



## **NORTHEAST EARLY CHILDHOOD COUNCIL**

***Making a Difference for Children in Brooklyn, Killingly, Putnam, Plainfield, Sterling & Thompson***

### **COVID-19 RESOURCES AT A GLANCE**

#### **Food Security:**

***School Meal Sites - Community Wide Meals: The below schools are offering grab and go prepared breakfast and lunch meals for ALL families with children 18 and younger, children do not need to be with parent when picked up.***

**Killingly Public Schools** Meals will be distributed from 10:30 a.m. to 1:00 p.m. at Killingly Memorial School, 339 Main Street on Monday, Wednesday and Friday. A walk-up and drive-thru station will be available. Each student will receive two breakfast meals and two lunch meals to span over two days. *For children living in Killingly under 18 years of age who do not live within a half mile of Killingly Memorial School and lack transportation, we have created a delivery service to bring those meals home to children on Monday, Wednesday and Friday. Please call the Killingly Transportation Dept. at 860-779-6790 if you are a family that would like to be added to the delivery system.* [Killingly Public Schools FaceBook Page](#)

**Plainfield Public Schools** Meals will be distributed from 11 AM to 1 PM on Monday, Tuesday, Wednesday, Thursday and Friday at Plainfield High School, Plainfield Central School and Moosup Elementary.

**Putnam Public Schools** Meals will be distributed as follows: On Mondays - 3 breakfasts and 2 lunches, on Wednesday's - 2 breakfasts and 3 lunches and Friday's - 2 breakfasts and 2 lunches for the weekend. The sites/times: Riverview Marketplace, 18 Kennedy Drive from 10-10:50 a.m. and East Putnam Fire Department, 263 Providence Pike from 11:30-Noon. Now available Supper/Snack evening hours from 4:30-5:15 p.m. on Tuesday (2 days' worth), Thursday (2 days' worth) and Friday (3 days' worth) at Riverview Marketplace, 18 Kennedy Drive. [Putnam Family Resource Center FaceBook Page](#)

**Thompson Public Schools** Meals will be distributed Monday through Friday as follows: East Thompson Fire Department from 11:30 am to 12:30 pm – NEW Location! TEEG from 11:30 am to 12:30 pm, Thompson Library from 11:00 am to 11:45 am and at Quinebaug Fire Department from 12:00 pm to 1:00 pm. [Thompson Public Schools FaceBook Page](#)

**Brooklyn Public Schools** Brooklyn is community-wide eligible, Brooklyn is eligible to serve meals to ANY child 18 years and younger who resides in Brooklyn. Meals will be distributed from 8:00-9:00 a.m. at Brooklyn Middle School, Quebec Square and Wauregan Rd. You will receive breakfast and lunch for two days on Monday, Wednesday and Breakfast and Lunch for three days on Friday. Information can also be located on the [Brooklyn Public Schools, CT Facebook Page](#)

**Sterling Community School** Sterling is community-wide eligible, Sterling Community School is eligible to serve meals to ANY child 18 years and younger who resides in Sterling. Meals will be distributed from 8:00-9:00 am at Sterling Community School. You will receive breakfast and lunch for two days on Monday, Wednesday and Breakfast and Lunch for three days on Friday.

**Food Banks/Resources:** Contact your local food bank for hours and more information, [Click here](#) for a detailed list of Food Resources in Windham County

Friends Of Assisi Food Pantry, located at 77 Water St Ste A, Danielson, CT 06239, Phone (860) 774-2310  
Access Agency, located at 231 Broad St, Danielson, CT 06239, Phone: (860) 412-1600  
Project Pin, located at 120 Prospect Street, Plainfield, CT, Phone (860) 564-5591  
Daily Bread, located at 53 Grove St, Putnam, CT, Phone: (860) 928-0169  
TEEG, located at 15 Thatcher Rd, Thompson, CT 06277, Phone: (860) 923-3458

**Food Stamps: Supplemental Nutrition Assistance Program (SNAP):** The CT Department of Social Services (DSS) administers SNAP. CT residents can apply for SNAP:

[portal.ct.gov/DSS/SNAP/Supplemental-Nutrition-Assistance-Program---SNAP/Apply](http://portal.ct.gov/DSS/SNAP/Supplemental-Nutrition-Assistance-Program---SNAP/Apply)

**End Hunger CT for families** 1-866-974-SNAP (7627) and [www.ctsnap.org](http://www.ctsnap.org)

**The Emergency Food Assistance Program (TEFAP), Medicaid and Temporary Family Assistance (TFA):** The CT DSS also administers TEFAP, Medicaid, and TFA. Families can find information 24/7 at <https://portal.ct.gov/DSS/Common-Elements/How-to-Apply-for-Services/How-to-Apply-for-Services/How-To> or by calling 1-855-6-CONNECT.

