

WINTER, 2019-20 SEASON EDITION

## VARSITY BASKETBALL



VARSITY BOYS BASKETBALL

*back row* Coach Willard, Dylan Hebert, Jacob Allen, Camden Boucher, Brandon Brunner, Riley Severy & Captain Ferland *middle row* Candence Stevens, Shea Harding, Grady Chase, Dylan Estivill, Aiden Blouin & Annie Linendoll *front row* Sam Wilcox, Zach Stabell, Taylor D'Agostino, Matt Tacey & Cole Benoit The 19-20 Boys Basketball season was challenging but enjoyable. In the preseason we had leadership coach Adam Bradley speak with some of our players on how to build an environment in which players can grow as leaders while enjoying the game of basketball. Our players took on Adam's challenge and strived to maintain the level of enthusiasm necessary to have a great season. In hindsight, the little lessons which Adam shared with the team were detrimental to the team overcoming the adversity they faced during the season and maintaining positive energy. Another season in the metro is over and it is hard not looking to the future where we might have a true Division II schedule at some point, but this should not overshadow the great wins the team had against rival U-32 on their home court. We have to say goodbye to our four seniors; Taylor, Matt, Brandon, and Dylan, all who have shown tremendous dedication and pride in our team. Their leadership will be missed but we are excited to watch the underclass grow and develop in this offseason into the leaders for next year.

The girls' basketball program had a great season this year. We had so many great moments it's hard to pick just a few. The season started off with a lot of skepticism and unknown. With a new coach and a fresh start, the girls really stepped up. With 17 Division I games on our schedule we knew that we needed to work hard to be prepared. With a new defense and new pace of the game the girls really took on the challenge. They worked very hard in every practice and it showed! We won our first game against a Division I team on our 2nd game of the season. Things really shifted gears for us after our big win against the powerhouse Rice. It was a home game and the crowd was amazing. The girls felt the pride and love that they deserved. That win triggered a 6-game winning streak and 4 of them were Division I schools and we were sitting in the 3rd place seed. The smiles and pride were felt by all. They were achieving dreams some of them have had for 4 years. We ended the season with a 9-11 record going into play-off season. For the first time in a long time Spaulding had a home play-off game. With the stands pack we played U-32 and beat them sending us into the quarter finals. Our season may have ended there just short of our goal making it to the Barre Auditorium, but what a great ride we had. These girls now believe! We will see you soon Barre Aud!



back row Coach MacAuley, Autumn Lewis, Samantha Donahue, Natalie Folland, Josie Diego, Sage MacAuley, Coach Abbiati & Coach Sheppard *front row* Katelyn MacIver, Raven Premont, Hayleigh Pollard, Aliza Lindley, Autavia Browman & Emily Poulin

## VARSITY HOCKEY

The Spaulding High School hockey season began with a tight 3-1 victory against Middlebury. That was followed up by a strong showing in the Doc Tulip tournament that included a 1-0 win against eventual State Champions BFA St. Albans. That win fueled the team to a 5 game win streak capped off by a great 4-2 home victory against Rice. With a great 7-1-1 start, the team hit a rut in the middle of the season, losing a lot of extremely competitive and close games. The players were working hard, playing hard, but in a competitive division 1 league, oftentimes a bad break or bad bounce of the puck is all it takes. A 1-0 loss to BFA to end the season is just one example of the many close, hard fought games played by the boys this year. The regular season ended with the Tide having a respectable record of 10-8-1 and the 5th seed going into the playoffs. A tough loss, in yet another extremely close, competitive game, at #4 Stowe, ended the season for the Tide. I have no doubt that this relatively young team will be back in a big way next year.



back row Owen Kresco, Jameson Solomon, Jamison Mast, Mason Otis, John Malnati, Kieran McNamara, Christian Gagne, Ryan Crowningshield, Ethan Touchette, Evan Dudley, Christian Day, Reese Thayer, & Brady Lamberti *middle row* Andre Pelletier, Trevor Arsenault, Nathan Romeo, Ellison Fortin, Aidan Kresco, Tyler Boutin, & Colby Berard *front row* Grant Otis, Ethan Santor, Attilio Perantoni, Heath Atwood, Myles Aja, Conner Magoon, & Kyle May *missing* Coach Burke, Coach Lacroix, Coach Grandbois, Coach Avery, & Coach Parent



