

# IMPORTANT INFORMATION

## GENERAL INQUIRIES

570-674-6289

## EMAIL

funfitness@misericordia.edu

## WEB

www.misericordia.edu/funandfitness

## CENTER FOR ADULT & CONTINUING EDUCATION OFFICE HOURS FOR REGISTRATIONS

Monday thru Friday 9:00 am – 4:00 pm  
301 Lake Street, Dallas, PA 18612

The Center for Adult & Continuing Education is on the 2nd floor of the Trocaire Building located on the Main Campus.

## ANDERSON POOL INFORMATION

Monthly calendars, including OPEN POOL HOURS are posted at the pool and at the Anderson Safety Desk. Information can also be found at [www.misericordia.edu/poolhours](http://www.misericordia.edu/poolhours), or call 570-674-6289.

To inquire about private swim lessons, or for groups of 7 or more planning to attend an open swim, contact the Anderson pool in advance at 570-674-6446.

## ANDERSON CENTER HOURS FOR FALL

**Monday – Friday:** 6:00 am – 10:00 pm

**Saturday:** 10:00 am – 5:00 pm

**Sunday:** 12:00 – 10:00 pm

*Note: Anderson Center Hours are subject to change. Please visit [www.misericordia.edu/funandfitness](http://www.misericordia.edu/funandfitness) or call 570-674-6289 for holiday hours and closings.*

## CONSULT YOUR PHYSICIAN

The American College of Sports Medicine strongly suggests that individuals receive medical approval from a physician before beginning an exercise program. Every participant should recognize that it is the individual's responsibility to prevent injury by being aware of their own state of health and limits of exercise. Misericordia University or Anderson Center personnel are not responsible for damages or injuries that may occur while using facilities or equipment.

## DISCOUNTS

Discounts listed apply only to Fitness Classes, the Fitness Center, and Water Aerobics. They DO NOT apply to personal enrichment classes. Only one discount applies.

## MISERICORDIA UNIVERSITY DISCOUNTS

- MU Student 50%
- MU Alumni 50%
- MU Employee 50%
- Senior Citizen 30%
- Veteran 30%
- Immediate Family 20%  
of Students and Employees

## GIFT CERTIFICATES

Give a gift of Fun & Fitness! Any value amount can be purchased. Great for birthdays, holidays, and that hard-to-buy-for person!

## REGISTRATION

Advance registration is required on most programs as indicated.

## REFUNDS/CANCELLATIONS

Refunds are not given AFTER class has occurred for personal reasons, or natural weather phenomenon. Cancellations made at least 3 working days prior to the start of the program are eligible for a monetary refund.

## SCHEDULES

Schedules are subject to change without notice. Misericordia reserves the right to adjust classes/spaces as needed when programs conflict with student activities. We appreciate your consideration and understanding.

**Fun  
Fitness**  
**Fall 2020**  
Non-Credit & Special Programs for Life