

Reconnecting

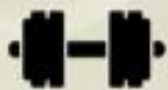
Practical Tools for Reconnecting with your Family!

FAMILY BUCKET LIST

FAMILY (C.A.R.E.)

Sit together as a family and see if you can brainstorm a list of 25 things you want to do together this year.

Get creative and collaborative! Make sure the items range from totally doable in a day to something that may seem silly or impossible. Work to check things off each month until you make your next one.



*Character
Strong*

LOVE LANGUAGE

FAMILY (C.A.R.E.)

Ask each family member how they prefer to receive kindness and love from others in the family.

Some people prefer words of affirmation or acts of service, whereas others may prefer a hug each day. Post the list of people's preferences in a place everyone will see and be reminded.



*Character
Strong*