College Park Elementary Specials Outreach Learning
April 20th-April 24th

Message from Mrs. Whitlock
Message from Mrs. Greenwood
Message from Mr. Rutherford
Message from Nurse Prock

Who is this MYSTERY READER?

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If your child receives Special Education, Section 504, or Dyslexia services, services will be addressed weekly by your child's teacher via email.

If there are any questions, please feel free to email your child's teacher at:

Coach Jackson: JacksonL@lpisd.org

Mrs. Samm: SammR@lpisd.org

Grades Assignments for the week of April 20th – April 24th, 2020 are due on Monday, April 27th, 2020 by 8:00 a.m.

Music	Physical Education
Hello everyone! **Question: What is the difference between a piano and a fish?** **Answer: You can't tuna (tune a) fish!** **Office hours: 9:00-11:00 am and 1:00-3:00 pm M-F.** **You can now get to Quaver Music from your Clever account.** **1. Log in to your Clever account.** **2. Scroll down to the Quaver app and click (you can also find it on my page).** **3. Say "No" you do not have an account. You will only have to do this step one time.** **Grades PK-K: Helping + Sol & Mi** **Grade 1: Helping + Sol & Mi review (Grade 1)** **Objectives: I will recognize known melodic and rhythmic elements in simple aural examples using known terminology. I will distinguish between higher/lower in musical performances. I will respond verbally or through movement to short musical examples.** On your Student Dashboard: 1. Click: Assignments 2. Click: Helping + Sol &Mi (PK-1) - wk 4 3. Click: green "Launch" icon 4. Click: Yellow arrows to navigate screens 5. Click: "Instructions" (bottom left) on each screen for guidance. **Assessment: Adult observation of participation. If you can, please email me one way you have helped this week!**	**Office Hours: 8:00am-12:00pm** **Objective(s) PK-5th:** Select physical activities that provide opportunities for enjoyment and challenge. Participate in moderate to vigorous physical activities on a daily basis that cause increased heart rate, breathing rate, and perspiration. **Weekly Activities PK-5th:** 1. Pick one of the PE at Home videos and complete it: PE at Home You will need some equipment for the activities. Check out this link to see how you can make your own: DIY PE Equipment 2. Watch this health video then talk with someone at home about what you learned: How the Body Works: Immune System 3. **(Optional)** Make your own exercise dice: Exercise Dice **Assessment(s) PK-5th:** Record participation on exercise log. Here is a link for a new one: Exercise Log

Music	Physical Education
Grades 2-5: Woodwind Family (Grades 2-5) - Wk 4 **This week you will learn about the woodwind family.** **Objectives: I will distinguish among a variety of musical timbres, including those of woodwind, brass, string, percussion, keyboard, electronic instruments, and instruments of various cultures.** **I will identify music from diverse genres, styles and periods.** **Weekly activities:** Go to your Clever account and click on the Quaver app (see directions above). On your Student Dashboard: 1. Click: Assignments 2. Click: Woodwind Family (Grades 2-5) - Wk 4 3. Click: green "Launch" icon 4. Click: Yellow arrows to navigate screens 5. Click: "Instructions" (bottom left) on each screen for guidance. **Assessment: Adult observation of participation.** **Take the Quaver Quirky Quiz and let me know your score! If you can, email me which of the classical connection pieces is your favorite and why you chose it! Have fun!**	**Optional:** 4th & 5th had been taking part in mindfulness training twice a week during specials where they were led by Niroga Institute staff. We hope that students will take some time to practice their mindfulness techniques. Here is a link to their YouTube channel playlist for short mindful movement sequences that they can practice while at home: [Mindfulness Training](#) Students can also participate in Zoom sessions. The schedule and additional information can be found here: [DMind Zoom Sessions](#)

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