



Cheerleading Tryouts for 2020-2021 (*Rising Grades 9-12*)

Please fill out the interest form via the link below. Once you have filled out the form, you will be added to the myHIES Spring/Summer Cheer group page.

Link: <https://forms.gle/Cj7f1d7XtUFMbEqC9>

Times are TBD and dates are subject to change.

- Thursday July 30th –tryout material videos released on our myHIES Spring/Summer Cheer page
- Saturday August 1st – Gym Day (mandatory)
- Sunday August 2nd – Open Gym Day- (non-mandatory)
- Monday August 3rd – Final Tryout – Squads posted that evening
- Tuesday August 4th – First Day of Football Practice
- Late October – First Day of Basketball Practice

Tryouts will consist of the following:

- Tryouts will include a mile run and a stunting evaluation on Saturday Aug. 1st
- Three CDA Judges will evaluate on entrance, 2 jumps, cheer, chant, and dance on Monday Aug. 3rd
- Additional points awarded for running tumbling in entrance and standing tumbling in cheer.
- Additional points awarded for years vested in the program
- Work ethic, representation of HIES, and academic standing will be taken into consideration.
- By submitting this form, parents and athletes are agreeing to all terms and requirements of the HIES cheer program.

Any additional questions, please feel free to contact Amanda Peckham at Amanda.peckham@hies.org