**WIC: The Special Supplemental Nutrition Program for Women, Infants, and Children.** The WIC Program provides supplemental foods, health care referrals, nutrition education and breastfeeding promotion. Apply at [portal.ct.gov/DPH/WIC/How-To-Apply](http://portal.ct.gov/DPH/WIC/How-To-Apply)

### **Income Security:**

**Public Assistance-** Temporary Assistance for Needy Families. These are cash benefits available online at: <https://www.tanfbenefits.com/tanf-connecticut>

**Unemployment Insurance Benefits:** If you lost your job you can file for unemployment benefits at [www.filectui.com](http://www.filectui.com)

**Diaper Banks:** Contact the Diaper Bank at 860-481-0733 or email [ihsp.diaperbanknect@gmail.com](mailto:ihsp.diaperbanknect@gmail.com). You can also contact your local Family Resource Center (see below)

**Utilities:** CT banned all utility shut offs during the crisis. Families facing shutoff or whose utilities were shutoff should call the Public Utility Authority (PURA) at 1-800-382-4586.

**Energy Assistance/ Fuel:** The ban on utility shut offs does not apply to fuel oil.

**Operation Fuel** is taking applications for help and can be reached out 860-243-2346 or at <http://www.operationfuel.org>

**Access Agency:** open via the phone and are taking food and Fuel applications as well as housing needs referrals. In both Danielson 860-412-1600 and Willimantic 860-450-7400. <https://accessagency.org/>

**Housing Protections:** Procedures for evicting tenants in Connecticut's housing court have been suspended until at least April 1. This means that people facing evictions may get some relief. If a person has an eviction pending, they can call the housing session where their home is located or Statewide Legal Services for more information at 800-453-3320.

**Mortgage Relief during COVID-19 Outbreak:** If you are experiencing financial hardship due to COVID-19, the federal government is offering relief options to homeowners through the recently passed CARES Act. In addition, for those borrowers who do not qualify, many banks and credit unions in Connecticut are offering relief consumers may qualify for. Please read the information below provided carefully, in order to determine which option meets your needs. <https://portal.ct.gov/DOB/Consumer/Consumer-Help/COVID-19-Mortgage-Relief>

COVID-19 Emergency Financial Relief Program from the PenFed Foundation, which may provide financial relief to Veterans, active military service members, and those serving in the Reserves and the National Guard. This fund can support expenses like rent, mortgages, auto loans/leases, and utilities. Please note, all checks will be sent directly to the creditor or landlord after the grant is approved. The Foundation can only support one emergency financial request per household. <https://penfedfoundation.org/apply-for-assistance/coronavirus-emergency-financial-assistance/>

## Health Resources:

**Insurance:** You may qualify for HUSKY, the state's Medicaid health insurance by visiting <https://portal.ct.gov/husky> If you need health insurance due to the loss of a job or if you meet income guidelines, contact Access Health CT at 1-855-805-4325.

**Domestic Violence:** In this difficult time, it's important to remember that domestic violence is never acceptable and that help is available 24/7 if you need it. If you or someone you know is in danger please visit [www.ctsafeconnect.org](http://www.ctsafeconnect.org) or call 888-774-2900.

*Many practices are now providing **medical visits and mental health therapy sessions** over telehealth, providing a safe and secure method for residents to take care of their health and mental health and reduce the spread of COVID-19. Residents can schedule individual and family therapy sessions over telehealth, as well as intakes, medication evaluations and medication checks. By utilizing a secure software system that is compliant with HIPAA and other healthcare regulations. Residents can participate with a computer enabled with speakers and a webcam, an internet-enabled tablet or an internet-enabled smartphone. Telehealth is covered by many insurers, and some commercial insurers have said they will waive copays for telehealth for a limited time.*

## Please contact for more information:

**United Services:** For more information or to schedule an appointment, call United Services at 860-774-2020 or visit [www.unitedservicesct.org](http://www.unitedservicesct.org)

**CHR:** For more information call Danielson office at 860.774.7179 or Putnam office at 860.963.4971 or visit website at <https://www.chrhealth.org/>. The Early Childhood Consultation Partnership (ECCP®) is a strengths-based, mental health consultation program, developed to meet the social/emotional needs of children birth to five. ECCP® is designed to build the capacity of caregivers by offering support, education, and consultation, which promotes the most enduring and optimal outcomes for young children. For more information and to find a consultant in your town, visit [www.eccpct.com](http://www.eccpct.com)

**Generations:** For more information call Danielson Office (860) 774-7501 or Putnam Office (860) 963-7917 or visit <https://www.genhealth.org/>

**Day Kimball Healthcare:** For more information call Phone: (860) 928-6541 or visit <https://www.daykimball.org/>. **Nurturing Families Network (NFN)** is still providing support to families, prenatal-age 5, via virtual visits, telephone and mail support. Interested families can call Christine Rosati-Randall @ 860-963-6599 x7109 or Christine Millette x7106.

