

## Secondary Self-Contained – WEEK 5

	<b>Monday 4/20/2020</b>	<b>Tuesday 4/21/2020</b>	<b>Wednesday 4/22/2020</b>	<b>Thursday 4/23/2020</b>	<b>Friday 4/24/2020</b>
<b>Reading</b>	<p>Select from the following activities:</p> <ul style="list-style-type: none"> <li>Read this leveled chapter with your student. <a href="#">Mark's Money Chapter 2</a></li> <li>Review the high frequency words with your students. <a href="#">High Frequency Words</a></li> <li>Select an activity from <a href="#">Amplify mClass</a>.</li> <li>Select a book to read along with your learner from this free library of <a href="#">online books</a>.</li> </ul>	<p>Select from the following activities:</p> <ul style="list-style-type: none"> <li>Reread the leveled text with your student and answer the comprehension questions. <a href="#">Mark's Money Chapter 2 Comprehension Activity 1</a></li> <li>Review the high frequency words with your students. <a href="#">High Frequency Words</a></li> <li>Select an activity from <a href="#">Amplify mClass</a>.</li> <li>Select a book to read along with your learner from this free library of <a href="#">online books</a>.</li> </ul>	<p>Select from the following activities:</p> <ul style="list-style-type: none"> <li>Reread the leveled text with your student and complete the comprehension activity. <a href="#">Mark's Money Chapter 2 Comprehension Activity 2</a></li> <li>Review the high frequency words with your students. <a href="#">High Frequency Words</a></li> <li>Play <a href="#">Vocabulary Bingo</a></li> <li>Select an activity from <a href="#">Amplify mClass</a>.</li> <li>Select a book to read along with your learner from this free library of <a href="#">online books</a>.</li> </ul>	<p>Select from the following activities:</p> <ul style="list-style-type: none"> <li>Reread the leveled text with your student and complete the comprehension activity. <a href="#">Mark's Money Chapter 2 Comprehension Activity 3</a></li> <li>Review the high frequency words with your students. <a href="#">High Frequency Words</a></li> <li>Play <a href="#">Word Game</a></li> <li>Select an activity from <a href="#">Amplify mClass</a>.</li> <li>Select a book to read along with your learner from this free library of <a href="#">online books</a>.</li> </ul>	<p>Select from the following activities:</p> <ul style="list-style-type: none"> <li>Reread the leveled text with your student and complete the comprehension activity. <a href="#">Mark's Money Chapter 2 Comprehension Activity 4</a></li> <li>Review the vocabulary words with your students. <a href="#">High Frequency Words</a></li> <li>Play <a href="#">Vocabulary Bingo</a></li> <li>Select an activity from <a href="#">Amplify mClass</a>.</li> <li>Select a book to read along with your learner from this free library of <a href="#">online books</a>.</li> </ul>
<b>Writing</b>	<p>Complete the journal activity with your student.</p> <p>Select the level activity that best fits your students' needs.</p> <ul style="list-style-type: none"> <li><a href="#">Journal Activity</a></li> </ul> <p>Optional Activity:</p> <ul style="list-style-type: none"> <li><a href="#">Typing Practice</a></li> </ul>	<p>Draw an illustration using your completed journal prompt. Add details to the story.</p> <ul style="list-style-type: none"> <li><a href="#">Illustration Activity</a></li> </ul> <p>Optional:</p> <ul style="list-style-type: none"> <li><a href="#">Typing Practice</a></li> </ul>	<p>Complete the planning activity for building a topic paragraph with your learner.</p> <ul style="list-style-type: none"> <li><a href="#">Planning a Topic Paragraph</a></li> </ul> <p>Optional Activity:</p> <ul style="list-style-type: none"> <li><a href="#">Typing Practice</a></li> </ul>	<p>Complete the drafting activity for building a topic paragraph with your learner.</p> <ul style="list-style-type: none"> <li><a href="#">Building a topic paragraph</a></li> </ul> <p>Optional Activity:</p> <ul style="list-style-type: none"> <li><a href="#">Typing Practice</a></li> </ul>	<p>Complete the final activity for building a topic paragraph with your learner.</p> <ul style="list-style-type: none"> <li><a href="#">Topic Paragraph</a></li> </ul> <p>Optional Activity:</p> <ul style="list-style-type: none"> <li><a href="#">Typing Practice</a></li> </ul>

