:
   a. Update AR 5030, the District Wellness Policy: Kathy reviewed the process:
      - Capture main goals and objectives of BP 5030 and make sure they are included in the AR 5030
      - Use the CDE Local School Wellness Policy checklist to evaluate the strength and comprehensiveness of the Wellness Policy
      - Goal – obtain Board approval in June so a one page, attractive marketing tool can be put in the First Day Packets for next year
   b. Kathy provided the following documents:
      - AR 5030 Draft (updated to reflect changes recommended on page 1. last month)
      - AR 5030 Draft – abbreviated (with lined out items removed to make it less confusing to work on)
      - CDE Local School Wellness Policy checklist – which was filled out to identify wellness areas missing from the policy and the strength of the verbiage of the goals and objectives
   c. Discussion:
      - Kathy suggested some new changes to paragraph 1. on page 1., which were accepted
• We began to review the document from where we left off last time on page 1 and proceeded through to page 6 – finishing the section titled “Goals for Nutrition, Physical Activity and Other Wellness Activities”

• We discussed changes amongst the committee and entertained suggestions made by the Collective Impact School Wellness Subcommittee (from an earlier meeting) and absent member Angela Wynne’s notes which she provided

• Changes were made according to the consensus of the group

• District employees will obtain more information on the following topics prior to the next meeting:
  2. Ellen Ralston – physical education requirements regarding minutes for grades spans and high school graduation requirements; and if SPARK is considered the adopted District physical education program

• Ashley suggested, in addition to a one page handout on the District’s Wellness Policy for students/parents, that we also develop a one page handout for district staff/teachers which highlights main points regarding wellness from their perspective

V. Next dates – usually the 4th Thursday of each month from 3:30 to 4:30 at the Central Kitchen. Our next meeting will be on March 26, 2015. Our meeting place is the Central Kitchen, 600 E. Central Ave, Lompoc.

VI. The meeting adjourned at 4:35 pm.