

KEEP CALM AND RES ON

Information to support you and bring a smile to your face during this time away from school

A note from the counselors...

Happy Easter Week! We know Easter will be different this year without large family celebrations, seeing all our loved ones, and attending in-person Mass. Here are some ideas of how we can continue the celebrations at home:

- Tune into a church service. Many churches have made their services available online.
- Still wear that beautiful Easter outfit! Shake up the quarantine routine :-)
- Schedule a virtual hangout with family or friends.
- Send Easter cards to loved ones near and far. Nothing beats a homemade greeting!
- Dye Easter eggs with food coloring and have an egg hunt in the backyard.
- Make a classic Easter recipe- it's an easy way to keep traditions alive!
- Establish a new Easter tradition. Try not to focus on how the holiday is different this year, and use your at-home Easter as an opportunity to get creative.

Easter Traditions in The Res Community..

“Every year, my immediate family watches the movie *Here Comes Peter Cottontail*- the original one from 1971.”
-**Olivia Esposito**

“On Easter morning, my brother and I wear matching pajamas and look for eggs around the house. We also go to the cemetery to visit my Papa because Easter was his favorite Holiday.” -**Izzy Grieco**

“My family goes to church and then has a big Easter egg hunt with all of my cousins.” -**Alexa Ferraris**



Easter Jokes

What's the Easter Bunny's favorite restaurant?

How does the Easter Bunny stay in shape?

What's the Easter Bunny's favorite kind of music?

What does the Easter Bunny say to the carrot?

Why was the Easter Bunny upset?

Answers: 1. IHOP 2. He eggs-ercises 3. Hip-Hop
4. It's nice gnawing you! 5. He was having a bad hare day!

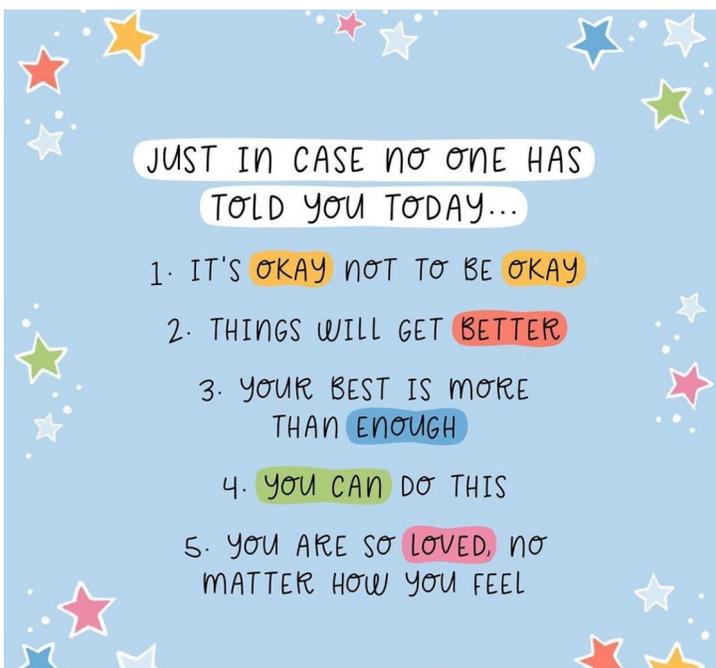
Reminders of Good Zoom Etiquette

- ❑ Be sure to mute your mic when you are not speaking. This prevents background noise and distractions for other learners.
- ❑ Please do not stare at your phone while teachers are presenting or others are talking.
- ❑ Be presentable. Video conferencing on your bed and wearing pajamas is fine, but avoid laying down. Sitting up is the better option!
- ❑ Smiling and laughing during Zoom is strongly encouraged. Be active participants!
- ❑ Be on time- if you're going to be late, let the teacher know ahead of time.
- ❑ Do not share the meeting links with others.
- ❑ When in doubt, ask yourself: *Would I do this in class?* And if the answer is no, don't do it on Zoom!

College News

Daydreaming about your future? Wondering what a college campus looks like but can't leave home? Take a virtual tour and feel like you've stepped right onto campus! Right now, more than ever, colleges are being creative in how they provide prospective students information. Check out this link <https://www.youvisit.com/collegesearch/> to visit 600+ colleges virtually! Or check out some of our favorite tours:

- ❑ University of Illinois Urbana-Champaign [Virtual Visits](#)
- ❑ Xavier University [Virtual Tour](#)
- ❑ Western Michigan University [Virtual Tour | Admissions](#)



We are connected. We are here. Just an email away! We hope to hear from you soon! 😊

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**Above all else, remember to:
Take care of yourself.
Take care of your family.
Reach out for help when you need it.
We are all in this together!**