

## Staff Development Virtual Professional Learning & Virtual Office Hours For the Week of April 27 - May 1, 2020

*The following document provides a menu of options for educators from across the Wayne-Finger Lakes region to connect and learn during this unique time. Options below include collaborative sessions organized by Job Alike/Content Alike groups, as well as short interactive learning sessions to support teachers as they instruct remotely.*

**Directions:**

- Click on a date below to bring you to a description for each session being offered. Or simply scroll through the document.
- When you find something you want to attend, click on the *Register Here* link within the description box. The facilitator of that session will email you the virtual meeting link approximately one hour before your session is scheduled to begin.
- Looking for CTLE Hours? [Complete this form to receive a certificate of completion.](#)

| <a href="#">April 27</a>   | <a href="#">April 28</a>  | <a href="#">April 29</a>  | <a href="#">April 30</a>   | <a href="#">May 1</a>   |
|--|---|---|--|---|
| Morning Meditation with Betsy<br><br>Secondary Math Support Group<br><br>Elementary Math Support Group | Morning Meditation with Betsy<br><br>Physical Education Teacher Group<br><br><b>NEW</b> Intervention Teacher Support Group<br><br>Taking a Deeper Dive into the Community Circle<br><br><b>NEW</b> Prioritizing Standards Follow-Up Q & A Session | Morning Meditation with Betsy<br><br><b>NEW</b> Prioritizing Standards Follow-Up Q & A Session<br><br>Elementary ELA Group<br><br>Secondary ELA Group<br><br>Mindfulness Mini-Lessons for Self and Students<br><br>High School and Middle School Science Teachers<br><br>Elementary Science Group | Morning Meditation with Betsy<br><br>Elementary Social Studies Group<br><br>Secondary Social Studies Group<br><br>Art and Music Teachers Group<br><br>Taking a Deeper Dive into the Community Circle | Morning Meditation with Betsy<br><br><b>NEW</b> 2020 is Perfect Vision, this year has been anything but |



**Missed a past session?**

- [Click here](#) to access past session recordings.

- [Click here for Schoology specific recordings](#)
- [Complete this form for CTLE credit for Recorded Sessions](#)

[More Resources Linked Below](#) (Updated Weekly!) + [Virtual Office Hours](#)

| Time & Registration Form                       | Topic  | Facilitator                           |
|--|--|---------------------------------------|
| <b>Monday, April 27, 2020</b>                  |  |                                       |
| 8:00-8:15<br><br><a href="#">Register Here</a> | <b>Morning Meditation with Betsy:</b> Start your day with a 15-minute focus on your personal well-being.   | <a href="#">Betsy Serapilio-Frank</a> |
| 8:30-9:00<br><br><a href="#">Register Here</a> | <b>Secondary Math Support Group:</b> Come join us for a half hour of sharing, connecting, and collaborative planning. <ul style="list-style-type: none"> <li>● <a href="#">Link to Collaborative Notes</a></li> </ul>  | <a href="#">Andy Mitchell</a>         |
| 2:00-2:30<br><br><a href="#">Register Here</a> | <b>Elementary Math Support Group:</b> Come join us for a half hour of sharing, connecting, and collaborative planning. <ul style="list-style-type: none"> <li>● <a href="#">Link to Collaborative Notes</a></li> </ul> | <a href="#">Andy Mitchell</a>         |
| <b>Tuesday, April 28, 2020</b>                 |  |                                       |

