

## ECSE and Elementary Self-Contained

### Week 4

	<b>Monday No school</b>	<b>Tuesday (4/14/20)</b>	<b>Wednesday (4/15/20)</b>	<b>Thursday (4/16/20)</b>	<b>Friday (4/17/20)</b>
<b>Reading</b>		<p>1. Read this leveled book with your students. <a href="#">What Do You Do?</a></p> <p>2. Complete the phonics sort activity. Cut out the letters and pictures and have your learner sort the images. <a href="#">Phonics Sort 1</a></p>	<p>1. Reread the leveled text with your student. <a href="#">What Do You Do?</a></p> <p>2. Complete the leveled comprehension activity together. <a href="#">Comprehension Activity</a></p>	<p>1. Reread the leveled text with your student. <a href="#">What Do You Do?</a></p> <p>2. Use the story to complete this leveled activity with your student. <a href="#">Comprehension Chart</a></p> <p>3. Complete the phonics sort activity. <a href="#">Phonics Sort 2</a></p>	<p>1. Reread the leveled text with your student. <a href="#">What Do You Do?</a></p> <p>2. Use the story to complete this leveled activity with your student. <a href="#">Comprehension Map</a></p> <p>3. Complete the phonics sort activity. <a href="#">Phonics Sort 3</a></p>
<b>Writing</b>		<p>1. Review the weekly spelling words with your student and have them trace or write the words. <a href="#">High-Frequency Words</a></p> <p>Optional: Typing.com <a href="#">Typing Practice</a></p>	<p>1. Use the spelling words to complete the activity. <a href="#">Fill in the blank Activity</a></p> <p>Optional: Typing.com <a href="#">Typing Practice</a></p>	<p>1. Use the spelling words to complete the activity. <a href="#">Word Study</a></p> <p>Optional: Typing.com <a href="#">Typing Practice</a></p>	<p>1. Use the word bank to complete the journal prompt with your student. <a href="#">Journal Writing</a></p> <p>Optional: Typing.com <a href="#">Typing Practice</a></p>
<b>Math</b>		<p>1. Complete the activity with your student. <a href="#">Graphing Activity</a></p> <p>Additional Resources:</p> <ul style="list-style-type: none"> <li>• <a href="#">ABCya.com</a></li> <li>• <a href="#">Starfall</a></li> <li>• <a href="#">Math Game Time</a></li> </ul>	<p>1. Complete the activity with your student. <a href="#">Measurement Activity</a></p> <p>Additional Resources:</p> <ul style="list-style-type: none"> <li>• <a href="#">ABCya.com</a></li> <li>• <a href="#">Starfall</a></li> <li>• <a href="#">Math Game Time</a></li> </ul>	<p>1. Choose the money activity for your student's level of learning: <a href="#">Money Activity</a></p> <p>Additional Resources:</p> <ul style="list-style-type: none"> <li>• <a href="#">ABCya.com</a></li> <li>• <a href="#">Starfall</a></li> <li>• <a href="#">Math Game Time</a></li> </ul>	<p>1. Complete this fun supplemental activity with your student. <a href="#">Locket Activity</a></p> <p>Additional Resources:</p> <ul style="list-style-type: none"> <li>• <a href="#">ABCya.com</a></li> <li>• <a href="#">Starfall</a></li> <li>• <a href="#">Math Game Time</a></li> </ul>

<p><b>Science/Social Studies</b></p>		<p>1. Introduce the science experiment to your student.  <a href="#">Introduction to Experiment</a></p> <p>Supplemental Activities:        Have your student pick one of the activities:</p> <ul style="list-style-type: none"> <li>• <a href="#">Vocabulary Bingo</a></li> <li>• <a href="#">Draw a Word</a></li> <li>• <a href="#">Matching Game</a></li> </ul>	<p>1. Help your student make a guess/hypothesis about the experiment.  <a href="#">Make a Guess</a></p> <p>Supplemental Activities:        Have your student pick one of the activities:</p> <ul style="list-style-type: none"> <li>• <a href="#">Vocabulary Bingo</a></li> <li>• <a href="#">Draw a Word</a></li> <li>• <a href="#">Matching Game</a></li> </ul>	<p>1. Conduct the experiment with your student.  <a href="#">Conduct Experiment</a></p> <p>Supplemental Activities:        Have your student pick one of the activities:</p> <ul style="list-style-type: none"> <li>• <a href="#">Vocabulary Bingo</a></li> <li>• <a href="#">Draw a Word</a></li> <li>• <a href="#">Matching Game</a></li> </ul>	<p>1. Review the results of the experiment with your student.  <a href="#">Review Results</a></p> <p>Supplemental Activities:        Have your student pick one of the activities:</p> <ul style="list-style-type: none"> <li>• <a href="#">Vocabulary Bingo</a></li> <li>• <a href="#">Draw a Word</a></li> <li>• <a href="#">Matching Game</a></li> </ul>
<p><b>Functional</b></p>		<p>Please watch these videos for tips on how to use visuals in the home:</p> <ul style="list-style-type: none"> <li>• <a href="#">Using A Visual Schedule At Home</a></li> <li>• <a href="#">Using A Task Analysis at Home</a></li> <li>• <a href="#">Using a Visual Reinforcement System at Home</a></li> <li>• <a href="#">At Home Visuals</a></li> </ul> <p>Select one activity from each column from the Functional and Fine Motor Menu:  <a href="#">Functional Menu</a></p>	<ul style="list-style-type: none"> <li>• <a href="#">Using a Visual Reinforcement System at Home</a></li> <li>• <a href="#">At Home Visuals</a></li> </ul> <p>Select one activity from each column from the Functional and Fine Motor Menu:  <a href="#">Functional Menu</a></p>	<ul style="list-style-type: none"> <li>• <a href="#">Using a Visual Reinforcement System at Home</a></li> <li>• <a href="#">At Home Visuals</a></li> </ul> <p>Select one activity from each column from the Functional and Fine Motor Menu:  <a href="#">Functional Menu</a></p>	<ul style="list-style-type: none"> <li>• <a href="#">Using a Visual Reinforcement System at Home</a></li> <li>• <a href="#">At Home Visuals</a></li> </ul> <p>Select one activity from each column from the Functional and Fine Motor Menu:  <a href="#">Functional Menu</a></p>

# Adapted Health Fitness Week 4 Activity Guide

## Daily Dynamic Stretching Warm-up-

Modify stretches to fit your needs. Put on some fun music!

## Gross Motor Activities with Painters Tape



## Kicking



A 20-minute walk outside (practice social distancing outside)



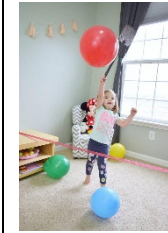
## Balance Basics



## Catching



## Balloon Basics



## Parents' Guide for Growing Active Learners

- [FUNdamental MOVEment Skill](#)

## Social Stories about COVID-19:

- [COVID-19 I Can Help](#)
- [Pandemics and the Coronavirus](#)
- [A Story of Hope](#)

## Social-Emotional Learning Resources:

**Centervention:** Free Social Emotional Learning activities - lessons, activities, online games and printables covering the areas of Communication, Cooperation, Emotion Regulation, Empathy, Impulse Control, and Social Initiation. These resources are age-appropriate for elementary and middle school students.

**Leader In Me:** You are your child's first and most influential teacher. No matter what is going on in your school, you can help your son or daughter discover the leader within and prepare for a great life of contribution and service. Throughout this section, you will find practical resources that will help you teach the 7 Habits and other powerful leadership skills, establishing a framework to nurture and develop your child's life-ready leadership skills at home.