

## Secondary Self-Contained

### Week 4

	Monday No School	Tuesday (4/14/20)	Wednesday (4/15/20)	Thursday (4/16/20)	Friday (4/17/20)
<b>Reading</b>		<p>1. Read this leveled chapter with your student. Select the level that is appropriate for your learner. <a href="#">Mark's Money Chapter 1</a></p> <p>2. Review the high-frequency words with your students. <a href="#">High-Frequency Words</a></p>	<p>1. Reread the leveled text with your student and answer the comprehension questions.</p> <ul style="list-style-type: none"> <li>• <a href="#">Mark's Money Chapter 1</a></li> <li>• <a href="#">Comprehension Activity 1</a></li> </ul> <p>2. Review the high-frequency words with your students.</p> <ul style="list-style-type: none"> <li>• <a href="#">High-Frequency Words</a></li> <li>• Play: <a href="#">Vocabulary Bingo</a></li> </ul>	<p>1. Reread the leveled text with your student and complete the main idea activity with your learner.</p> <ul style="list-style-type: none"> <li>• <a href="#">Mark's Money Chapter 1</a></li> <li>• <a href="#">Comprehension Activity 2</a></li> </ul> <p>2. Review the high-frequency words with your students.</p> <ul style="list-style-type: none"> <li>• <a href="#">High-Frequency Words</a></li> <li>• <a href="#">Play Word Game</a></li> </ul>	<p>1. Reread the leveled text with your student.</p> <ul style="list-style-type: none"> <li>• <a href="#">Mark's Money Chapter 1</a></li> <li>• <a href="#">Comprehension Activity 3</a></li> </ul> <p>2. Review the vocabulary words with your students.</p> <ul style="list-style-type: none"> <li>• <a href="#">High-Frequency Words</a></li> <li>• Play <a href="#">Vocabulary Bingo</a></li> </ul>
<b>Writing</b>		<p>1. Complete the journal activity with your student. Select the level activity that best fits your student's needs. <a href="#">Journal Activity</a></p> <p>Optional Activity: <a href="#">Typing Practice</a></p>	<p>1. Draw an illustration using your completed journal prompt. Add details to the story. <a href="#">Illustration Activity</a></p> <p>Optional: <a href="#">Typing Practice</a></p>	<p>1. Complete the editing activity with your student. <a href="#">Editing Activity</a></p> <p>Optional Activity: <a href="#">Typing Practice</a></p>	<p>1. Select and read or listen to a book with your student. <a href="#">Story Online</a></p> <p>2. Complete the leveled book report activity with your learner. Select the book report that best fits your student's needs. <a href="#">Book Report</a></p> <p>Optional Activity: <a href="#">Typing Practice</a></p>