<p style="text-align: center;"><b>Math</b></p>	<p>Play this fun game with your student.</p> <ul style="list-style-type: none"> <li>• <a href="#">It's My Money Game</a></li> </ul> <p>Additional Resources:</p> <ul style="list-style-type: none"> <li>• <a href="#">ABCya.com</a></li> <li>• <a href="#">Starfall</a></li> <li>• <a href="#">Math Game Time</a></li> </ul>	<p>Complete this activity with your learner about comparing prices of items at different stores.</p> <ul style="list-style-type: none"> <li>• <a href="#">Choosing the Best Deal</a></li> </ul> <p>Additional Resources:</p> <ul style="list-style-type: none"> <li>• <a href="#">ABCya.com</a></li> <li>• <a href="#">Starfall</a></li> <li>• <a href="#">Math Game Time</a></li> </ul>	<p>Complete one of the following activities with your student:</p> <ul style="list-style-type: none"> <li>• <a href="#">Fraction Addition</a></li> <li>• <a href="#">Fraction Subtraction</a></li> <li>• <a href="#">Number Line</a></li> </ul> <p>Additional Resources:</p> <ul style="list-style-type: none"> <li>• <a href="#">ABCya.com</a></li> <li>• <a href="#">Starfall</a></li> <li>• <a href="#">Math Game Time</a></li> </ul>	<p>Complete one of the following activities with your student:</p> <ul style="list-style-type: none"> <li>• <a href="#">Fraction Addition</a></li> <li>• <a href="#">Fraction Subtraction</a></li> <li>• <a href="#">Number Line</a></li> </ul> <p>Additional Resources:</p> <ul style="list-style-type: none"> <li>• <a href="#">ABCya.com</a></li> <li>• <a href="#">Starfall</a></li> <li>• <a href="#">Math Game Time</a></li> </ul>	<p>Select a website from below and have your child play a math game.</p> <ul style="list-style-type: none"> <li>• <a href="#">ABCya.com</a></li> <li>• <a href="#">Starfall</a></li> <li>• <a href="#">Math Game Time</a></li> </ul>
<p style="text-align: center;"><b>Science/ SS</b></p>	<p>Students will learn the names and locations of each continent with this fun coloring activity.</p> <ul style="list-style-type: none"> <li>• Print the map.</li> <li>• Talk about the different continents; be sure to use their names frequently.</li> </ul> <p>Materials:</p> <ul style="list-style-type: none"> <li>• <a href="#">Map</a></li> <li>• crayons/colored pencils</li> </ul>	<p>Let's get to know where some of our favorite animals live in the world!</p> <ul style="list-style-type: none"> <li>• Print the map and animals</li> <li>• Follow the directions on the map.</li> </ul> <p>Materials:</p> <ul style="list-style-type: none"> <li>• <a href="#">Map &amp; Animals</a></li> <li>• crayons/colored pencils</li> <li>• scissors</li> <li>• glue</li> </ul>	<p>The main idea is that learners will understand that even though it looks like one big body of water, there are names to different oceans around the world.</p> <ul style="list-style-type: none"> <li>• Print the handouts.</li> <li>• Follow the directions on the map.</li> </ul> <p>Materials:</p> <ul style="list-style-type: none"> <li>• <a href="#">Handouts</a>,</li> <li>• crayons/colored pencils</li> <li>• scissors</li> <li>• glue</li> </ul>	<p>Matching Game</p> <ul style="list-style-type: none"> <li>• Print the handouts.</li> <li>• Follow the directions on the handouts.</li> </ul> <p>Materials:</p> <ul style="list-style-type: none"> <li>• <a href="#">Handouts</a></li> <li>• Blue and brown crayons/colored pencils</li> <li>• Scissors</li> <li>• glue</li> </ul>	<p>See if you can play a game with your learner saying what countries are east and west, and north and south of each other using a political map and a compass rose. For example: "I spy with my little eye a country that is south of the United States of America."</p> <ul style="list-style-type: none"> <li>• Print the handouts.</li> <li>• Follow the directions on the handouts.</li> </ul> <p>Materials:</p> <ul style="list-style-type: none"> <li>• <a href="#">Handouts</a></li> <li>• crayons/colored pencils</li> <li>• scissors</li> <li>• glue</li> </ul>

