TEMPLE CITY UNIFIED SCHOOL DISTRICT Committed to 21st Century Academic Excellence



<u>Board of Education Members</u> Matt W. Smith • Donna Georgino • Mike Lin • Kenneth Knollenberg • Melissa Espinoza

<u>Superintendent</u> Dr. Kimberly Fricker

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Dear TCUSD Community,

We understand the recent news regarding the one documented case of 2019-nCoV (short for "2019 novel coronavirus") in Los Angeles County is a source of concern for our community. Please read the following important information to understand what the Public Health Department of Los Angeles County has directed TCUSD to follow regarding the best preventative measures against all illness.

From http://publichealth.lacounty.gov/media/Coronavirus/

"Despite this case in Los Angeles, there is no immediate threat to the general public, no special precautions are required, and people should not be excluded from activities based on their race, country of origin, or recent travel if they do not have symptoms of respiratory illness. Los Angeles residents, students, workers, and visitors should continue to engage in their regular activities and practice good public health hygiene as this is the height of flu season across the County. The risk from the novel coronavirus 2019 to spread in Los Angeles County residents is deemed to be low at this time."

The Centers for Disease Control and Prevention and the Public Health Department of Los Angeles County recommend taking these daily precautions in order to minimize the spread of this virus and any other illness:

\Rightarrow Travelers who are sick should stay home and call health care providers.

- If you have recently been to Wuhan, China and have developed fever with cough or shortness of breath within 14 days of your travel or have had contact with someone who is suspected to have novel coronavirus stay home and call your health care provider immediately. If you do not have a healthcare provider or if you need to be seen at a hospital, do not go directly to the hospital. Please call the emergency room to get instructions before going in.
- \Rightarrow Stay home when you are sick.
 - Stay home from work and school and try to avoid errands when you are sick. This will help prevent spreading illness to others. If you have a fever, stay at home until you are fever-free without the use of medication for 24 hours.
- \Rightarrow Avoid close contact.
 - Avoid close contact with people who are sick. When you are sick, keep your distance from others to protect them from getting sick, too.
- \Rightarrow Cover during cough or sneeze
 - Cover your mouth and nose with a tissue when coughing or sneezing or sneeze into your bended elbow. It may prevent those around you from getting sick. Flu and other serious respiratory illnesses, like respiratory syncytial virus (RSV), whooping cough, and severe acute respiratory syndrome (SARS), are spread by coughing, sneezing or unclean hands.
- \Rightarrow Clean your hands.
 - Washing your hands often will help protect you from germs. If soap and water are not available, use an alcohol-based hand rub. Here is a three-minute video from the CDC about proper hand washing: https://youtu.be/eZw4Ga3jg3E