



## Heritage Elementary First Grade Outreach Learning April 20-24

Click on our picture for a message from your principals and the books to listen to our read alouds:

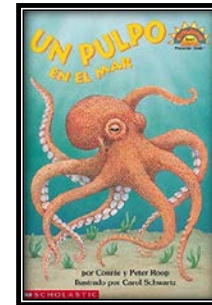
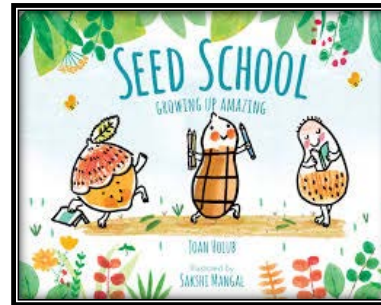
Haga clic en nuestra imagen para ver un mensaje de sus directores y los libros para escuchar nuestras lecturas en voz alta:



English Message



Spanish Message



**Counselor's Corner:** <https://www.smores.com/rh5sa>

**Nurse's News:** <https://www.smores.com/16ahu>

If your child receives Special Education, Section 504, or Dyslexia services, services will be addressed weekly by your child's teacher via email. Si su hijo recibe servicios de Educación Especial, Sección 504 o Dislexia, la maestra de su hijo se ocupará semanalmente de los servicios por correo electrónico.

If there are any questions, please feel free to email your child's teacher at:

Si tiene alguna pregunta, favor de enviar un correo electrónico al maestra/o de su hijo a:

[balderase@lpsd.org](mailto:balderase@lpsd.org)

[codym@lpsd.org](mailto:codym@lpsd.org)

[gonzalezl@lpsd.org](mailto:gonzalezl@lpsd.org)

[hargroves@lpsd.org](mailto:hargroves@lpsd.org)

[traylorm@lpsd.org](mailto:traylorm@lpsd.org)

**1<sup>st</sup> Grade Office Hours/Horario de oficina para las maestras de 1a grado:** 8-10 am and 1-3 pm

### **Grades/Grados:**

Assignments for the week of April 14-17, 2020 are due on Monday, April 20, 2020 by 8:00 a.m.

Las asignaciones para la semana del 14 al 17 de abril de 2020 vencen el martes 20 de abril de 2020 a las 8:00 a.m.

## Reading/Language Arts

### HMH: Into Reading

**Objective(s):** The students will read a drama and understand the elements of a play. The students will read a fable and understand the moral of the story and the elements of fable. The students will spell and read words with the “ar” pattern.

**Objectives for English Language Learners:** 41

### **Weekly Activities:**

#### **Monday:**

IRead 30 minutes

Epic 30 minutes

Read Little Red Riding Hood (HMH Reading)

#### **Tuesday:**

IRead 30 minutes

Epic 30 minutes

Take quiz on Little Red Riding Hood (HMH Reading) **Grade**

#### **Wednesday:**

IRead 30 minutes

Epic 30 minutes

Read The Grasshopper and The Ants (HMH Reading)

#### **Thursday:**

IRead 30 minutes

Epic 30 minutes

Take quiz on The Grasshopper and The Ants (HMH Reading) **Grade**

#### **Friday:**

IRead 30 minutes

Epic 30 minutes

Take Weekly Assessment (HMH Reading) **Grade**

**Spelling Practice:** farm, arm, yard, art, jar, bar, barn, bark, card, yarn.

**Review:** try, dry, night, pie

## Mathematics

### IXL

**Objective(s):** The students will identify and count groups of coins.

**Objectives for English Language Learners:** 4C

### **Weekly Activities:**

#### **Monday:**

Watch Brain Pop Jr Video titled “Equivalent Coins”

IXL Lesson Q6 “Exchanging Coins – with pictures”

#### **Tuesday:**

IXL Lesson Q7 “Exchanging Coins”

#### **Wednesday:**

Watch Brain Pop Jr Video titled “Counting Coins”

IXL Lesson Q8 “Money-Word Problems”

#### **Thursday:**

IXL Lesson Q9 “Purchases: do you have enough money?” **Grade**

#### **Friday:**

IXL Lesson Q10 “Compare money amounts” **Grade**

## Science

### [STEMscopes \(English\)](#)

**Objective(s):** The student is expected to investigate how the external characteristics of an animal are related to where it lives, how it moves, and what it eats.

