

# A Framework for Providing Positive Behavior Support During COVID-19

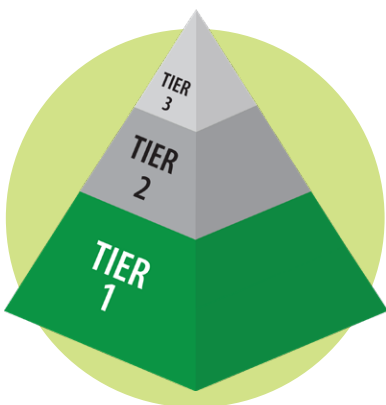
## STARING POINT



- ▶ **Assess** the situation with the student and parents. Make a positive contact. Let the parents know you are there to help their child learn and to be supportive during this difficult time.
- ▶ **Ask** how the student is doing generally, check on basic needs including safety, and importantly, try to **listen** to the parent and student.
- ▶ **Strengthen/establish** a positive relationship with the family. During this unprecedented time, the primary focus should be on student's physical and emotional well-being, as well as staying connected to school via the positive contacts.

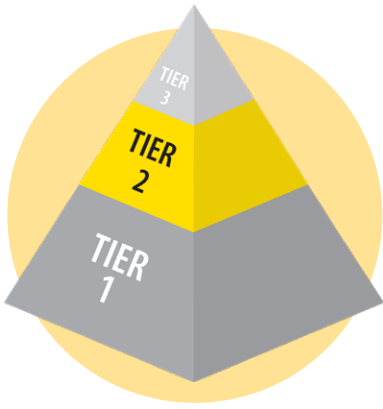
## PBIS Supports to Home-based Learning

### TIER I



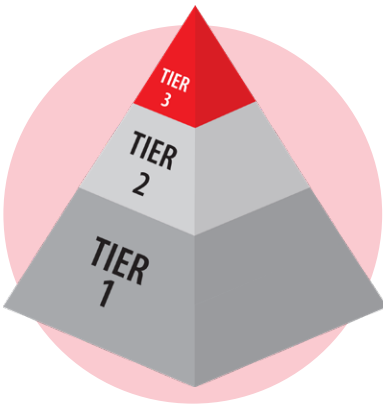
- 1 Establish Daily Routines.
- 2 Set a regular time for doing school work, but be flexible.
- 3 Create a space for school work: few distractions, comfortable.
- 4 Regular positive greetings from school staff.
- 5 Break work into small parts – short breaks – use timers.
- 6 Use Grandma's Rule – "First work, then play."
- 7 Schedule exercise daily.
- 8 Develop a set of expectations and go over them.
- 9 Use high rates of praise/encouragement - 4 positives to every 1 correction. Provide affirmations for students. Let students and parents know they are appreciated.
- 10 Project-based learning – make it interesting and fun. Encourage choice-making, planning, and independence.
- 11 Play interactive games: board games, cards, etc. – practice social skills.
- 12 Avoid power struggles: positive correction, brief time-outs if necessary.

## TIER II



- 1 Develop a stress reduction plan. Set up a calming space.
- 2 Develop a structured reward system – daily/weekly/tokens/points.
- 3 Small group or individualized social skills instruction/counseling.
- 4 Virtual mentor (with consent).
- 5 Virtual clubs (with consent).
- 6 Specific plan of consequences for problem behavior/use a restorative approach.

## TIER III



- 1 Check for safety of the student and others in the home, especially for those students with a history of dangerous behaviors. If appropriate, work with the parent to develop a safety plan. Consult with a behavior specialist, SSW, or other school personnel as necessary.
- 2 Assist family in obtaining Mental Health supports as appropriate.
- 3 For very severe situations consider virtual Tier 3 Wraparound meetings every few weeks.

Contact Wayne RESA Behavior Consultants and ASD Consultants via [email](#) to support specific situations and for assistance in implementing any of the strategies listed above.

[Visit the Wayne RESA PBIS webpage](#) for additional resources.

