



Cooperation and Creativity

- Check out this video- [Sesame Street: Big Bird Sings about Cooperation](#)
- Debrief-
 - What are some activities where it's easy for you to practice cooperation? Which activities make it difficult? Why do you think that is?
 - Do you like working together with other people? Can you name some things you do at home that require cooperation or teamwork?
 - Who is someone you love to work with? What makes it easy to cooperate with them?
- Check out this video- [Sesame Street: Think Outside the Box](#)
- Debrief-
 - What do you think it means to think "outside of the box?" What's something you've thought about that might be "outside the box?"
 - What does creativity mean to you? Is creativity a good thing? How can you become more creative?
 - Who is someone creative in your family or community? How do they show creativity?

Family Character Workouts- Tools to connect and build character while at home.

A screenshot of a video player interface. The background is a light, blurred image of a family. In the center, the text 'TAKE 5' is displayed in a large, white, sans-serif font. Below it, 'FAMILY (C.A.R.E.)' is written in a smaller, white, sans-serif font. To the right of the text, there is a block of text: 'Take 5 minutes in the morning to share (and have everyone in the family share) one thing they are grateful for today. This allows everyone to start their days with a mind and heart filled with gratefulness. As Scarlett Lewis says, "It's hard to have a grateful thought and a negative thought at the same time!"'. At the bottom of the video player, there are two icons: a play button and a refresh button. In the bottom right corner, the 'Character Strong' logo is visible.

Take 5

Take 5 minutes in the morning to share (and have everyone in the family share) one thing they are grateful for today. This allows everyone to start their days with a mind and heart filled with gratefulness. As Scarlett Lewis says, " It's hard to have a grateful thought and a negative thought at the same time."

LYRICAL CONVERSATIONS

FAMILY (C.A.R.E.)

While hanging out at home turn on the radio or a song and pick a lyric (or have your student pick a lyric) to use as a conversation starter.

As soon as you have the topic or word, turn the music off until that conversation is over. Turn it on to play again!



*Character
Strong*

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