<p><b>Math</b></p>		<p>1. Complete the math story addition/subtraction problems with your student.</p> <ul style="list-style-type: none"> <li>• <a href="#">Single Digit Addition Math Story</a></li> <li>• <a href="#">Double Digit Addition Math Story</a></li> <li>• <a href="#">Single Digit Subtraction Math Story</a></li> <li>• <a href="#">Double Digit Subtraction Math Story</a></li> </ul> <p>Additional Resources:</p> <ul style="list-style-type: none"> <li>• <a href="#">ABCya.com</a></li> <li>• <a href="#">Starfall</a></li> <li>• <a href="#">Math Game Time</a></li> </ul>	<p>1. Choose the money activity for your student's level of learning: <a href="#">Money Activity</a></p> <p>Additional Resources:</p> <ul style="list-style-type: none"> <li>• <a href="#">ABCya.com</a></li> <li>• <a href="#">Starfall</a></li> <li>• <a href="#">Math Game Time</a></li> </ul>	<p>1. Complete the graph reading activity with your student. <a href="#">Graphing Activity</a></p> <p>Additional Resources:</p> <ul style="list-style-type: none"> <li>• <a href="#">ABCya.com</a></li> <li>• <a href="#">Starfall</a></li> <li>• <a href="#">Math Game Time</a></li> </ul>	<p>1. Complete this real-life application of measurement activity with your student. <a href="#">Measurement Activity</a></p> <p>Additional Resources:</p> <ul style="list-style-type: none"> <li>• <a href="#">ABCya.com</a></li> <li>• <a href="#">Starfall</a></li> <li>• <a href="#">Math Game Time</a></li> </ul>
<p><b>Science/ Social Studies</b></p>		<p>1. Introduce the science experiment to your student. <a href="#">Introduction to Experiment</a></p> <p>Supplemental Activity: <a href="#">Review of Social Studies Concepts</a></p>	<p>1. Help your student make a guess/hypothesis about the experiment. <a href="#">Make a Guess</a></p> <p>Supplemental Activity: <a href="#">Review of Social Studies Concepts</a></p>	<p>1. Conduct the experiment with your student. <a href="#">Conduct Experiment</a></p> <p>Supplemental Activity: <a href="#">Review of Social Studies Concepts</a></p>	<p>1. Review the results of the experiment with your student. <a href="#">Review Results</a></p> <p>Supplemental Activity: <a href="#">Review of Social Studies Concepts</a></p>
<p><b>Functional</b></p>		<p>Please watch these videos for tips on how to use visuals in the home:</p> <ul style="list-style-type: none"> <li>• <a href="#">Using A Visual Schedule At Home</a></li> <li>• <a href="#">Using A Task Analysis at Home</a></li> <li>• <a href="#">Using a Visual Reinforcement System at Home</a></li> <li>• <a href="#">At Home Visuals</a></li> </ul>	<p>Please watch these videos for tips on how to use visuals in the home:</p> <ul style="list-style-type: none"> <li>• <a href="#">Using A Visual Schedule At Home</a></li> <li>• <a href="#">Using A Task Analysis at Home</a></li> <li>• <a href="#">Using a Visual Reinforcement System at Home</a></li> <li>• <a href="#">At Home Visuals</a></li> </ul>	<p>Please watch these videos for tips on how to use visuals in the home:</p> <ul style="list-style-type: none"> <li>• <a href="#">Using A Visual Schedule At Home</a></li> <li>• <a href="#">Using A Task Analysis at Home</a></li> <li>• <a href="#">Using a Visual Reinforcement System at Home</a></li> <li>• <a href="#">At Home Visuals</a></li> </ul>	<p>Please watch these videos for tips on how to use visuals in the home:</p> <ul style="list-style-type: none"> <li>• <a href="#">Using A Visual Schedule At Home</a></li> <li>• <a href="#">Using A Task Analysis at Home</a></li> <li>• <a href="#">Using a Visual Reinforcement System at Home</a></li> <li>• <a href="#">At Home Visuals</a></li> </ul>

<b>Functional (cont.)</b>		Select from these additional functional activities: <ul style="list-style-type: none"> <li>• <a href="#">Life Skills Activities for Home</a></li> <li>• <a href="#">Preparing for COVID-19</a></li> </ul>	Select from these additional functional activities: <ul style="list-style-type: none"> <li>• <a href="#">Life Skills Activities for Home</a></li> <li>• <a href="#">Preparing for COVID-19</a></li> </ul>	Select from these additional functional activities: <ul style="list-style-type: none"> <li>• <a href="#">Life Skills Activities for Home</a></li> <li>• <a href="#">Preparing for COVID-19</a></li> </ul>	Select from these additional functional activities: <ul style="list-style-type: none"> <li>• <a href="#">Life Skills Activities for Home</a></li> <li>• <a href="#">Preparing for COVID-19</a></li> </ul>
---------------------------	--	---	---	---	---

**Additional SBISD tools for learning provided at no cost found [here](#).**

## Adapted Health Fitness Week 4 Activity Guide

### Daily Dynamic Stretching Warm-up-

Modify stretches to fit your needs. Put on some fun music!

### Gross Motor Activities with Painters Tape



### Kicking



A 20-minute walk outside (practice social distancing outside)



### Balance Basics



### Catching



### Balloon Basics



## Parents' guide for growing active learners!

### FUNdamental MOVEment Skills

### Social Stories about COVID-19:

- [COVID-19 I Can Help](#)
- [Pandemics and the Coronavirus](#)
- [A Story of Hope](#)

### Social-Emotional Learning Resources:

[Centervention](#): Free Social Emotional Learning activities - lessons, activities, online games and printables covering the areas of Communication, Cooperation, Emotion Regulation, Empathy, Impulse Control, and Social Initiation. These resources are age-appropriate for elementary and middle school students.

[Leader In Me](#): You are your child's first and most influential teacher. No matter what is going on in your school, you can help your son or daughter discover the leader within and prepare for a great life of contribution and service. Throughout this section, you will find practical resources that will help you teach the 7 Habits and other powerful leadership skills, establishing a framework to nurture and develop your child's life-ready leadership skills at home.