

Recourse and Supports

- CONCERN Hot line for support The number, **1-800-242-7371**, will be staffed on weekdays from 8:00am to 7:00pm.
- CONCERN Intranet Link
You can find podcasts and guided meditations
<http://compass.ahsys.org/ahs-and-you/your-well-being/concern.html>
- CONCERN Workplace page link
<https://atlanticealth.workplace.com/groups/2470536339656109/>
- Visit WWW.MYSTRENGTH.COM and enter the Access Code EAPcommunity for on-the-go support anytime day or night.