



## **WELCOME TO NUEVA UPPER SCHOOL ATHLETICS!**

The Upper School Athletics Program supports Nueva's core educational goals and helps students capture the social, emotional, and physical benefits of healthy competition. We strongly encourage participation on Nueva's athletic teams for the value it provides to students and the school community. Participants of all experience levels are encouraged to sign-up.

### **2020-2021 UPPER SCHOOL OFFERINGS**

#### **FALL**

- Girls & Boys Cross-Country\*
- Girls Volleyball\*
- Girls Tennis
- Squash (program in development)

#### **WINTER**

- Girls & Boys Basketball\*
- Girls & Boys Soccer

#### **SPRING**

- Boys Tennis
- Boys Golf (*co-ed roster*)
- Girls & Boys Track & Field
- Girls & Boys Swimming & Diving
- Boys Volleyball
- Beach Volleyball (program in development)
- Badminton (program in development)

**\*Entails summer workout commitments/opportunities**

### **2020-2021 SEASON START DATES**

Fall Season – Friday, August 7<sup>th</sup>

Winter Season – Monday, November 2<sup>nd</sup>

Spring Season – Monday, February 1<sup>st</sup>

**Be on the lookout for a comprehensive athletics email in the coming weeks!**

Additional information will be available regarding sign-ups, summer training opportunities, practice & game schedules, team placement, and more. Go Mavericks!

**Questions?** Contact Athletic Director, Chris Wade ([cwade@nuevaschool.org](mailto:cwade@nuevaschool.org)).