

Bishop's Itchington Primary School

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NEWSLETTER SUMMER TERM NUMBER 1

24th April 2020



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We are extremely proud of our parent, Clare, who is just qualifying to be a paramedic. While Clare is working on the front line, her boys are at school doing some excellent learning.

Dear Parents, Relatives and Friends,

We hope everyone is staying well and coping with the on-going situation of isolation. We have received some splendid work from the children who continue with their learning despite everything. I would like to thank parents for supporting your children so well—education is the greatest gift we can give our children and you are doing so well. I have shared some of their spectacular work in this newsletter for you to admire.

School remains open to children of key-workers who cannot safely stay at home (from Ladybird's Nursery up to Year 6), and to vulnerable children. If at any time, you think your child should be included, then please make contact with me. Also, if your family is facing difficulty (what ever it might be) then please speak to me or email me and I will do my best to support you — tel: 07801 506042 or email: sykes.j@stowevalley.com.

At school, we teach all of the children about staying safe by sharing any worries with trusted adults. I have included some information in this newsletter about how you can adapt this to suit the isolation situation we are in.

I share your frustration with not knowing when the children can come back into school. As soon as I am informed by the government of any concrete information (rather than speculation), I will let everyone know straight away. Safety is the ultimate aim of this self-isolation, and the whole community is extremely grateful to you for adhering to these guidelines to reduce the spread of this terrible virus. Please stay home and stay safe.

With very best wishes,

Jacky Sykes

Head of School



Whole-School Art Home-Learning Challenge

Draw all **30** images on the list below. Each one must only be 5cm x 5cm.

You can use any materials you like to draw the images with, for example pen, pencils, collage, paint, digital.

Present the images on one sheet of paper (can be A3 or A4 paper taped together), or even newspaper to add interest to the background!

Try to be as detailed and accurate as you can. The main thing is that you have fun doing this activity! We will display your lovely artwork in school when you return. We hope you enjoy!

1. Your hand
2. A character from a book
3. A plant or flower
4. Your own mythical creature
5. A rainbow
6. Yourself as a superhero
7. Your favourite sweet
8. Your favourite dinner
9. Your initials in an interesting way
10. Your favourite animal
11. Something red
12. Your family
13. An underwater animal
14. A bird
15. A hat
16. Just your eyes
17. A treasure map
18. A Disney character
19. The school logo
20. A clock
21. Your house
22. A character from Shakespeare
23. An insect
24. A cool t-shirt
25. The school
26. The sun
27. The Earth
28. A swing or slide
29. Your favourite hobby
30. You decide

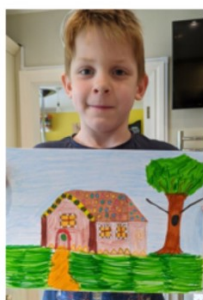
Suggested by Maddie Hammond from Ladybird's Nursery

Ella working hard on the story, *The Day the Crayons Quit*

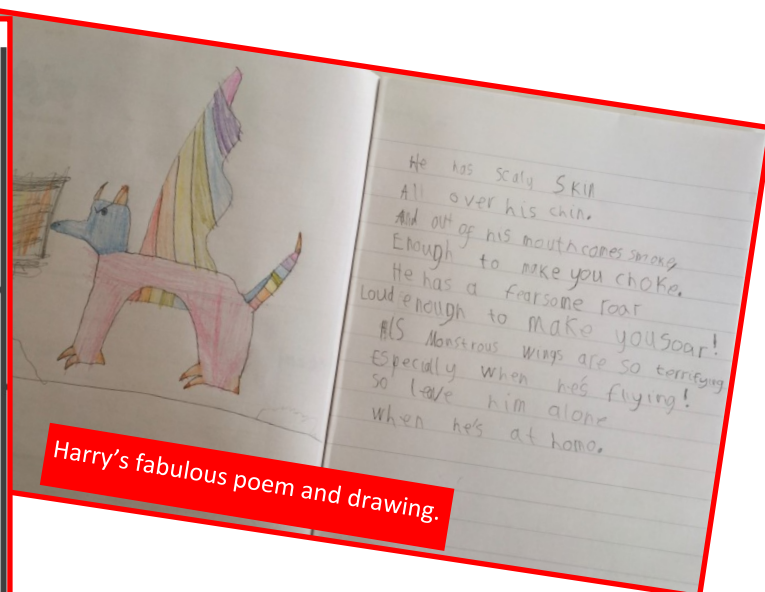


Martha has created a beautiful Easter window display.

Fantastic Gingerbread houses today. Here are just a few of them but well done to all of the children. It has been great to see your creativity.



Year 2 designed ginger bread houses before Easter



Harry's fabulous poem and drawing.

Sandringham Classroom is undergoing decoration!