GIRLS HOCKEY

back row Coach Wilkin, Rebecca McKelvey, Mattie Cetin, Rayna Long, Elise Atwood & Coach Lawrence third row Coach Pelkey, Ella Pitonyak, Molly Parker, Bria Dill, Zoe Tewksbury, Julia Fewer & Emily Morris second row Hannah King, Addie Reil, Cami Bell, Abbi Smith & Emily Wilson front row Hailey Lafaille, Morgan Mast, Annie Duprey & Natalie Mattson "Spaulding Girls Hockey caps perfect season with a state championship". On Monday March 9th our varsity girls hockey team made more history. With a 4-0 state championship game victory they became the first team in VT high school girls hockey history to ever have a perfect season. Their final overall record was 22-0. It was the first team state championship for any sport at Spaulding since 2010 and the first girls hockey state championship for Spaulding since 2002. The season featured some significant highlights along the way. A thrilling come from behind 4-3 overtime victory at home against Harwood. Two other nail biting overtime wins against Middlebury and NC/Lyndon. And a 5-2 upset over Division 1 Rice after being tied 2-2 in the third period. We also had some remarkable individual achievements. Cami Bell capped her record breaking season with 56 goals and 80 points. Freshman Rebecca McKelvey had 29 goals and 45 points. Sophomore Zoe Tewksbury finished the season with 32 assists and 39 points. And both freshmen goaltenders played great, with Rayna Long posting a shutout in the regular season finale and Mattie Cetin recording her second and third shutouts of the season in the semi-final game and state championship game. The team first "we, not me" attitude from the first practice was the difference this season for Spaulding girls hockey. When things got tough it was pulling for the person next to you on the bench that lifted the team to another level. Everything was earned, not given, and this special season will never be forgotten because of it.

## **INDOOR TRACK & FIELD**

Indoor track experienced one of the best seasons in school history. The team numbers this past season almost doubled from the previous year.

The girls finished 4th in the Division II state meet with only nine competing athletes . Freshman Isabella Bevins broke two school records in the 1500m run (5:45.59) and the 3000m run (12:21.25) . Junior Theresa Hoar set a new school record in the Weight Throw (30'5.75"). Theresa was the lone female athlete to attend the New England Championships in Boston after finishing 3rd overall in the state.

The boys finished the highest for a boys team ever at the state meet bringing home the state runner up trophy and a season that saw three school records fall and almost a fourth. Juniors Taite Magoon and David Poulin battled hard at every meet. David holds the new school record for the 3000m run (10:18.46) and Taite holds the school record for the 1500m run (4:37.45). Six boys traveled to the New England Championships in Boston. Jake Darling and Matthew Toborg teamed up with David and Taite to set a new school record in the 4x800m relay (8:53.07) which bested the previous record set at the state meet by 13 sec. Later in the day, Marcel Brault, and Freshman Angelito Baits joined Taite and David on the 4x400m relay that almost captured another school record, missing it by .75 sec (3:50.49) which was a 10 sec improvement. Between the two teams we will graduate only 4 seniors. We have already begun preparing for the next step in the process. Stay tuned.



INDOOR TRACK

back row Isaac Lobb, Reuben Mentzer, Aidan Ahearn, Ridge Herring, Nick Whalen, Ezra Bernier, Matt Toborg, Christian Titus, Jamie Bates & Brandon Isaac *fourth Row* Amina Malagic', Marcel Brault, Hayden Ross, Max Spaulding, Emmett McMahon, Ian Macdonald, Sam Werbinski, Will Poirier, Michael Rea & Isaiah LeBay *third Row* Abigail Burachowski, Lily Lacroix, Emma Cushman, David Poulin, Jake Darling, Taite Magoon, Misha Cambio, Naomi Cambio, Madeline Beniot, Viviane Welz & Angelito Bates *second row* Sabrina Metcalf, John Poirier, Alex Maurice, Isabella Bevins, Megan Rea, Cara Rea, Anna-Kate Bailey, Emma Lee, Sam Starzec, Devon Desjardins, Coach Jacobs Nick Norwood, Danielle Trottier & Riley Hodgkins *missing* Carson White, Gavin Glosser, Noah Rubel, Simon Brown, Jasmine Sayah, Mariah Hoar & Theresa Hoar

## VARSITY WRESTLING



WRESTLING

back row Coach O'Meara, Coach Thurston, Coach Lozier, Coach Kerin, & Coach Lapan middle row Alex Rivard, Landen Farnham, Logan Bailey, Hunter Roya, Nick Pierce, Jonathan Maurice, & Colton Perkins second row Ben Isabelle, Jaxon Bailey-Perkins, Caleb Huntington, Ryan Glassford, & Zach Slayton front row Cameron Govea, Steven Corbett, Carter Dickinson, Hunter Chase, Seth Almand, & Matthew Durgin

