

LOMPOC USD WELLNESS COMMITTEE MEETING
MINUTES
FEBRUARY 1, 2006

Present: Sue Hope, LHS; Charlotte Barnard, School Nurse; Lyn Dixon, School Nurse; Miranda Burford, School Nurse; Kathy Gracey, School Nurse; Kathy Bertelsen, LUSD Food Services Manager; Sandy Jefferson, LUSD Food Services Supervisor/Nutritionist; Margaret Weiss, SSBMFC; Roxanna Sanchez, LHS student; Bob Lawrence, CHS ; Anne Bossert, LUSD Board of Education

The meeting was called to order at 3:35 PM. by Kathy Bertelsen, who asked if there were any revisions to the minutes of the January 11th meeting of the Committee. Steve McDowell had agreed previously to take minutes, but due to another commitment he was unable to attend today's meeting. In his absence Anne Bossert volunteered to take minutes.

Kathy Bertelsen introduced the new LUSD Food Services Supervisor/Nutritionist, Sandy Jefferson to the group. Sandy was welcomed as a new member to the Wellness Committee.

Kathy explained the differences between SB-12 (known as the "snack" law) and SB-965 (known as the "beverage" law). A discussion of the Preamble and Vision statement followed, and committee members agreed that they want to include the percentages for overweight students for both Lompoc and the State of California in the sample draft.

Kathy and Steve will attend the PTA Council Meeting on February 16th in the Central Kitchen at 7:00 PM. They will talk to PTA leaders about the District Wellness policy and Steve will talk about what Lompoc Valley Health Kids Initiative is doing. Anne Bossert asked if she could attend and Kathy promised to get in touch with PTA and advise.

In the absence of a district Health Council (which some other districts have in place) the present Wellness Committee will continue the work of wellness. At present the committee has four (4) school nurses, one (1) community nurse, two (2) dieticians, two (2) teachers, one member from Lompoc Valley Healthcare Organization, two (2) students representative, and School and District administration and Board of Education representatives.

The committee was informed that many districts may not meet the deadline imposed by the State of California, but the committee will work toward completion of a Sample Draft to be presented in March 2006 to the Board of Education.

All three of the groups listed broke into their own sessions and worked on sample drafts:

- Nutrition Education Curriculum
- Physical Activity
- Nutrition Guidelines for all foods available in the schools

Next meeting: February 22

Meeting adjourned at 5:00 PM.