



CRISIS RESOURCES AND HOTLINES

Emergency

- Call 911 if any crisis is an immediate health risk or you are in danger.

Psychiatric Crisis

- **Northshore Psychiatric Crisis Hotline** - 978-744-1585. This hotline offers over-the-phone mental health crisis management and a mobile unit that can travel to peoples' homes if necessary. The mobile unit has still been functioning during the COVID-19 crisis, however, they are restricting their home visits.
- **Samaritans**, a local, Boston agency.
Hotline, call or text - 877-870-4673
- **National Suicide Prevention**
Hotline, call or text: 800-273-8255

Domestic Violence

- In Massachusetts, **SafeLink** offers resource for domestic violence support
Safelink Hotline: 877-785-2020
- In Salem, **HAWC**, supports women and children
Call 800-547-1649
- The **National Hotline for Domestic Violence Support** is 800-799-7233

Substance Abuse

- The Boston **Alcoholics Anonymous** group offers links to online meetings.
A.A. hotline 617-426-9444, available:
Monday-Friday, 9:00am-9:00pm
Saturdays, Sundays and Holidays, 12:00pm-9:00pm
- The **National hotline for Mental Health and Substance Abuse** is 800-622-4357