While the school is partially closed, we are taking advantage of this by doing some redecoration of Sandringham Classroom. Do you recognise it? Mrs. Collen, Mrs. Wines, Mrs. Sparkes and Mrs. Hughes have all been in school working hard to transform the classroom for when the children return.

Bishop's Got Talent!



Dear Bishops families,

We are the Shakespeare Ambassadors at Bishops Itchington Primary School and we would like to launch our Shakespearean themed Bishops Got Talent project.

We were due to launch this drama project in school in March but due to Covid 19, we have had to rethink how we can run it. We would love for the families in Bishops to take part by filming a sketch to be part of a big Bishop's Got Talent.

We would like to ask you to create a Shakespearean sketch at home. This could be a monologue, a made up modern version of a scene, a joke or a dance or even something of your own creative making.

Mrs. Russell is happy to coordinate this and asks you to send the iMovie and videos as an email to Russell.j@stowevalley.com with the subject title Shakespeare sketch.

We look forward to receiving your creative contributions to our school project.

Kind regards, Faye, Isaac, Austin and Ellie.

BUILDING A CORONA VIRUS LOCKDOWN PERSONAL NETWORK

Many children will feel very unsettled by the change of routine and lack of social contact that has been thrust upon them. They will have lost a lot of people who they are used to having day to day contact with who listen to them, believe them and help them feel valued and safe. It's a kind of bereavement. Some of the children affected in this way may not be children who ordinarily experience any additional challenges or difficulties.

Almost every child who attends a Warwickshire primary school has the benefit of something called Protective Behaviours curriculum. This helps children to identify when they do not feel safe or comfortable. Part of that work includes helping children to identify their personal network of trusted adults, who they could talk to if anything was worrying them or leaving them feeling unsafe.

The Corona virus lockdown is challenging everybody in all sorts of different ways, many of which we may never have anticipated. That includes children.

May I therefore ask you to encourage and support your child/children to build a new personal network for the duration of the lockdown. The 'rules' are slightly different from what they have been taught before where face to face contacts were important.

A personal network is a group of people chosen by the child who they trust. It includes people who they love to tell their good news stories to, as well as emergency services and anyone else who could help them if they needed it. They can draw around their hand & follow the guidelines here.

We know children will often prefer to check worries out with people other than their parents because they don't want their parents to worry about them, or they fear they may feel disappointed in them or get cross! At school, teachers are asked not to influence who children choose to be on their personal network. It is important that your child feels free to choose the adults they want on their network.

Please enable and encourage your children to have video and phone contact with those who are important to them during this time at home.

Please reiterate how to call the emergency services, how to ask for help, give their address etc. There have been lots of publicised examples of children as young as 3 years calling 999 when a parent has been ill or got into other difficulties. Perhaps you could role play to practise this?

Thank you for all you are doing to help your child/ children feel safe at this extraordinary time. Hoping you all stay well and safe for the duration.

Best wishes,

Ann Seal

Taking Care Scheme Manager, WCC Education Safeguarding Service.



Working for
Warwickshire

CHAIN POEM FOR NSCPCC

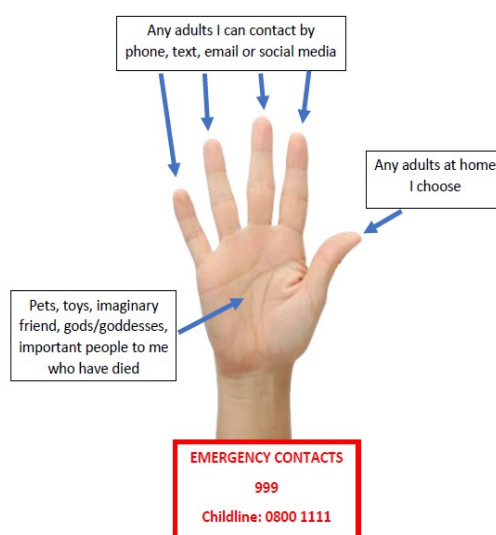
Toby in Kensington Class is doing a chain poem to raise money for NSPCC.

Dear classmates,
I hope you are well? I am raising money for the NSPCC by organising a chain poem written by Primary School children. Would you like to be part of it? If you would, please ask your grown up to help you by following the link. Please donate a £1 or whatever you can.
Take care. Stay safe.
Toby (Kensington Class)

<https://m.facebook.com/groups/2654951441275730>

MY CORONA VIRUS LOCKDOWN PERSONAL NETWORK

People I may choose to be on my personal network during lockdown are any adults at home and any other adults I could contact by phone, text, email or social media



Assistance and Support

Benefit by Registering for Free-School Meals

Families who are on low-income can register for Free School Meals status for their children. Due to the financial hardship owing to the Corona Virus, Warwickshire County Council is providing extra support to these families. If you think your child could qualify for Free School Meals enabling you to access this extra funding, then you can quickly and confidentially see if you qualify and register. Go to this website:

<https://www.warwickshire.gov.uk/education-learning/apply-free-school-meals>

Warwickshire Welfare Scheme for Free-School-Meal Families

Warwickshire local Welfare Scheme from Warwickshire County Council provides a financial payment for families whose children are registered for Free School Meals. Once registered, you will need to use the link below to claim your entitlement of help towards food and energy costs. You can make your claim using the link

<https://www.warwickshire.gov.uk/localwelfarescheme>

At school, we are keeping Free School Meal families up to date confidentially with the benefits and support they are entitled to claim. If you have recently registered for Free School Meals, then please let Mrs. Sykes know, so she can keep you informed with updates and information.

