

“COPING WITH THE CHALLENGES OF COVID-19”



A TWO-PART ZOOM SERIES PRESENTED BY FOCUS

and Dr. Al Freedman, PHD

Zoom Session 1:

“Managing Your Child’s Anxiety - and Yours”
April 29, 7-8 PM

Zoom Session 2:

“Coping with Isolation, Uncertainty, & Loss”
May 7, 7-8 PM

REGISTER AT

[HTTP://COPINGWITHCOVID.EVENTBRITE.COM](http://COPINGWITHCOVID.EVENTBRITE.COM)

ABOUT THE PRESENTER:

Dr. Freedman is a licensed psychologist who specializes in working with children, adolescents, adults, and families.