**Objectives for English Language Learners:** 4C

### Weekly Activities:

**Wednesday:** Students will take a virtual field trip to the San Diego, California Zoo (check out their 11 web cams for different animals).

<https://kids.sandiegozoo.org/videos>

They will need to explore and find different animals that can climb to get food, have scales, lives in a warm place, uses claws to get food, lives in water, eats plants, and lives in a cold place. Complete on Stemsscopes **Explore**

**Student Materials — Take Me to the Zoo! (Grade)**

**Thursday:** Students will watch the Content Connections Video — Animal Characteristics. Students will then practice using the Picture Vocabulary-Animal Characteristics Cards. Students will continue review by completing CLOZE-ing in on Science- Animal Characteristic

**Friday:** Review content connection video and picture vocabulary cards. Students will complete **Reading Science — Bryce’s Backyard Adventure (Grade)**

**Assessment(s):** Explore Student Materials — Take Me to the Zoo! and Reading Science — Bryce’s Backyard Adventure

## Social Studies

### [Studies Weekly \(English\)](#)

**Objective(s):** The student will identify ways people exchange goods and services. Identify the role of markets in the exchange of goods and services.

**Objectives for English Language Learners: (4.1)**

### Weekly Activities:

#### **Monday:**

Login to *Studies Weekly*. The student will read and/or listen to the *Studies Weekly* Week 26: Money and Trade. Students will watch the content videos on Paper Money Intro and Mexican Money.

#### **Tuesday:**

Login to *Studies Weekly*. The student will review the *Studies Weekly* Week 26: Money and Trade. Then, the student will complete the online test **Money and Trade. (Grade)**

**Assessment(s):** Money and Trade Test

## Lectura/Artes del lenguaje

[HMH: ¡Arriba la Lectura!](#)

**Objetivo(s):** Los estudiantes leerán un drama y comprenderán los elementos de una obra de teatro. Los estudiantes leerán una fábula y comprenderán la moraleja de la historia y los elementos de la fábula. Los estudiantes deletrearán y leerán palabras con el patrón "ar".

**Objetivos para los estudiantes del idioma inglés: 4.I**

**Actividades Semanales:**

**lunes:**

IRead 30 minutos

Epic 30 minutos

Leer [Little Red Riding Hood](#) (HMH Reading)

**martes:**

IRead 30 minutos

Epic 30 minutos

Tomar la prueba de [Little Red Riding Hood](#) (HMH Reading) **(Calificación)**

**miércoles:**

IRead 30 minutos

Epic 30 minutos

Leer [TheGrasshopper and The Ants](#) (HMH Reading)

**jueves:**

IRead 30 minutos

Epic 30 minutos

Tomar prueba de [The Grasshopper and The Ants](#) (HMH Reading)

**(Calificación)**

**viernes:**

IRead 30 minutos

Epic 30 minutos

Tomar prueba de Weekly Assessment (HMH Reading) **(Calificación)**

**Práctica de ortografía:** arm, arm, yard, art, jar, bar, barn, bark, card, yarn.

**Review:** try, dry, night, pie

## Matemáticas

[Pearson enVision Mathematics \(Español\)](#)

**Objetivo(s):** Los estudiantes identificarán y contarán grupos de monedas.

**Objetivos para los estudiantes del idioma inglés: 4C**

**Actividades Semanales:**

**lunes:**

Mirar el video de Brain Pop Jr titulado "Equivalent Coins"  
lección IXL Q6 "Exchanging Coins – with pictures"

