

April 16,2020: District Email

Consistent Office Hours

Starting next week Monday, April 20, all White Bear Lake Area Schools will have consistent office days and hours of Tuesdays and Thursdays from 1-4 p.m. Buildings will be locked, so families should continue to reach out to building principals to arrange for at-school pick-up of materials during this window of time.

Family Supports:

- ***Bear Care Mental Wellness Support Line*** - The Free Bear Care Mental Wellness Support Line is now available to connect parents to resources that can meet the mental wellness needs of their children ages birth-age 21. [Learn more](#).
- ***Bear Care Services*** - The Free Bear Care Health & Wellness Clinic is open to all district students (birth-age 21). Please call 651-653-2923 or email BearCare@stkate.edu to schedule an appointment. Services that will be available include health assessment/physical exams, rapid strep throat testing and treatment, ear infection checks and more.
- ***Menus Available for Meals*** - There are now menus available on [Nutrislice](#) for meals being served starting on Monday, April 20. This lists the tentative menus for the free meal pick-ups available to all district children and for meals being served at Community Care - Tier 1 & Tier 2 Childcare sites, along with an interactive map highlighting these locations.

Honoring Bears:

- ***Be The Light MN initiative*** - Each Monday at 8:20 p.m. (20:20), White Bear Lake Area High School will be part of #BeTheLightMN, turning on the stadium lights at South Campus for 20 minutes and 20 seconds to honor the class of 2020. (We are missing ALL of our students, but are really thinking about our seniors!) Please enjoy the lights from afar and practice social distancing.
- ***White Bear Window Display*** - In these days of community engagement via socially distanced window dressings, we invite you to join the fun in creating a White Bear Window for friends and neighbors to enjoy while they walk the neighborhood. Create your own "Go Bears!" Bear, or decorate the one provided [here](#), to display in your window. Email pics of your White Bear Window display to communications@isd624.org for the chance to be included in upcoming district share-outs. Go Bears!

Activity ideas for families

Please find a couple of videos and activities below that staff members have created for you to enjoy and have fun with while either being inside or outdoors:

- [Looking for bear video](#)
- [Bear Break cards](#)

Building Our Future Facilities Process Update

In lieu of the in-person Community Listening Sessions that were scheduled for this spring, we have created a presentation to explain the participatory process being used for each design in our Facilities Planning Process that will be phased in through 2025. Click [here](#) to see how our planning meetings have resumed in a virtual format - similar to the way our students are learning during these unusual times - and to see the presentation and provide input.