

Music Activity for the week of April 27th to May 1st.

Hi Highlands Huskies! I hope you are all doing well. This week, I am trying to give you some activities that can be done alone or with your family!

Day 1: Bounce a ball to the steady beat of a song. Challenge a family or friend to do the same. Who can keep the ball bouncing to the beat the longest? Try music with a fast and a slow tempo (speed). Which tempo is harder? Which was easier? Here are some suggestions, but feel free to use any music you like:

Flight of the Bumblebee (Presto—very fast) <https://youtu.be/LdlQ9GxXMyM>

Viva Mexico (Allegro—fast) <https://youtu.be/8slOlpQ7irs>

What a Wonderful World (Adagio—slow) <https://youtu.be/ViTkbZpvi3Y>

Day 2: Find an object that shakes.

Does it remind you of an instrument that you might know?

Can you find several different sounding objects that shake?

Tell your family about it and play it together to the beat of either the music from Day 1 or music of your choice.

Day 3: Create a song about food and sing it to a family member or friend. If you are able to record yourself and share it with me, I would love to hear your song or see you perform it. Add your shaker instruments you found to it if you'd like. Sheri.kittay@rentonschools.us

Day 4: Clap the rhythm pattern below and then teach it to a family member or friend.



Challenge yourself to write different rhythms using the notes you learned at school. (quarter notes, half notes, quarter rests, paired eighth notes...)

Can you write a:

4 beat rhythm

8 beat rhythm

12 beat rhythm

16 beat rhythm

Day 5: Teach a dance that you know to a family member or friend. This can be a dance you know or one you have created yourself. I am attaching one as a suggestion.

Sasha: https://youtu.be/FedxbxY9_Qw

For those who have forgotten the dance or who have yet to learn it, here is a video to teach you.

<https://youtu.be/X2gGrAYZxtI>

Lastly, We are including a SongTale. As has been said before, this is how we typically end classes for K-2.

All grade levels are welcome to listen! https://youtu.be/ov4_54ZWuPU

Parents, if you have any questions please don't hesitate to email either of us.

Thank you and stay healthy!

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