

# 24 Hour Crisis Line: 2-1-1

Call on any phone [www.crisisclinic.org](http://www.crisisclinic.org)

## **Free meals for children ages 18 and younger**

<https://www.nsd.org/northshorelearns/meals>

## **Hopelink**

11011 120th Ave NE Kirkland

Food, Housing Stability, Energy assistance - Emergency Food available

[www.hopelink.org](http://www.hopelink.org)

425-889-7880

## **ParentHelp123**

Helping families and teens in WA State find programs and resources

[www.parenthelp123.org](http://www.parenthelp123.org)

1-800-322-2588

## **North Helpline**

12736 33rd Ave NE #100

Seattle, WA 98125

Food, Pregnancy and Baby Supplies, Financial, Health

[www.northhelpline.org](http://www.northhelpline.org)

206-367-3477

## **Other Local Food Resources:**

Some local food banks may not be operating on their regular schedule right now and are instead offering pre-packed bags of groceries

Woodinville Storehouse: <http://www.woodinvillestorehouse.org/>

Cedar Park Northshore Church Curbside Mondays 5:30-7 18737 68th Ave NE Kenmore

Bothell Community Kitchen @ Bothell United Methodist Church

The Northshore Senior Center is offering lunches to-go for seniors Call 425 487 2441 by 11.00 a.m.

The Northshore Senior Center has a pop-up food bank on Tuesdays and Fridays from 11 a.m. - 2.00 p.m. This resource is free to anyone who needs it;

'Open Kitchen' at Redmond UMC (16540 NE 80th St, Redmond) prepack dinners- every Weds- 5-7pm

## **Getting Help**

<https://www.dcyf.wa.gov/services/getting-help>

## **Washington State Department of Social and Human Services**

<https://www.dshs.wa.gov/>

**If you have had a decrease in employment-**

**Apply for school meals now:**

<https://www.nsd.org/schools/get-started/food-services/free-and-reduced-price-breakfast-lunch>

By applying and qualifying you may be eligible for other state/federal programs

## **Child Care Resources:**

[www.childcare.org](http://www.childcare.org)

206-329-5544

800-446-1 114

Emergent needs- contact school nurse Trish Giuffrida : [tgiuffrida@nsd.org](mailto:tgiuffrida@nsd.org) 425-408-4806 Phones monitored

