

Health and Wellness Committee

Lompoc Unified School District

Minutes – Wednesday, April 26, 2006

In attendance: Kathy Bertelsen, Wellness Committee Chair; Melinda Burford, LUSD School Nurse; Lynne Dixon, LUSD School Nurse; Sue Hope, Lompoc High School; Roxanna Sanchez, Lompoc High Student; Bob Lawrence, Cabrillo High School; Margaret Weiss, Health Educator Sansum Clinic of Santa Barbara.

1. Kathy called the meeting to order at 3:35 pm.
2. No changes to the minutes from the last meeting were indicated.
3. Kathy attended the Management Team meeting and finalized the timeline as follows:
 - a. 5/11/06 – agenda item deadline for 5/16 Admin Council meeting
 - b. 5/16/06 – present Wellness Policy to Admin Council meeting
 - c. 6/13/06 – 1st reading of Wellness Policy for School Board meeting
 - d. TBD – 2nd reading of Policy and adoption of Policy
4. The group discussed a plan for future meetings and agreed that we no longer need to meet every 3 weeks for 90 minutes. Meetings will be scheduled 1 x month, from 3:30 to 4:30 PM, with no meetings during summer.
5. Kathy reviewed changes of the Wellness Policy Draft that were suggested by Gary Black, Business Manager and the Management Team, followed by a discussion and the draft was updated accordingly.
6. The group began a preliminary discussion of indicators to be used to evaluate success. From the ACSD document, “Possible Indicators for Data Evaluating the Implementation of School Wellness Policies” the group selected items #1, 2, 3, 4, 5, 12, 13, 14, 20, and 21 as ones to consider for evaluation in the first year. The group felt these items were both easy to obtain and reflective on the changes desired via implementation of the Wellness Policy. Other items may be added in subsequent years.
7. The next meeting is scheduled for May 24, 2006 at 3:30 in the Central Kitchen. Please note this is a change from the original schedule.
8. Meeting adjourned at 5:00 PM

Respectfully submitted,

Margaret Weiss