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| <p>8:00-8:15</p> <p><a href="#">Register Here</a></p> | <p><b>Morning Meditation with Betsy:</b> Start your day with a 15-minute focus on your personal well-being.</p>   | <p><a href="#">Betsy Serapilio-Frank</a></p>                                   |
| <p>8:30-9:00</p> <p><a href="#">Register Here</a></p> | <p><b>Physical Education Teacher Group:</b> Weekly discussion questions include: What are you having success with? What questions or struggles are you having with remote learning? What are you hoping for students to gain during this time and how will you know if they are achieving that goal?</p> <p>This week's session will also focus on the NYS AHPERD #HPEatHome resources:<br/><a href="https://www.nysahperd.org/content/hpeathome/hpeathome.cfm">https://www.nysahperd.org/content/hpeathome/hpeathome.cfm</a></p> <ul style="list-style-type: none"> <li>• <a href="#">Link to Collaborative Notes</a></li> </ul>       | <p>Jennifer Meehan<br/>Shane Valliere<br/><a href="#">Jessica Sheridan</a></p> |
| <p>9:00-9:30</p> <p><a href="#">Register Here</a></p> | <p><b>NEW Intervention Teacher Support Group:</b> What are you having success with? What questions or struggles are you having with remote learning? What are you hoping for students to gain during this time and how will you know if they are achieving that goal?</p> <ul style="list-style-type: none"> <li>• <a href="#">Link to Collaborative Notes</a></li> </ul>   | <p>Kristin DeFeo<br/>Adam Bishop</p>   |
| <p>2:00-2:30</p> <p><a href="#">Register Here</a></p> | <p><b>Taking a Deeper Dive into the Community Circle:</b> Practice with the virtual circle with a focus on the talking piece and closing the circle. A SEL topic will be demonstrated. The circle will address emotional literacy around the SEL competencies. A mindful practice in the circle that teachers can ground students' learning will be discussed.</p> <ul style="list-style-type: none"> <li>• <a href="#">Link to Collaborative Notes</a></li> </ul>  | <p>Lisa Brockhuizen<br/>Kristin DeFeo</p>                                      |
| <p>3:30-4:30</p> <p><a href="#">Register Here</a></p> | <p><b>NEW Prioritizing Standards Follow-Up Q &amp; A Session</b></p> <p>For many, the idea of prioritizing standards is a novel concept. As a result, Midwest JMT Members will facilitate a Question and Answer (Q&amp;A) session for those leaders and teachers who are interested in starting this work at the team, school, and/or district level.</p> <ul style="list-style-type: none"> <li>• Prior to attending this session, it is important to first register for, and participate in, <a href="#">"Prioritizing Standards: The First Step in Creating Guaranteed and Viable Curriculum Out of Curricular Chaos"</a></li> </ul> | <p>Patrick Whipple<br/>Jessica Sheridan</p>                                    |

**Wednesday, April 29, 2020**

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|---|--|---|
| <b>Wednesday, April 29, 2020</b>                        |  |   |
| <p>8:00-8:15</p> <p><a href="#">Register Here</a></p>   | <p><b>Morning Meditation with Betsy:</b> Start your day with a 15-minute focus on your personal well-being.</p>  | <p><a href="#">Betsy Serapilio-Frank</a></p>                |
| <p>9:00-10:00</p> <p><a href="#">Register Here</a></p>  | <p><b>NEW Prioritizing Standards Follow-Up Q &amp; A Session</b><br/>For many, the idea of prioritizing standards is a novel concept. As a result, Midwest JMT Members will facilitate a Question and Answer (Q&amp;A) session for those leaders and teachers who are interested in starting this work at the team, school, and/or district level.</p> <ul style="list-style-type: none"> <li>• Prior to attending this session, it is important to first register for, and participate in, <a href="#">"Prioritizing Standards: The First Step in Creating Guaranteed and Viable Curriculum Out of Curricular Chaos"</a></li> </ul> | <p>Patrick Whipple<br/><a href="#">Jessica Sheridan</a></p> |
| <p>10:30-11:00</p> <p><a href="#">Register Here</a></p> | <p><b>Elementary ELA Group:</b> We will be engaged in the Question Formulation Technique to help students raise better questions. Additionally, we will engage in a collaborative conversation.</p> <ul style="list-style-type: none"> <li>• <a href="#">Link to Collaborative Notes</a></li> </ul>  | <p><a href="#">Betsy Serapilio-Frank</a></p>                |
| <p>11:30-12:00</p> <p><a href="#">Register Here</a></p> | <p><b>Secondary ELA Group:</b> What does/can remote writing instruction look like? What approaches have been successful? What are you struggling with?</p> <ul style="list-style-type: none"> <li>• <a href="#">Link to Collaborative Notes</a></li> </ul>   | <p><a href="#">Betsy Serapilio-Frank</a></p>                |
| <p>11:30-12:00</p> <p><a href="#">Register Here</a></p> | <p><b>Mindfulness Mini-Lessons for Self and Students:</b> Anchoring into the Moment</p>  | <p>Erica Ebert<br/>Mindfulness Coach,<br/>Webster CSD</p>   |

