

APRIL, 2020



Career Readiness Academy

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ONLINE EXPRESS

CAREER READINESS ACADEMY AT MOSLEY ONLINE NEWSLETTER



FROM THE PRINCIPAL

- Be sure to keep in contact with your teacher via email and attend all classroom sessions and Zoom meetings.
- Keep us informed of any of your technological needs including accessibility
- Be sure to follow us on all the social media forums

We look forward to the return of our scholars!
Mr. Pearson

IN THIS ISSUE:

Tips For Students For Online Learning At Home

Tips for Parents Helping with Online Learning

Counselor's Corner

CRA Updates: Spirit Week

e-Updates From Your Teachers

We Miss You

Weekly Schedule

8 TOP TIPS FOR STUDENT SUCCESS IN ONLINE LEARNING

Be positive. Thriving through a change is tough but doable with a positive attitude. A positive attitude about online learning is the best gift you can give yourself.

Get organized—and stay organized. Be sure you have room for your books, computer, pens, paper, and other supplies. Label folders to hold papers and notes for each subject. Go ahead and create electronic folders for each class on your computer and in your email program.

Establish a routine. Having a routine will help keep you on track with your schoolwork. It's a good idea to find out when your teachers have their office hours

Set personal goals. Think about what you'd like to accomplish, both short and long term.

Make the most of your resources. Don't forget you can use parents, teachers, school counselors, and principals for resources.

Start on track and stay on track. Break down big projects into small parts, give each one a deadline. Don't drag your feet.

Exercise. Physical exercise can boost mood, energy, and brainpower.

Learn to deal with setbacks. Every person who succeeds has had to struggle to get there. When you get a bad grade, have an argument with a friend, or experience other frustrations, realize that this is a learning experience. Talk to someone. To move forward, you must take responsibility for what you've done (or not done) and decide to change your behavior in the future.

7 TIPS FOR PARENTS OF ONLINE LEARNERS

Limit distraction. "digital quarantine" might be necessary to keep your child's attention focused on their schoolwork. You should limit their use of their devices, other than what is needed to complete their work.

Make space for learning. It's important that you create a similar space for your child. Your children will achieve their best work in a quiet, comfortable, and dedicated space

Maintain breaks such as snack time and recess. Routines and schedules are extremely important for children at school, and this is no different in their at-home school.

Allow them to interact with friends via video chats. Your students are used to lots of social contact at school, so they will definitely feel the effects of being distanced from them.



Don't underestimate the power of a schedule. A schedule, for your student's work, is extremely important. Help them prioritize and learn to create goals, tasks, and deadlines

Don't let your student treat this as a vacation. This time at home might feel like a vacation for your child, but it's important to remind them that their education still comes first.

Remember to schedule time for fun. It's important to have some fun with your children while they are at home.



COUNSELOR'S CORNER

Mrs. Cobb will be meeting with students to talk about schedules for the fall. Please email her to set up a date and time! There is much that we cannot control right now, but how we talk to ourselves during these challenging times can either provide a powerful buffer to these difficult circumstances or amplify our distress. So, be kind to yourself and please reach out if you need anything!!

E-UPDATES FROM YOUR TEACHERS

Social Studies

Hello students!

I hope things are going well. I see many of you have been completing assignments! Awesome and keep up the good work and questions as they arise. Remember to be patient and try your best as we adjust to this ever changing landscape of 'Remote Learning'. At least the good news is that learning can continue, even if we cannot meet face to face! Check Google Classroom each week for your assignments. The date of that weeks assignment will be in the post!! If you are looking to expand your knowledge about a topic of interest, send me a message.

Take care!

Mr. Walter

English

Hello Students,

Please log in for each zoom meeting. If you are unable to attend, please let me know as soon as possible. Please check and respond to Google Classroom daily! Mrs. Ferguson

Dear Students,

Please remember to take care of yourselves. These are strange days indeed. Remember to take breaks when you need to, exercise, get some fresh air and reach out to friends. Talk and listen to one another. Be kind to others and be kind to yourselves! You are not alone

With much love.

Mrs. Cronin

Stay Safe & Healthy

CRA UPDATES

Virtual Spirit Week

Monday, April 20: Happy Spring! Wear Spring colors today

Tuesday, April 21: Chore Day - Share a picture of you doing a household chore

Wednesday, April 22: Honor the real life heroes - store employees, health care workers, principals and teachers, truck drivers, family members

