



Cooperation and Creativity

- Check out this video- ["Bridge" by Ting Chian Tey](#)
- Debrief-
 - How did the animals both cooperate and not cooperate? What were the outcomes?
 - What do you think prevented the moose and bear from cooperating?
 - What could the bear and moose have done differently so that both could cross the bridge?
 - Have you struggled to cooperate with someone before? What could you have done to show cooperation?
- Check out this video- [Above and Beyond](#)
- Debrief-
 - How did Maya and Charlie show creativity?
 - One of the go-carts in the video broke. Sometimes our creative ideas don't work out like we intended. How can we respond when this happens?
 - One of the kids makes fun of Maya and Charlie's creation. Why is it important to be confident in our creativity? How can you encourage others to be creative?
 - In what ways can you creatively go above and beyond with your school projects or hobbies?

Family Character Workouts- Tools to connect and build character while at home.

A screenshot of a video player interface. The background is light green with a faint image of a family. In the center, the text 'TAKE 5' is displayed in a large, white, serif font. Below it, a horizontal line separates the title from the subtitle 'FAMILY (C.A.R.E.)' in a smaller, white, sans-serif font. To the right of the title, there is a block of text: 'Take 5 minutes in the morning to share (and have everyone in the family share) one thing they are grateful for today.' Below this, another block of text reads: 'This allows everyone to start their days with a mind and heart filled with gratefulness. As Scarlett Lewis says, "It's hard to have a grateful thought and a negative thought at the same time!"'. At the bottom of the video player, there are two icons: a play button and a refresh button. In the bottom right corner, the 'Character Strong' logo is visible.

Take 5

Take 5 minutes in the morning to share (and have everyone in the family share) one thing they are grateful for today. This allows everyone to start their days with a mind and heart filled with gratefulness. As Scarlett Lewis says, " It's hard to have a grateful thought and a negative thought at the same time."

LYRICAL CONVERSATIONS

FAMILY (C.A.R.E.)

While hanging out at home turn on the radio or a song and pick a lyric (or have your student pick a lyric) to use as a conversation starter.

As soon as you have the topic or word, turn the music off until that conversation is over. Turn it on to play again!



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**Please note: Character Strong has graciously provided these materials to all schools at no charge for use during this time. Character Strong has given permission to the Spring Branch Independent School District to share these resources with SBISD families. For more information about Character Strong, go to <https://characterstrong.com/>.*