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| <p>1:00 - 1:30</p> <p><a href="#">Register Here</a></p> | <p><b>High School and Middle School Science Teachers:</b> Lets meet and chat about what's working and how we can help each other be successful.</p> <ul style="list-style-type: none"> <li>• <a href="#">Link to Collaborative Notes</a></li> </ul>  | <p><a href="#">Sharon Bassage</a></p>                   |
| <p>2:00-2:30</p> <p><a href="#">Register Here</a></p>   | <p><b>Elementary Science Group:</b> What's working? What are you struggling with? What are you looking for students to gain?</p> <ul style="list-style-type: none"> <li>• <a href="#">Link to Collaborative Notes</a></li> </ul>   | <p><a href="#">Sharon Bassage</a></p>                   |
| <p><b>Thursday, April 30, 2020</b></p>                  |  |   |
| <p>8:00-8:15</p> <p><a href="#">Register Here</a></p>   | <p><b>Morning Meditation with Betsy:</b> Start your day with a 15-minute focus on your personal well-being.</p>  | <p><a href="#">Betsy Serapilio-Frank</a></p>            |
| <p>10:30-11:00</p> <p><a href="#">Register Here</a></p> | <p><b>Elementary Social Studies Group:</b> You will be engaged in the Question Formulation Technique, a strategy for helping students raise thoughtful questions.</p> <ul style="list-style-type: none"> <li>• <a href="#">Link to Collaborative Notes</a></li> </ul>                                | <p><a href="#">Betsy Serapilio-Frank</a></p>            |
| <p>11:30-12:00</p> <p><a href="#">Register Here</a></p> | <p><b>Secondary Social Studies Group:</b> You will be engaged in the Question Formulation Technique; a strategy for helping students and teachers raise thoughtful questions.</p> <ul style="list-style-type: none"> <li>• <a href="#">Link to Collaborative Notes</a></li> </ul>                    | <p><a href="#">Betsy Serapilio-Frank</a></p>            |
| <p>2:00-2:30</p> <p><a href="#">Register Here</a></p>   | <p><b>Art and Music Teachers Group:</b> Weekly discussion questions include: What are you having success with? What questions or struggles are you having with remote learning? What are you hoping for students to gain during this time and how will you know if they are achieving that goal?</p> | <p><a href="#">Jessica Sheridan</a><br/>Mary Harvey</p> |

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|  | <ul style="list-style-type: none"> <li>• <a href="#">Link to Collaborative Notes</a></li> </ul>  |  |
| 2:00-2:30<br><br><a href="#">Register Here</a> | <p><b>Taking a Deeper Dive into the Community Circle:</b> Practice with the virtual circle with a focus on the talking piece and closing the circle. A SEL topic will be demonstrated. The circle will address emotional literacy around the SEL competencies. A mindful practice in the circle that teachers can ground students' learning will be discussed.</p> <ul style="list-style-type: none"> <li>• <a href="#">Link to Collaborative Notes</a></li> </ul> | Lisa Brockhuizen<br>Kristin DeFeo                |
| <p><b>Friday, May 1, 2020</b></p>              |  |  |
| 8:00-8:15<br><br><a href="#">Register Here</a> | <p><b>Morning Meditation with Betsy:</b> Start your day with a 15-minute focus on your personal well-being.</p>  | <a href="#">Betsy Serapilio-Frank</a>            |
| 9:00-9:30<br><br><a href="#">Register Here</a> | <p><b>NEW 2020 is Perfect Vision, this year has been anything but</b> Redefining education as quickly as was necessary this year doesn't come without significant bumps in the road. Learning to navigate those is a daily process and one that although not excited about I know is important as we attempt to keep Maslow before Bloom.</p>  | Rachel Murat, 2020<br>NYS Teacher of the<br>Year |

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| <p><b>Virtual Office Hours</b></p>  |
| <p>The Wayne-Finger Lakes and Instructional EduTech Staff Development Team are here for you! Click on the staff developer below that you wish to schedule a 30 minute meeting with.</p> |
| <p><a href="#">Erika Asquino</a> - Contact me if you have any questions about technology or literacy instruction.</p>   |
| <p><a href="#">Sharon Bassage</a> - Contact me if you have any questions about Science.</p>   |

[Gordy Baxter](#): Contact me with any instructional technology needs.

[Lisa Brockhuizen](#): Contact me with any questions about Community Circles, supporting students, SEL and resources related to counseling services

[Mary Harvey](#) - Contact me with any instructional technology needs.

[Andy Mitchell](#) - I'm available to help you with all of your math needs

[Betsy Serapilio-Frank](#): Contact me to discuss your literacy, ELA, Social Studies, or Mindfulness needs

### Looking for more Resources?

- [NYSED Continuity of Learning](#)
- [Remote Learning Lesson Templates](#)
- <https://essentialed.capitalregionboces.org/> Capital Region BOCES in partnership with its 24 components school districts has launched this website as a resource for K-12 educators to support them with remote learning. This site houses high-quality educational resources and lessons mapped to priority curriculum standards for K-8 math and ELA, middle school science and social studies, and Regents courses.
- [Content-Based Resources](#)
- [At Home Science Tasks from BOCES 4 Science](#)
- [PBS Learning Media](#)
  - [Rochester based WXXI Education](#)
  - [Syracuse based WCNY Connected](#)
- Early Learning Resources
  - [NYSED Office of Early Learning April 2020 Newsletter](#) - lots of great tips for how to support our youngest learners
  - [Early Learning Resources \(PK-3\)](#) + [Supplemental Padlet](#)



- [BOCES/EduTech Resources for Emergency Planning](#)