Sandwiches delivered to Free School Meal Families in Bishop's Itchington

During term-time, families who are registered for Free School Meals can order a free packed lunch, which school will deliver to your door every week day. There is a choice of ham, cheese or chicken sandwiches. Please let Mrs. Sykes know if your child has Free School Meals Status and wishes to order a sandwich before 9am each day. Tel: 01926 612297.

Warwickshire Community and Voluntary Action can provide information.
www.wcava.org.uk

If you need additional help to get food, medicines or emotional support, call Warwickshire Council's dedicated information hotline on **0800 4081447**.

If you require foodbank vouchers, telephone 07850 293383, email: info@warwickshireandleamington.foodbank.org.uk or go to website www.warwicksandleamington.foodbank.org.uk. If you are having trouble with this, contact Mrs. Sykes 01926 612297 or 07801 506042 if you need help.

Hello! If you are self-isolating, can we help you?

You may be unable to leave the house but, if you would like someone to help, for example by:

- Collecting some shopping
- Posting a letter or parcel
- Picking up a newspaper
- Walking the dog
- Giving you a regular call for a chat and to check you're OK

Please contact the village helpline and we will arrange for a nearby volunteer to get in touch with you.

Call us on 07783 513861 or email helpline.bipc@gmail.com

If you are well and can spare the time to help others, please get in touch, too!

To provide this service, we will need to process and share your information with our volunteers.

Bishop's Itchington | Parish Council

Keeping Your Children Safe on-line

There is a lot of support available to keep your child safe on-line. Below are some useful links

www.thinkuknow.com. This is the educational programme from the National Crime Agency, (NCA-CEOP), a UK organisation that protects children both online and offline. The site is easy to navigate and gives some extremely valuable messages.

www.internetmatters.org This website that informs and supports parents/carers to keep their children safe on-line. For example, it tells you how to control settings, plus it gives advice on how to use the internet during the social isolation period.

<https://parentinfo.org/> Parent Info is a collaboration between Parent Zone and [NCA-CEOP](http://www.nca-ceop.gov.uk), providing support and guidance for parents from leading experts and organisations.

<https://www.lgfl.net/online-safety> This is a website from London Grid for Learning, an education technology community that gives excellent advice.

www.net-aware.org.uk/ This website provides support for parents and carers from the NSPCC.

Here you will find some engaging on-line safety stories for children aged 3-7 years old. <https://www.childnet.com/resources/digiduck-stories>

This link can be used if you want to report a concern: <https://www.ceop.police.uk/safety-centre/>

Produced by the NSPCC this site is full of recommendations and is aimed mostly at parents protecting their children online. Highly recommended. <https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

If you have any concerns, then you can ask school for help. 01926 612297 or admin2014@stowevalley.com, any-time.

If you are worried about your child's mental health, please read below.

Children and Young Person Advice Helpline number to support crisis intervention and prevent mental health crisis

Coventry and Warwickshire Partnership NHS Trust (CWPT) want to support you during the difficult times we are facing due to the Covid 19 situation. To do this we have developed a 24-hour 7 day a week telephone Advice Helpline run by qualified mental health clinicians to be there for you to contact when you need. We know that the feelings you may be experiencing at such difficult times are frightening and can make you feel that your emotional wellbeing is in crisis. We know that these emotions can lead to a mental health crisis which often means that you no longer feel able to cope or be in control of your situation. You may feel great emotional distress or anxiety, cannot cope with day-to-day life, intense sadness and may be thinking about suicide or self-harm or experiencing thought disorientation that can feel like hallucinations or hearing voices.

We want to be there for you to support and give advice, to work with you to feel more able to be in control of your emotions and manage the distress you are feeling together with you.



Children and Young Peoples Specialist Mental Health service in CWPT have with the current crisis team worked together to develop a CYP response that will allow us to support you 24 hours 7 days a week and where needed continue to support you within the Rise Mental Health and Emotional Wellbeing service directly for CYP.

Contact details

If you are calling between the hours of 8am and 8 pm please call Children's Crisis Team at Whitestone on:

02476 641799

If you are calling between the hours of 8pm and 8 am please call Coventry Crisis team Crisis team:

02476 938000

Or, you can contact Mrs. Sykes on 01926 612297