



# GUIDE TO KEEPING HOLY WEEK 2020

## SALESIAN COLLEGE PREPARATORY

### INTRODUCTION

Holy Week and the Sacred Triduum are the central liturgies of our Christian faith. During these holy days, we commemorate the passion, death, and resurrection of Jesus Christ. We give thanks and praise to God for the gift of new life and redemption. Normally, the Christian people gather together in cathedrals, churches, and chapels to celebrate these sacred times. During this time of pandemic, however, we are sheltering in place to keep ourselves, our loved ones, and others around us safe.

While we cannot gather in churches, we know that the Church is more than just the buildings. WE ARE THE CHURCH when we gather in the name of Jesus. Jesus himself promised that where two or three are gathered in his name, he is truly present in their midst. We encourage you to commemorate these sacred days with your families as you continue to shelter in place. We encourage you to commemorate these sacred days with prayer - prayer for ourselves, for our loved ones, and most importantly, for our hurting world. We encourage you to commemorate these sacred days as special times with your families.

We are providing these resources for you, our Salesian community - for students, faculty, staff, alumni, and friends - to use as you pray with your families. May the promise of the Resurrection of Christ, sustain us during these times of uncertainty and may we be people of hope and joy.

*The Campus Ministry Team*

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# PRAYING AT HOME

- Create a place as the focus of prayer. This can be a table that you create or a family altar that you may already have. It can be the mantel over the fireplace or even the dining room table. Use a candle and a cross as your focus of prayer.
- **HOLY WEEK AT HOME**  
This is a useful document with prayer services that you can use during Holy Week and the Sacred Triduum with your family.
- **An overview and introduction to Holy Week and the Triduum.**

## RESOURCES

### **SALESIAN'S FACEBOOK LIVE PAGE**

Join us for Live-streamed Mass from the Salesian Residence on

- Holy Thursday, April 9 - 8pm
- Good Friday, April 10 - 2pm
- Easter Sunday, April 12 - 11am

### **Guides to each of the live-streamed Masses**

### **A Missalette for Holy Week**

For **Scripture readings** of the Triduum liturgies.

### **“The Journey: Stations of the Cross Through Teens’ Eyes”**

Written reflections by Isabel Atendido, '20 Salesian student body president and Campus Ministry Team leader.

**SALESIAN'S VIRTUAL PRAYER WALL** You are invited to write down a prayer or intention that we will pray for during the Easter Season.

**Stations of the Cross** from Catholic Relief Services

(From the organization that sponsors the yearly Rice Bowl)

**Stations of the Cross with Children** (for families with younger kids)

**A Prayer During the Time of Pandemic**

More **PRAYER RESOURCES** during the Covid-19 pandemic from the US Conference of Catholic Bishops.

## PLACES TO GO FOR VIRTUAL PILGRIMAGES & PRAYER

**St. Peter's Basilica, Rome**

You can watch the Liturgies with Pope Francis

**The Church of the Holy Sepulchre, Jerusalem**

The site of the Crucifixion and Resurrection of Christ

**The Shrine of Nuestra Senora de Guadalupe, Mexico City**

**The Basilica of the National Shrine of the Immaculate Conception, Washington, DC**

**The Cathedral of Christ the Light, Oakland, CA**

Live-streamed Mass for Holy Thursday, Good Friday, Easter Vigil, Easter Sunday

**Salesian Easter Triduum Online Retreat**

Sponsored by the Province Youth Ministry department.