**martes:**

lección IXL Q7 "Exchanging Coins"

**miércoles:**

Mirar el video de Brain Pop Jr titulado "Counting Coins"  
lección IXL Q8 "Money-Word Problems"

**jueves:**

lección IXL Q9 "Purchases: do you have enough money?" **(Calificación)**

**viernes:**

lección IXL Q10 "Compare money amounts" **(Calificación)**

## Ciencias

### [STEMscopes \(Español\)](#)

**Objetivo(s)** Se espera que el estudiante investigue cómo se relacionan las características externas de un animal con el lugar donde vive, cómo se mueve y qué come.

**Objetivos para los estudiantes del idioma inglés: 4C**

#### Actividades Semanales:

##### **miércoles:**

Los estudiantes realizarán una excursión virtual al zoológico de San Diego, California (verifique sus 11 cámaras web para diferentes animales).

<https://kids.sandiegozoo.org/videos>

Tendrán que explorar y encontrar diferentes animales que puedan trepar para obtener comida, tener escamas, vivir en un lugar cálido, usar garras para obtener comida, vivir en el agua, comer plantas y vivir en un lugar frío.

Completar Stemsscopes **Explore Student Materials — Take Me to the Zoo!**

**(Calificación)**

##### **jueves:**

Los estudiantes verán el video Content Connections Video — Animal Characteristics. Luego, los estudiantes practicarán el uso de Picture Vocabulary-Animal Characteristics Cards. Los estudiantes continuarán revisando completando CLOZE-ing in on Science- Animal Characteristic

##### **viernes:**

Repasar content connection video y picture vocabulary cards. Las estudiantes completarán **Reading Science — Bryce's Backyard Adventure (Calificación)**

**Evaluación(es):** Explore Student Materials — Take Me to the Zoo! and Reading Science — Bryce's Backyard Adventure

## Estudios Sociales

### [Studies Weekly \(Español\)](#)

**Objetivo(s):** El estudiante identificará las formas en que las personas intercambian bienes y servicios. El estudiante identificará el papel de los mercados en el intercambio de bienes y servicios.

**Objetivos para los estudiantes del idioma inglés: (4.1)**

#### Actividades Semanales:

##### **Lunes:**

Inicie sesión en *Studies Weekly*. Lee y/o escucha los Estudios Semanales Semana 26: El dinero y el comercio. El estudiante verá los videos de contenido sobre Dinero de papel y Dinero de México.

##### **Martes:**

Inicie sesión en *Studies Weekly*. El estudiante repasará los Estudios Semanales Semana 26: El dinero y el comercio. Después, el estudiante completará el examen **El dinero y el comercio. (Calificación)**

**Evaluación(es):** Examen El dinero y el comercio

**Coach Hatfield and Ms. Lupold have your 5<sup>th</sup> Set of lessons and activities here!**  
**Stay strong physically and in your heart as you exercise, play and make music a new way!**  
**Live links to more lessons are on the pages below the lesson plan text boxes.**

If there are any questions, please feel free to email:

**P.E. Coach** at: [hatfiledt@lpisd.org](mailto:hatfiledt@lpisd.org) for physical education questions

**Office hours for P.E. are: 9:00-11:00 and 1:00-3:00 Monday – Friday**

**Coaches' Message:** Stay Fit! Be Active!

**Music/Art Teacher** at: [lupoldj@lpisd.org](mailto:lupoldj@lpisd.org) for questions about music or art

**Office hours for MUSIC & ART are: 9:00-11:00 and 1:00-3:00 Monday - Friday**

**Fine Arts Message:** Lessons on Quaver are the required lessons for Music. This week will also include Enrichment and Extension lessons with links to sites for more music and art experiences.

