



## Kindergarten Readiness Recommendations

Today your child was given a short screening assessment to help you as a parent know what areas your child may need additional practice and support in before they start Kindergarten this fall. We offer these recommendations only as guidance, and not as a determination of whether they will be successful or not when they enter school. Based on the screening, we recommend additional practice with:

- **Reading Readiness Skills**--Your child was assessed on basic understanding of print concepts, letter recognition and sounds, rhyming, and putting together and taking apart words. To help your child be ready for Kindergarten, they should know at least half of the upper and lower-case letters and their sounds, know how to hold and handle a book, and show that print goes from left to right. You can increase their reading readiness by having short, fun sessions of identifying letters and sounds, reading and discussing books, and practicing with rhyming words, nursery rhymes and/or songs.
- **Math Skills**--Your child was assessed on orally counting 1-10, counting individual objects, and identifying simple shapes. To help your child be ready for Kindergarten, practice counting a variety of objects, identifying shapes both at home and around town, and help them recognize how numbers and objects go together (for example, write the number 5, and then have them count out 5 pieces of cereal to help develop the connection between the number symbol and the number of objects).
- **Fine Motor Skills**--Your child was assessed on whether they could hold a pencil correctly, write their first name, and cut a paper with scissors. To help your child be ready for Kindergarten, assist them in learning how to hold a pencil correctly, write their own name (and ideally a few more letters of the alphabet as well), and manipulate scissors by holding them properly and cutting along a line. You can increase their fine motor skills by having them build with Legos, string beads, pick up small objects with tweezers, cut with paper, create objects with playdough, and practice writing with a pencil and paper.

Additional ideas and resources for practice in these areas can be found on the **Utah Education Network** website: <https://www.uen.org/parents/early.php> and the website **Ready, Set, School!** -- <http://readyschool.org>

Thank you for your help in preparing your child for this important step in their lives. We look forward to welcoming your child to school this fall!