



# Free Bear Care Mental Wellness Support Line

The Support Line will be available on Wednesdays during the summer.

The **Free Bear Care Mental Wellness Support Line** is now available to connect parents to resources that can meet the mental wellness needs of their children ages birth-age 21.

## Services Currently Available

*for all district students (birth-age 21)*

When you call the Bear Care Mental Wellness Support Line, a care provider will listen and connect you with resources based on the mental wellness support you are requesting.

These services could include:

- The facilitation of a connection with your child’s school counselor, school psychologist or social worker
- Resources for school linked therapy services
- You could be referred to mental wellness partners in our community

**Please note:** This is not a Crisis Hotline. If your child is experiencing a crisis, please call: Children’s Crisis Response at 651-266-7878 or call 911 for an emergency.

## Support Line #

651-653-2980

## Hours

2-6 p.m. on  
Wednesdays

*Outside of our hours, please visit the Support Hub on our WBLAS website, [www.isd624.org](http://www.isd624.org), for resources.*

## Cost

The Bear Care Mental Health Support Line is **free** for all district students.