## Music & Art - Week 5 – April 20-24

**Objective(s):** Students will perform old and new dances to various styles of music following guided dances. A variety of sequenced choreography steps will be demonstrated by our favorite and new dancers from GONOODLE!

**Grades K-5:** Students will follow the dances as they watch the GoNoodle videos selected by Ms. Lupold. See how many dances you can do this week!

### PARENTS/PADRES:

**Your family can make screen time active  
and play GoNoodle at home for FREE!**

[https://assets-gnp-](https://assets-gnp-ssl.gonoodle.com/parent_invite_pdfs/gonoodle_parent_invite_en.pdf)

[ssl.gonoodle.com/parent\\_invite\\_pdfs/gonoodle\\_parent\\_invite\\_en.pdf](https://assets-gnp-ssl.gonoodle.com/parent_invite_pdfs/gonoodle_parent_invite_en.pdf)

**¡Su familia puede realizar tiempo activo  
de pantalla y jugar GoNoodle en casa GRATIS!**

[https://assets-gnp-](https://assets-gnp-ssl.gonoodle.com/parent_invite_pdfs/gonoodle_parent_invite_es.pdf)

[ssl.gonoodle.com/parent\\_invite\\_pdfs/gonoodle\\_parent\\_invite\\_es.pdf](https://assets-gnp-ssl.gonoodle.com/parent_invite_pdfs/gonoodle_parent_invite_es.pdf)

### Weekly Activities:

**Grades K -5** Click on the links to the dances on our Interactive Page below to open the videos for your dances. See how many dances you can learn and get family members to join in the fun! You can also have a virtual dance party with friends and family if your parents use video conferencing like Screenomatic, Microsoft TEAMS & SKYPE or Facetime. Information is on the GONOODLE website.

Send Ms. Lupold the video or a link to the video of your dancing fun.

Explore more dances and games on [gonoodle.com](http://gonoodle.com)

If you still want to do the Quaver drum music activity use the video tutorial Ms. Lupold made for you! Log on to Quaver Music and go to QBack Beat Lite.

<https://drive.google.com/file/d/1RGljhC17Wkz1aOfLsR8xwtm040905-wE/view>

**ENRICHMENT:** GO TO [www.incredibox.com](http://www.incredibox.com) "Try the Web Version" for the laptop. Choose a Version and mix your own Beatbox music!

**ART LESSON:** Garden Art Lesson: See the links below on Music and Art

\*Parents should send photos, videos of their child's art, interaction on Quaver or making and/or singing music each week. This is how I will assign grades.

## Physical Education Week 5 – April 20-24

**Objective(s):** Describe and select physical activities that provide opportunities for enjoyment and challenge. Cardiovascular endurance, Upper body, abdominal and legs' muscles' strength and endurance. Rhythm, timing, body coordination, travelling in different ways without falling, demonstrate clear contrast between slow and fast movement when travelling.

**English Language Learners Objectives:** Listen to and derive meaning from variety of media such as audio, videos and pictures to build and reinforce concepts and language attainment.

### Weekly Activities:






Daily Exercise from P.E. Menu and List of Daily choices – See Below

**FitnessGram** – The state has suspended Fitness Gram testing for this school year so scores will not be entered for any students in 3<sup>rd</sup> – 5<sup>th</sup> grade. I still encourage students to work on their upper body strength and cardio endurance.

**Assessment(s):** Print Fitness Log sheet or create your own with notebook paper or copy paper. Scan or email a photo of the completed log to [hatfieldt@lpsd.org](mailto:hatfieldt@lpsd.org).

P.E. Daily Exercises or choose an exercise to do from the daily choices list on the bottom.