<b>Functional</b>	<p>Please watch these videos for tips on how to use visuals in the home:</p> <ul style="list-style-type: none"> <li>• <a href="#">Using A Visual Schedule At Home</a></li> <li>• <a href="#">Using A Task Analysis at Home</a></li> <li>• <a href="#">Using a Visual Reinforcement System at Home</a></li> <li>• <a href="#">At Home Visuals</a></li> </ul>	<p>Please watch these videos for tips on how to use visuals in the home:</p> <ul style="list-style-type: none"> <li>• <a href="#">Using A Visual Schedule At Home</a></li> <li>• <a href="#">Using A Task Analysis at Home</a></li> <li>• <a href="#">Using a Visual Reinforcement System at Home</a></li> <li>• <a href="#">At Home Visuals</a></li> </ul>	<p>Please watch these videos for tips on how to use visuals in the home:</p> <ul style="list-style-type: none"> <li>• <a href="#">Using A Visual Schedule At Home</a></li> <li>• <a href="#">Using A Task Analysis at Home</a></li> <li>• <a href="#">Using a Visual Reinforcement System at Home</a></li> <li>• <a href="#">At Home Visuals</a></li> </ul>	<p>Please watch these videos for tips on how to use visuals in the home:</p> <ul style="list-style-type: none"> <li>• <a href="#">Using A Visual Schedule At Home</a></li> <li>• <a href="#">Using A Task Analysis at Home</a></li> <li>• <a href="#">Using a Visual Reinforcement System at Home</a></li> <li>• <a href="#">At Home Visuals</a></li> </ul>	<p>Please watch these videos for tips on how to use visuals in the home:</p> <ul style="list-style-type: none"> <li>• <a href="#">Using A Visual Schedule At Home</a></li> <li>• <a href="#">Using A Task Analysis at Home</a></li> <li>• <a href="#">Using a Visual Reinforcement System at Home</a></li> <li>• <a href="#">At Home Visuals</a></li> </ul>
	<p>Select from these additional functional activities:</p> <ul style="list-style-type: none"> <li>• <a href="#">Life Skills Activities for Home</a></li> <li>• <a href="#">Functional Activities Menu</a></li> <li>• <a href="#">Preparing for COVID-19</a></li> </ul>	<p>Select from these additional functional activities:</p> <ul style="list-style-type: none"> <li>• <a href="#">Life Skills Activities for Home</a></li> <li>• <a href="#">Functional Activities Menu</a></li> <li>• <a href="#">Preparing for COVID-19</a></li> </ul>	<p>Select from these additional functional activities:</p> <ul style="list-style-type: none"> <li>• <a href="#">Life Skills Activities for Home</a></li> <li>• <a href="#">Functional Activities Menu</a></li> <li>• <a href="#">Preparing for COVID-19</a></li> </ul>	<p>Select from these additional functional activities:</p> <ul style="list-style-type: none"> <li>• <a href="#">Life Skills Activities for Home</a></li> <li>• <a href="#">Functional Activities Menu</a></li> <li>• <a href="#">Preparing for COVID-19</a></li> </ul>	<p>Select from these additional functional activities:</p> <ul style="list-style-type: none"> <li>• <a href="#">Life Skills Activities for Home</a></li> <li>• <a href="#">Functional Activities Menu</a></li> <li>• <a href="#">Preparing for COVID-19</a></li> </ul>

## **Adapted Health Fitness Activity Guide**

### **Social Stories about COVID-19:**

- [COVID-19 I Can Help](#)
- [A Story of Hope](#)
- [Zoom Meeting Rules](#)

### **Social Emotional Learning Resources:**

- <https://www.pbslearningmedia.org/collection/social-emotional-learning/>
- [Calming/Breathing Strategies](#)
- [Feelings Check-In](#)
- [Centervention](#): Free Social Emotional Learning activities - lessons, activities, online games and printables covering the areas of Communication, Cooperation, Emotion Regulation, Empathy, Impulse Control, and Social Initiation. These resources are age appropriate for elementary and middle school students.

- [Leader In Me](#): You are your child's first and most influential teacher. No matter what is going on in your school, you can help your son or daughter discover the leader within and prepare for a great life of contribution and service. Throughout this section, you will find practical resources that will help you teach the 7 Habits and other powerful leadership skills, establishing a framework to nurture and develop your child's life-ready leadership skills at home.