Thursday, April 23: Wacky Wear Day - wear your wackiest outfits

Friday, April 24: School Spirit Day - wear your high school colors

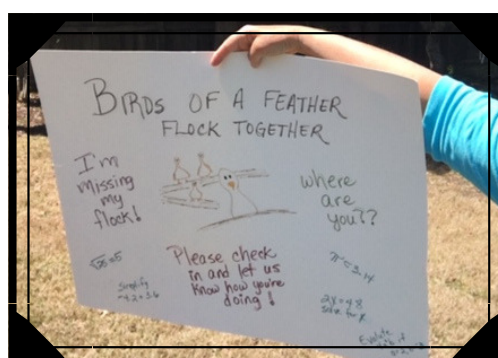
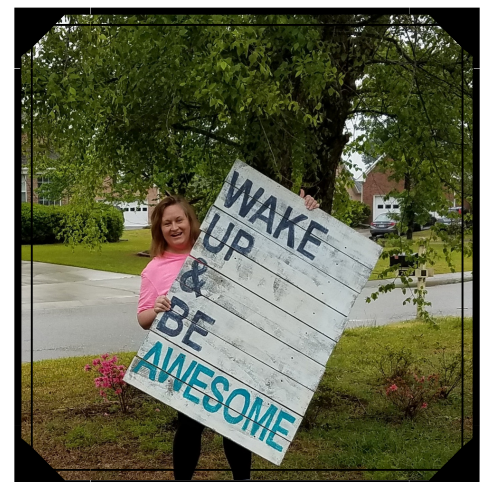
Monday, April 27: Hat Day - wear your favorite or silliest hat

Tuesday, April 28: We are So Cool Day - wear your sunglasses

Wednesday, April 29: Reading Day - get a picture of you reading your favorite book or magazine

Thursday, April 30: Wear Red, White or Blue Day - or wear all 3. Show everyone that we stand together even when we're apart

Send us your pictures for the next newsletter to Mrs. Reed, diane.reed@nhcs.net



weekly

schedule

Online Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-12:00	Ferguson/Cronin English IV 9:00-9:30 English III 9:45-10:15 English II 10:30-11:30 English I 11:30-12:30 ACT Prep and Yearbook will meet as needed. Nealy POBF 9:00 -10:00am AOF 11:20am- 12:25pm Advisory 1:10-1:45pm CM 3:00-4:00pm Office Hours: Myers 9:00am-1:00pm Office Hours: McKinney 10:00am-12:00pm	Myers Earth Environmental Science 10:00-10:40am Physical Science 11:00-11:40am Bessmer Personal Fitness 10:00-11:00am Body Conditioning 11:00am-12:00pm Motley Math 2 - 10:00am Math 3 - 10:30am Discrete - 11:00am Williams/Cronin Math 2 9:00-10:00am Office Hours: Nealy 9:00am-1:00pm anytime needed thereafter until 4:30pm Office Hours: McKinney 10:00am-12:00pm	Ferguson/Cronin English IV 9:00-9:30 English III 9:45-10:15 English II 10:30-11:30 English I 11:30-12:30 ACT Prep and Yearbook will meet as needed. Walter Civics 9:30am Hist 10:00am World History 10:30am STAE 11:00am Nealy POBF 9:00 -10:00am AOF 11:20am-12:25pm Advisory 1:10-1:45pm CM 3:00-4:00pm Myers 9:00am-1:00pm Office Hours: McKinney 10:00am-12:00pm	Myers Earth Environmental Science 10:00-10:40am Physical Science 11:00-11:40am Bessmer Personal Fitness 10:00-11:00am Body Conditioning 11:00am-12:00pm Williams/Cronin Math 2 9:00-10:00am Office Hours: Nealy 9:00am-1:00pm anytime needed thereafter until 4:30pm Office Hours: McKinney 10:00am-12:00pm	*As needed* Office Hours: Cronin 9:00-11:00am Office Hours: Myers 9:00am-1:00pm Office Hours: Nealy 9:00am-1:00pm anytime needed thereafter until 4:30pm Walter Contact as needed Office Hours: McKinney 10:00am-12:00pm
1:00-4:00	Office hours for teachers listed above Cronin Class 1:00-2:00pm Office Hours: McKinney 1:30-3:30 4:30-5:30* 7:00-9:00* *-by request	Cronin Class 1:00-2:00pm Office Hours: Myers Tuesdays and Thursdays 1:00-3:00pm Office Hours: McKinney 1:30-3:30 4:30-5:30* 7:00-9:00* *-by request Office hours for teachers listed above	Office hours for teachers listed above Cronin Class 1:00-2:00 Office Hours: McKinney 1:30-3:30 4:30-5:30* 7:00-9:00* *-by request	Cronin Class 1:00-2:00pm Office Hours: Myers Tuesdays and Thursdays 1:00-3:00pm Office Hours: McKinney 1:30-3:30 4:30-5:30* 7:00-9:00* *-by request Office hours for teachers listed above	*As needed* Cronin Class 1:00 -2:00 Office Hours 2:00-3:00 Office Hours: McKinney 1:30-3:30 4:30-5:30* 7:00-9:00* *-by request