

Students

Secondary Physical Education Dress Requirements

Each secondary school may select one of the following options:

Option No. 1

The following minimum required wearing apparel for safe and hygienic participation is expected in physical education classes.

- a. Tennis shoes
- b. Athletic-type socks
- c. Shorts and T-shirts (boys and girls) or shorts and reversible T-shirts (boys and girls), or one-piece outfit (girls)

Option No. 2

The following minimum required wearing apparel for safe and hygienic participation is expected in physical education classes:

- a. Tennis shoes
- b. Athletic-type socks
- c. Outfit that is different from the clothes worn during the rest of the day.

In schools selecting either option, sweat suits may be worn by students.

In order to assist parents in providing proper physical education attire for their children, the Lompoc Unified School District recommends that each secondary school inform students and parents of their individual school option and the suggested place of purchase, if applicable.