This unexpected time off has given me an opportunity to stop and reflect on this past season, which is really the culmination of four years of work. Though I have been coaching at the high school since I graduated in 1997, I did not take over the program until four years ago. At that time we were at a low point in the program's now 50 year history, maybe the lowest point from a pure performance and participation perspective. We had one returning VT state place-winner, 5th. I was able to talk a couple of my former athletes, Matt Thurston and Taylor Lozier, into committing to the long road of building a competitive program. Both NCAA DIII wrestlers, Matthew at Norwich, and Taylor at Plymouth State, I knew that they had the passion required to set us on the right path. They have delivered an amount of effThis unexpected time off has given me an opportunity to stop and reflect on this past season, which is really the culmination of four years of work. Though I have been coaching at the high school since I graduated in 1997, I did not take over the program until four years ago. At that time we were at a low point in the program's now 50 year history, maybe the lowest point from a pure performance and participation perspective. I was able to talk a couple of my former athletes, Matt Thurston and Taylor Lozier, into committing to the long road of building a competitive program. Both NCAA DIII wrestlers, Matthew at Norwich, and Taylor at Plymouth State, I knew that they had the passion required to set us on the right path. They have delivered an amount of effort and caring that I believe is unmatched by their peers. They have both now won VT Assistant Coach of the Year Awards, Matthew in 2018, and Taylor this past season. Our trajectory is upward, and rapidly, as indicated by our team point totals at the State Championships the last four seasons 64, 69, 133.5, 201. Our point total this year was the 2nd highest in SHS history, and the 4th highest in VT history outside of perennial champ Mt. Anthony. This, of course, would not have not been possible without the support of parents, fans, administration, teachers, alumni, BYSA Wrestling, and the taxpayers. Both Barre Town and Barre City Middle Schools have been accommodating in helping us grow our programs, as well.

This season we are graduating our first seniors who started with us as freshmen - State Champion Carter Dickinson and Academic All-American Hunter Chase. These two young men believed in our vision, and they have a lot to do with where we are today. They provided leadership for our young team of talented sophomores and freshmen, and they are leaving the program better than they found it. Two-time All-State Junior Matthew Durgin had a great season, and, with the right amount of work, could be a great leader this next year. The sophomore group is very large and consists of very talented athletes like State Champion Caleb Huntington, two-time State Finalist Nick Pierce, State Finalists Ryan Glassford, Landen Farnham, and Colton Perkins, as well as two-time All-State wrestler Hunter Roya, and natural leader Cameron Govea. We have some very talented freshmen like JV State Champion Jaxon Bailey-Perkins and Seth Almand, who are ready to fill some big shoes. Juniors Ben Isabelle and Steven Corbett, and Sophomores Jon Maurice, Logan Bailey and Alex Rivard will all be looking to strengthen the line-up next year. Nick Pierce really stepped up the leadership this season, and kind of took charge. It was not something I had witnessed as a coach in quite a few years, and it was exciting to see. He made himself and everyone around him better. We are very excited for the future, and I am very grateful for my coaches and athletes, as well as all of those great supporters that we depend on.ort and caring that I believe is unmatched by their peers. They have both now won VT Assistant Coach of the Year Awards, Matthew in 2018, and Taylor this past season. If that were not impressive enough, consider that they do all of this on half a coaching salary. We made the decision long ago to split our two full-time salaries four ways, to accommodate four coaches. Rather than coach half-time though, we all coach double-time, and that's not an exaggeration. During the season, our coaching staff is averaging probably 30 hour weeks each. Our four paid coaches are accompanied by several volunteer coaches, and some of them, like coach Mick Kerin, are right there with us the whole time. That's right, an unpaid volunteer coach, who averages 30 hours every week for the whole winter season. Our trajectory is upward, and rapidly, as indicated by our team point totals at the State Championships the last four seasons 64, 69, 133.5, 201. Our point total this year was the 2nd highest in SHS history, and the 4th highest in VT history outside of perennial champ Mt. Anthony. This, of course, would not have not been possible without the support of parents, fans, administration, teachers, alumni, BYSA Wrestling, and the taxpayers. Both Barre Town and Barre City Middle Schools have been accommodating in helping us grow our programs, as well. This season we are graduating our first seniors who started with us as freshmen, State Champion Carter Dickinson, and Academic All-American Hunter Chase. These two young men believed in our vision, and they have a lot to do with where we are today. They provided leadership for our young team of talented Sophomores and Freshmen, and they are leaving the program better than they found it. 2-time All-State Junior Matthew Durgin had a great season, and, with the right amount of work, could be a great leader this next year. The sophomore group is very large and consists of very talented athletes like State Champion Caleb Huntington, 2-time State Finalist Nick Pierce, State Finalists Ryan Glassford, Landen Farnham, and Colton Perkins, as well as 2-time All-State wrestler Hunter Roya, and natural leader Cameron Govea. We have some very talented Freshmen like JV State Champion Jaxon Bailey-Perkins, and Seth Almand ready to fill some big shoes. Juniors Ben Isabelle and Steven Corbett, and Sophomores Jon Maurice, Logan Bailey, and Alex Rivard will all be looking to strengthen the line-up next year. Nick Pierce really stepped up the leadership this season, and kind of took charge. It was not something I had witnessed as a coach in quite a few years, and it was exciting to see. He made himself and everyone around him better. We are very excited for the future, and I am very grateful for my coaches and athletes, as well as all of those great supporters that we depend on.