**UCFS Healthcare:** For more information call the Plainfield at [860.822.4938](tel:860.822.4938) or visit <https://www.ucfs.org/>

**State of CT Support Line:** The "Talk It Out Line" is available M - F from 8 am - 8 pm and on weekends from 1 pm - 8 pm and has both English and Spanish capacity. Parents invited to call **833-258-5011** and engage with trained professionals who will listen and speak with them about their concerns. If additional help is needed, they will be referred to community-based services. Visit <http://www.talkitoutct.com> for more info.

**National Association on Mental Illness (NAMI)** website specific topics to COVID-19 topics like: I'm having a lot of stress or anxiety because of COVID-19, what can I do? I've lost a loved one during COVID-19, where can I find support? Visit the guide for a complete list of topics. <https://www.nami.org/covid-19-guide>

## **Family Resource Centers (FRC's) and Community Agencies:**

**FRC's and Community Agencies** may be able to help with a variety of needs, please contact your local agency or representative for more information:

Killingly Family Resource Center: 860-779-6770 or [eross@killinglyschools.org](mailto:eross@killinglyschools.org)

Putnam Family Resource Center: [bryantp@putnam.k12.ct.us](mailto:bryantp@putnam.k12.ct.us)

Plainfield Family Resource Center: 860-564-6411 or [ambrogim@plainfieldschools.org](mailto:ambrogim@plainfieldschools.org)

TEEG serving Thompson, Woodstock & Pomfret: 860-923-3458 or [chelseaf@teegonline.org](mailto:chelseaf@teegonline.org) visit website for a full list of services <http://www.teegonline.org/>

**Salvation Army:** helping with a variety of emergency needs, please contact your local service rep who will conduct and intake/needs assessment.

Brooklyn & Killingly: Emily Ross, 860-779-6770 or [eross@killinglyschools.org](mailto:eross@killinglyschools.org)

Plainfield: Myra Ambrogi, 860-564-6411 or [ambrogim@plainfieldschools.org](mailto:ambrogim@plainfieldschools.org)

Putnam: Kathi Peterson: 860-928-0169

Sterling: Leatrice Shippee: 860-774-5688 or [lshippee@sterlingschool.org](mailto:lshippee@sterlingschool.org)

Thompson: Chelsea French: 860-923-3458 or [chelseaf@teegonline.org](mailto:chelseaf@teegonline.org)

## **Parent Trainings:**

**FREE LIVE & PRE-RECORDED ONLINE PARENTING CLASSES** through Peace at home Parenting Solutions. Choose from a variety of classes and topics for all ages: COVID-19 Parent Toolbox, Birth-Age 5, School Age, Tween-Young Adults, Parenting Essentials and Parenting Special Needs. To get your free code to participate in any trainings, visit: <https://www.peaceathomeparenting.com/northeast-early-childhood-council-necc/>

**Adult Education – EASTCONN.** Still offering GED classes, English as a second language class and Citizenship classes. They are being offered virtually. Open to any resident from one of EASTCONN's 27 towns is eligible as long as they meet the requirements. We are still checking voicemails, call 860-455-1593, by email [jmartel@eastconn.org](mailto:jmartel@eastconn.org) or reach out on Facebook or go through our website <https://www.eastconn.org>

## Additional Resources:

### Centers for Disease Control and Prevention (CDC) Recommends Use of Cloth Face Coverings:

CDC now recommends wearing cloth face coverings in public settings where other social distancing measures are difficult to maintain especially in areas of significant community-based transmission. Maintaining 6-foot social distancing remains critical to slowing the spread of the virus. CDC Recommendations on Cloth Face Coverings (includes excellent short video on how to make one). <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/cloth-face-cover.html>

How to make, wear, and launder cloth face coverings: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>

### Cleaning and Disinfecting: Cleaning and Disinfecting Your Home:

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/disinfecting-your-home.html>

Centers for Disease Control and Prevention: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

STATE OF CT: <https://portal.ct.gov/Coronavirus> General questions: call 2-1-1

Northeast District Department of Health: <https://www.nddh.org/services/emergency-preparedness/coronavirus-disease-2019-covid-19/>

OFFICE OF EARLY CHILDHOOD: <https://www.ctoec.org/covid-19/>

Coronavirus disease (COVID-19) advice for the public: Myth busters

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/myth-busters>

How to Help Families against COVID-19 Related Scams: <https://www.bbb.org/article/news-releases/21989-top-6-coronavirus-scams-bbb>

DCF - Department of Children & Families- Questions regarding COVID-19 and Connecticut DCF  
Please email: [DCF.COVID-19@ct.gov](mailto:DCF.COVID-19@ct.gov)



**Visit our website home page "COVID-19 Resources" for more information**  
**[Northeast Early Childhood Council](https://www.neccouncil.org)**

Brooklyn / Killingly / Plainfield / Putnam / Sterling / Thompson  
[www.neccouncil.org](http://www.neccouncil.org)

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