

Week 3 – March 6-10 - Art

Hey China Spring Elementary Art students! We have an opportunity to put smiles on faces and warm fuzzies in hearts by participating in “Operation Community Connection” put on by Baylor Scott and White Medical Center Hillcrest. Students at China Spring Elementary are going to encourage patients that are in the hospital as well as doctors, nurses, and staff members that are working very hard and putting in lots of hours at this time.

WHAT YOU DO...

1. Draw and color a picture with an uplifting message for a patient, doctor, nurse, or health worker,
2. Scan or take a picture of your artwork
3. Send your artwork to this email address BSWHWACOCARES@BSWHealth.org . In the subject line of the email state “For patients” or “For staff” or “For patients and staff” so that the pictures can be properly distributed. These pictures and messages of encouragement will then be printed and distributed each day to patients and staff throughout the hospital. This way, we can follow infection prevention guidelines and keep each other safe.
4. I would also like to encourage you to post your picture on FACEBOOK in the comments under “Operation Community Connection” so we can see your amazing work.

Thank you for being a light and brightening someone’s day!

Health Lesson for April 6 - April 10, 2020

Connect: Trolls: Can't Stop The Feeling - Go Noodle

<https://youtu.be/KhfkYzUwYFk> (3:21 minutes)

Intro: This week we will learn: Ways in which healthcare has improved as a result of technology.

Lesson: Technology in the Medical Field

<https://www.youtube.com/watch?v=pXQYeQ5t3ho>

Closure: Discuss, with your family, ways technology in the medical field can help treat patients.

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CS Elementary Music

Pre-K through 3rd Grade

April 6-10, 2020

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Google site: <https://sites.google.com/a/chinaspringisd.net/niki-edwards2/>

Music Games and Fun

Students will visit my updated Google site page where multiple links to various music game sites are located. My Google site address is:

<https://sites.google.com/a/chinaspringisd.net/niki-edwards2/>

Students can click on any of the links listed under “My Favorite Links” to visit my youtube channel, listen to a sample from a classical composer, practice making music notation and rhythms, or visit other sites of some of my favorite musicians. Have fun!

Physical Education Lesson for 4/6-4/10

WarmUps:

Get your heart pumping! Chose one

<https://youtu.be/hm74B5VW-cs> - Would you Rather

https://youtu.be/j24_xH5uvdA - Listen and Move

We've got some station ideas for you this week! Pick one of the two stations and see if you can do it for a whole 3 minutes without stopping! Wow, that will get your heart rate up! If it's nice outside, do it in your backyard, if it's raining do it in your garage. Mix it up; do it longer than 2 minutes, switch the stations depending on the day, do it with your parents, challenge your brother or sister, be creative!

HALF
TURNS



BURPEES



MARCH IN
PLACE



SHOULDER
STAND

V-SIT



P
L
A
N
K
H
O
L
D



Boot Camp #12

30 seconds each

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