

## **Huskie Baseball 2019**

**GOALS** - think of these as a pyramid, you have to have the base and work to the peak, STATE CHAMPIONSHIP is the top!

1. **Work Hard!** - each and every day practice, scrimmages, games - do the little things right and well and the everything has a way of falling into place
2. **Play Error Free and be loud** - we need people to get behind each other - be vocal and positive!
3. **Be Confident** - baseball is a game full of failure - you cannot be perfect but you can strive for perfection and create excellence - we need to work on the “mental part” of the game - “Fake it till you Make it”
4. **Win Opener** - that puts you into the front - teams are chasing you, trying to catch you!
5. **Win Granite Ridge Conference Championship** - this will be a tremendous challenge, we will see as many as three or four teams in our conference ranked!! Win it and you would have a great chance to earn the #1 seed in the sub-section. We are returning Co Champs- with Foley teams will be gunning for us!!
6. **Beat the Best** - this will get you a top seed - guys put a goal of top 2 seed. The first round of playoffs is single elimination, double after a first round win!
7. **Win the Opening playoff game** - we do not have double elimination for the section tournament from the get go so you need to win to survive - double elimination after 1st Round.
8. **Win Section 6AA Championship** - this earns you a trip to State Tourney - toughest Section in our class, many excellent programs and traditionally rich.

\*\*\* **“DO THE RIGHT THING”**= no chemical violations, show Respect to self and others, no academic problems, We were the Academic Champions for the GRC we were “Gold Standard” for MN Baseball Coaches Assoc. and we were recognized nationally for our Team GPA - Let’s do it AGAIN!

### **RULES**

1. Use Good Communication tools - use the chain of command i.e. captains = “Seniors”, coaches, activities director, principal, superintendent
2. Practice is **MANDATORY**, be there on time!!! on time is 5 minutes early!!! Things pop up communicate with coaches, everyone can learn to be better communicators!!
3. Practice Attire = Everyone wears pants, sleeves are recommended, must have when outside unless over 70 degrees, hats on with bill in front
4. Be in school all day - we are student athletes set the right example - **Academic Champions 2016 and 2018!**
5. Abide by the High School league rules!! - a chemical or academic violation is devastating to team and morale!!

# PRACTICE SCHEDULE

Practice schedule while indoors we always meet 15 minutes early to run and stretch

**Monday and Thursday** 3:15-6:00 in East/West gyms, conditioning will follow

**Tuesday and Friday** 4:15 - 7:00 - East Gym and BEEC

Wednesday ??? - **while inside** we may take this day off if we work hard the other days!!

Have clothes for outside with you always once we can get outside we are on the field by 3:20 everyday the earlier the better and practice until approx. 5:45 or so

Batting cage is open from 6:30 -7:45 everyday!! - it is open for all players but varsity players must come in 2 days a week = **that is part of the practice schedule**

## LETTERING POLICY

1. Average one inning per game, ex. 20 games need twenty innings
2. Member of a section tournament team
3. Coaches discretion

We will strive for field championships, we will become life champions!! Let's become "**1 Pitch Warriors**"

## **BASE2**

When we achieved these we won 90%, when we did not - lost 60%

Big inning

Answer Back

Score first

Extend the lead

Score with 2 outs