

## Skip the clinic trip with online care

Save time and money by getting treated right from your smartphone, tablet or computer.

### Doctor On Demand (video chat)

- **Convenient.** Get started when and where it works for you at [doctorondemand.com](https://www.doctorondemand.com). Video capabilities are required.
- **Quick.** See a doctor in minutes. Live video visits include assessment, diagnosis and prescriptions when necessary.
- **Affordable.** Starting in 2020, a visit to treat conditions like colds, the flu and allergies never costs more than \$59.\*

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Your health plan may pay for some or all of your visit. Call Member Services at **952-883-5000** or **800-883-2177** to find out.



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The next time you're sick, your health plan has a more affordable option to help you get better, faster.  
**Julie, RN, Nurse Navigator**

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\*The cost for behavioral health services varies depending on the services provided and duration of service.