

# *MINUTES: LOMPOC USD WELLNESS COMMITTEE MEETING*

*April 26, 2018*

*Our Mission: to promote and support a culture of health and fitness in the  
Lompoc Unified School District*

Members Present: Kathy Bertelsen RD, Emily Casarez, Michelle MacKinnon RD, Sonia Sandoval, Carrie Larson, Yvonne Tulloch, and Shelby Wild

- I. The meeting was called to order at 3:30 pm
- II. Minutes from February 22<sup>nd</sup> were reviewed and approved as written.
- III. Old Business:
  - a. Teacher Survey
    - i. It was decided to leave in the “not applicable (NA)” questions which were added to the survey for questions 6 – 9, which were needed in order to move on to the next question when filling out the survey.
  - b. Parent Survey
    - i. Michelle added the data from the one hardcopy submitted at Hapgood to the online survey results. To increase the number of parent surveys, it was suggested including it in the First Day Packets.
- IV. Reports:
  - a. Kathy reported that all of the Wellness Committee’s goals were included for consideration for next year’s LCAP except for the kitchen remodels. It was noted that Lompoc Valley Middle School and Los Berros Elementary School were being remodeled this year with Orafalea and District funding. If the bond measure passes – the remaining schools will be remodeled to serve scratch-cooked food.

- b. Shelby reported on the “Vandenberg Village Farmers Market Spring Promos” on Sundays. They run from 10:00am – 2:00 pm through June 10<sup>th</sup>. Customers purchasing produce with EBT cards will get double benefits. Flyers were distributed at all schools.
- c. Emily reported on “Open Streets” an event that takes place in Lompoc on Friday, August 3<sup>rd</sup>. This is a fun event where a mile of street space is closed to traffic. It offers opportunities for people to meet, play and exercise. There is free booth space for fun activities, but not for food and beverages.
- d. Kathy reported about the ELAC meeting she attended on April 18<sup>th</sup> at Clarence Ruth Elementary School. She was invited to discuss food options and taste testing at school, but also shared the *Wellness Committee Communication/Topic for Site Meetings* flyer with the parents. The flyer included information about the Wellness Committee, wellness policy goals, and some options for a district classroom party policy. The parents voted on what option they wanted.
- e. Carrie reported that Buena Vista Elementary School serves healthy food at classroom parties – recently a 4<sup>th</sup> grade class enjoyed fruit kabobs!

V. New Business:

- i. Kathy provided the BP 5030 draft which was edited to include all the additions that CSBA Gamut provides. She will accept the edits that were agreed upon and add the additional changes requested and email it to everyone.

VI. Due to a schedule conflict on May 24<sup>th</sup>, the next meeting will be on May 31<sup>st</sup>. Our meeting place is the Central Kitchen, 600 E. Central Ave, Lompoc.

VII. The meeting adjourned at 4:40 pm

Respectfully submitted by,  
Kathy Bertelsen, RD  
Chair, District Wellness Committee