

### LHS RETIREE NEWSLETTER



Volume 5 Issue 2 April 2020

### From your editor



Hi Everyone! Hoping everyone is healthy and doing well in our present state with this virus. I'm sure most, if not all, of you are tired of listening to several daily reports and repetitions on the same subject. I listen once a day. I try to keep religion and politics out of this newsletter so for those who are religious keep those prayers coming, and for others keep positive thoughts flowing that this crisis will come to an end

Lets concentrate on Spring! Perennials are on their way up. I love this time of year! I have nervously been watching as they appear. Sometimes in March we get little peeks and then it snows...sound familiar?! Like overnight on March 22nd? The good news: plants are tougher than we give them credit. Buds are appearing on our trees and before we know it the beginning of the season will bring hope and smiles to us all. Of course there is a little work to be done in the Midwest. Soon we will be breaking out the rakes to clear any leftover leaves from late dropping trees, cleaning up the flower beds, and of course the grass will need to be cut. Many things to look forward to, and still we can follow the social distancing required and enjoy the sunshine while we wait for the world and our country to heal. That is what I will be doing enjoying SPRING and all that it entails.

Meanwhile, what else can we be doing as the new season arrives?

This is where technology does come in handy; most of us are very lucky to have it around...even though sometimes you have to push several buttons to get to where you want to go... "HA!" that would be me at least some of the time! Stay the course, you'll get there and maybe we'll stumble across something else that brings joy. (That would not be laundry and cleaning which yes, is important but not catheterize as fun!)

#### What's out there?

The internet with hundreds of options for a good movie, a series you didn't watch when it was originally on, and programs for all types of viewers. Not a TV buff? There are still many options with musical choices on the radio, dust off the records (ok vinyl) and relive a time past.

Time to take the rust off of your bicycle if you still ride and/or dare, or just enjoy walking and taking in the scenery around you-with social distance of course. Lots of exercise videos being shared, (Ok that's the Physical Ed. in me) but we do need to get up and move no matter what that entails for you.

Facebook for many of you is creating all sorts of entertainment from the world of artists. It's like being at a concert but better, since it doesn't cost anything:)

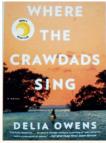
#### **COLLEAGUE RECOMMENDED BOOK SELECTIONS**

There are some great books out there to choose from, read an hour a day or what works for you. If you haven't read these you might try them out. The best books I have read in a long time are "Where the Crawdads Sing" by Delia Owens, "Sold on a Monday" by Kristina M. Morris and The Forgotten Garden by Kate Morton. As I read the books I found myself spending more time reading to find out what happened; all three I didn't want to put down.

Sharon Jacobs has been reading all 8 novels in the *Outlander series and the Lord John series by Diana Gabaldon*. These series consists of time travel and romance, pretty on target with historical events from Scotland's battle at Culloden with the British to America's Revolution and events. There's a family saga that keeps readers engaged and reading into the wee hours of the morning.

Don Muggenborg has been reading *No Barriers by Erik Weihenmayer*. This book is about a blind man and his adventures climbing Mt. Everest and white water kayaking in the Grand Canyon.

Judy Grossman shares "Into 7hin Air" and "Into the Wild 1916" both by Jon Krahauer, "The Lost Girls of Paris" by Pam Jenoff, "The Nightmare of State Street" (a Jr. Achievement book about Lemont and written by Lemont Natives 2020 product. Others, "Cradle to Cradle: Remaking the Way We Make Things" by Michael Braungart and William McDonough, and the book which brought us the Movie "1917".

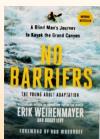


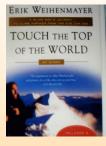








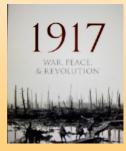














Thank You to those who shared what they are reading or have read. Looks like we are sheltering in until the end of April now. If something looks good to you give it a try!

Not a reader, there are Paint Nite's where the materials are sent to you and your friends ahead of time and an instructor is available on a designated night for you online. Haven't tried it yet, but now that we have another 4 weeks ahead of us it may just happen.



Sharon and her daughter enjoyed Vegas in
February and maintains that whatever happens in
Vegas stays in Vegas!

## Al and Cele sharing their pictures from a recent Columbia River Trip.







The Big guy looks very familiar?





A
BEAUTIFUL
MOMENT

## CONGRATULATIONS TO THE 2020 WRESTING 2A STATE CHAMPIONS!



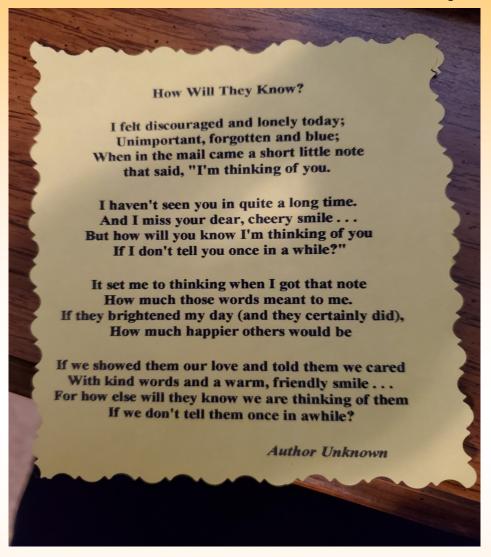
# And to Coach John St. Clair and His Coaches "Always a dream come true!"

### **LEMONT HIGH SCHOOL ALUMNI HALL OF FAME CLASS OF 2020**

Congratulations to Abraham Ordman, Class of 1943 and to Dr. Glenn Groselak,
Class of 1974 for their induction into the LHS Alumni Hall of Fame of 2020.



### Came across this the other day!



When Summer does Arrive Take Time to Enjoy it!

Back in the Fall, Until Then Stay Safe,

Tam and Carol