

Although this Palm Sunday is different from all the rest you have celebrated with family and friends, *it is* the start of Holy Week. Let us take advantage of the time we have been given and immerse ourselves in prayer. The Lord wants to renew us this Holy Week, He wants to draw us closer to Him. Let us accept this invitation.

In conjunction with the Office of Liturgy, I'd like to share some resources with you. In addition to our previously recommended [prayer resources for use when Mass is not available](#), you may find the following prayers and articles helpful:

1. **Litany of Supplication:** Please find the [English](#) and [Spanish](#) translations of the beautiful Litany of Supplication prayed by Pope Francis during his [extraordinary Urbi et Orbi meditation and blessing](#) on Friday, March 27, at the links above.
2. **Prayer Resources:** The following is a comprehensive and continuously updated list of prayer resources in both English and Spanish:

- **Masses Online** [English](#) | [Spanish](#)
- **Online Prayer Opportunities** [English](#) | [Spanish](#)
- **Resources for prayer, worship and Mass in the home** [English](#) | [Spanish](#)
- **Prayer Resources for Catholics, parents and pastoral leaders** [English](#) | [Spanish](#)
- **Online resources for Parents** [English](#) | [Spanish](#)
- **Faith Formation Resources** [English](#) | [Spanish](#)
- **Resources for Children** [English](#) | [Spanish](#)
- **Resources for Pastoral Juvenil, Youth Ministry, Young Adult Ministry and Campus Ministry** [English](#) | [Spanish](#)
- **Resources for Persons with Disabilities** [English](#) | [Spanish](#)
- **Mental Health Resources** [English](#) | [Spanish](#)
- **Tools for Ministering Online** [English](#) | [Spanish](#)

[Our Adult Faith Formation website](#) has more resources as well.

3. **FORMED.org** has many resources for us to use during this Holy Week, many of them under the "[Holy Week & Triduum](#)" section.

Here are some recommendations:

[FORMED Live: Understanding Palm Sunday](#)

[The Jewish Roots of Holy Week](#)

[Meditations on the Stations of the Cross by Ronald Thomas](#)

[FORMED Live: Jesus' Death in light of Old Testament Sacrifices](#)

[The Paschal Mystery: The Mystery of Jesus's Death & Resurrection](#)

[FORMED Live: Understanding the Stations of the Cross](#)

I hope you find this helpful. God's peace and blessings to you and your family.