



Rankin County
School District

TRADITION OF EXCELLENCE

RANKIN COUNTY SCHOOL DISTRICT SCHOOL ASTHMA PLAN

Name: _____ Age: _____

School: _____ Date: _____ Teacher / Grade: _____

Instructions to School:

1. If coughing or wheezing, give:

- Albuterol 2-4 puffs with / without spacer and notify parent / guardian
- Albuterol 1 treatment via nebulizer and notify parent / guardian

2. Pre-Medication, give:

- Albuterol 2-4 puffs with / without spacer 15-30 minutes prior to exercise
- Albuterol 1 treatment via nebulizer 15-30 minutes prior to exercise

3. Recommend that the student be allowed to carry and self administer all asthma medications

4. Recommend that school nurse / personnel administer asthma medications and notify parent / guardian

5. Other Instructions: _____

Parent / Guardian Signature: _____

Physician / Licensed Practitioner Signature: _____