## Stay Fit! And Be Active!

<h3>Monday</h3>	<h3>Tuesday</h3>	<h3>Wednesday</h3>	<h3>Thursday</h3>	<h3>Friday</h3>
<p>Overhand Throw Activity. Click the link below. <a href="https://www.youtube.com/watch?v=dcSPLz2sDw">https://www.youtube.com/watch?v=dcSPLz2sDw</a></p>	<p>Zumba for Kids</p>  <p>A group of children in colorful clothing are performing Zumba exercises on a beach with a sunset background.</p>	<p>Get Active</p>  <p>Two cartoon children are standing on a green background with the text 'PHYSICAL ACTIVITY FOR KIDS'.</p>	<p>Kids Yoga</p>  <p>A child is performing a yoga pose in a colorful, fantastical outdoor setting with trees and a banner that says 'COSMIC KIDS!'.</p>	<p>Left Side Plank 20 counts, Right Side Plank 20 counts (2 cycles). Click the link below <a href="https://www.youtube.com/watch?v=kkgvWV8BfOM">https://www.youtube.com/watch?v=kkgvWV8BfOM</a></p>
<p>Or</p>	<p>Or</p>	<p>Or</p>	<p>Or</p>	<p>Or</p>
<p>Underhand Throw Activity. Click the link below. <a href="https://www.youtube.com/watch?v=7YpxIsf5w_8">https://www.youtube.com/watch?v=7YpxIsf5w_8</a></p>	<p>Just Dance</p>  <p>A group of children are dancing on a stage with colorful lights and a 'Just Dance' logo.</p>	<p>Core and flexibility work out (repeat 2X). Click the link below. <a href="https://www.youtube.com/watch?v=s9956eVov_g">https://www.youtube.com/watch?v=s9956eVov_g</a></p>	<p>Stretching</p>  <p>A person is performing a lunge stretch on a mat outdoors. The word 'MOBILITY' is written in large orange letters above them.</p>	<p>Have a plank contest with someone (2 wins out 3). Click the link below <a href="https://www.youtube.com/watch?v=ltHUz426Xtw">https://www.youtube.com/watch?v=ltHUz426Xtw</a></p>

### Daily Choices:

Run up and down your stairs for 10 minutes

50 Jumping Jacks / jump rope

Do some gardening (rake leaves and pull weeds)

Take a Family Walk or Ride Bike for 20 minutes

Vacuum or Sweep and Mop the entire house

Dust all the Windows and Furniture

Plank while reading a book







# Music and Art Links



**Quaver Music Lessons: \*\*\*Please use Clever to sign into Q**

**Log on to Clever with user name and password:**

**Click on the Quaver App**

**Go to the Student Dashboard**

**Choose: Creatives then “QBackBeat Lite” to compose your own music.**

Use your own instruments to play along with your digital drum music.



**GoNoodle Dance Video Links**

**Intro to GoNoodle:**

<https://app.gonoodle.com/activities/gonoodle-101-an-intro-for-students?s=Channel&t=The%20Champiverse&sid=32&cs=the-champiverse>

**Roar:**

[https://family.gonoodle.com/activities/roar?utm\\_content=teacher&utm\\_medium=2644783&utm\\_campaign=share\\_link&utm\\_term=roar&utm\\_source=clipboard](https://family.gonoodle.com/activities/roar?utm_content=teacher&utm_medium=2644783&utm_campaign=share_link&utm_term=roar&utm_source=clipboard)

**Alpha Groove:**

<https://app.gonoodle.com/activities/alpha-groove?s=Channel&t=Awesome%20Sauce&sid=20&cs=awesome-sauce>

Explore more dances on your own and share your favorite with Ms. Lupold. HAPPY DANCING!

## Spring Art Lessons

**Create a Garden using Cotton Balls and Q-Tips and MAKEUP! Use some Colorful Eyeshadow, Lipstick, and Cheek Color. You can also use traditional art supplies. Get Creative!**

<https://youtu.be/jekMNJyAG2I> If using makeup, **get Mom or Sister's permission first!**

You will want to pause the video as you create your art so that you can move at your own speed.

Below is Ms. Lupold's "Eyeshadow" Art ~ Send Ms. Lupold photos of your art!



